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ART OF GIVING

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**Educating a girl child is equal to
educating generations thereafter.**

– Achyuta Samanta, Founder, Art of Giving, KIIT & KISS



AOG Background Note

Art of Giving - Moral Canvas for Humanity



The Art of Giving (AOG), a way of life that aims to spread happiness and world peace, is advocated by Prof. Achyuta Samanta, a social reformer and educationist of the highest calibre. The yearning for happiness and serenity is fundamental to the character of humans. The AOG philosophy is based on the same idea that people are inherently peaceful and that this quality, when enhanced in society, fosters fraternity and the common good. Humans are the most developed characters, yet occasionally in the chase of material things, they lose their inherent spiritual nature and become tainted by their passions and possessions. AOG should be deliberately practised with discernment only for this cause, to spread happiness and harmony throughout the globe. It should surely become a way of life rather than just something done for a day. But setting aside a day to celebrate its significance and historical context is crucial. By spreading the message of hope and harmony across nations, castes, creeds, and boundaries, it aims to heal the globe and usher in a new era by strengthening the ties that bind us all together as human beings.

According to us, giving is an act of selflessness and kindness driven by the desire to assist another person without holding out hope for a benefit or even the avoidance of punishment in return. It is a human impulse that, when exercised, can contribute to the development of societies in which compassion and peace are valued highly. Society may establish a setting for sustainable coexistence by putting these AOG concepts into practise. This is the foundation upon which AOG was founded, developed, and expanded.

For the past thirty years, Prof. Achyuta Samanta has offered free education, boarding, and training to empower tribal youth in the states around Odisha. Through empowering education and empowerment, he has improved the lives of almost two million people. On May 17, 2013, he created the "Art of Giving" to provide the world with a philosophical and practical framework to feel the joy of giving. Since then, AOG has grown into a civic movement—a volunteer-based initiative to educate people about the joy of giving and the fact that it is an art.

AOG began as a campaign that grew into a non-profit organisation to formalise the movement of kindness. The Art of Giving became a Trust that seeks to spread happiness, kindness, and compassion as well as show appreciation for those who donate. In a world with great suffering and deprivation, as well as great wealth and riches, Art of Giving offers a platform to link those in need with those who have enough to give but do not know how to give. Because it offers a reliable platform for people to donate wisely and promote the habit of giving, it is termed the "Art of Giving." Additionally, it has been demonstrated experimentally that when we contribute, we are in a state of happiness.

People from all across the world are embracing the effort to promote world peace and happiness. On its 9th anniversary, a magazine with an RNI number was launched, to lead the message of hope, compassion, humanity, peace, and kindness through quarterly publication. We work diligently to improve the world each day. We are motivated by our dedication to bringing about change. We operate on a wide range of humanitarian programmes and service initiatives in addition to our work in the fields of education and tribal upliftment, such as disaster relief, sustainable rural development, women's empowerment, environmental sustainability, healthcare camps, and democracy promotion.

Our energetic, enthusiastic, and dedicated volunteers have been given the task of using love and compassion to create a significant social impact. Our foundation is one of dignity, not almsgiving. Since we firmly believe that no one person can change the world on their own, we also believe in the power of volunteerism. We are all working together every single day to unleash the power of giving to secure a brighter tomorrow.

FROM THE EDITOR'S DESK



The ninth anniversary of "Art of Giving" was recently celebrated bringing about widespread manifestations of kindness, generosity, love, care, compassion, wisdom, knowledge, and skill. The numerous activities and programmes organised across the country and the world with zeal and enthusiasm to promote the theme of helping those in need have generated waves of momentum never before seen.

The idea of the Art of Giving, which came to me as an epiphany in 2013, has become a civic movement over the years. As I look back, I realise that "The Art of Giving" is more than a philosophy. It is rather a way of life which one may volunteer to live consciously.

I have always believed that Giving is an art. But it should not be mistaken as a mere act of philanthropy. Rather, it aims at spreading the message of peace and happiness in a disruptive world. Furthermore, it aims to build a value-based society free from poverty, hunger, and illiteracy. I fondly nurture a vision close to my heart to bring together a sense of peace and happiness among people of all ages, especially children and youth, through genuine acts of giving back to

society through the practice of empathy and compassion for the distressed without any discrimination. Looking back over the decades of my own life, I had always wanted to live a giver's life, which I inherited as a legacy from my mother. From very early childhood, I was fond of bringing happiness to others and loved sharing my little earnings with needy people. Early in life, I decided to choose a life that tested my tenacity to fight adversity. With not a penny in my pocket, I adopted social entrepreneurship as a career to alleviate the suffering of the deprived and underprivileged, which the rich wouldn't even dare to think of in Odisha in the early nineties. The suffering of the needy people in the rural hinterland of the state always disturbed me. I vividly remember the day I confided to my divine Mother that I wanted to dedicate my life to the service of the poor and the backward people and make education accessible and affordable to all. Today, after three decades of a long journey that I traversed with its customary trials and tribulations and my dear mother no longer by my side to motivate me, I realise how fulfilling, enriching, and exciting this journey has been. I am grateful to the Almighty who has blessed me with the means and strength to pursue my life's goal of giving to the needy and deserving without any expectation.

The Almighty helped me to dare to dream the impossible as a maverick & whatever has been created today is all due to The Lord's wish. Today, when I see many new generation young people take up such generous activities as a mission in their lives, I feel happy about the resurgence of a new India on the completion of the 75th year of our nation's Independence. I strongly believe that when society and the world have given so much to us, the time has come to give back something without expecting anything in return. To sum up, I am reminded of the very apt words of Mother Teresa, who said, "I alone cannot change the world, but I can cast a stone across the water to create many ripples." I appreciate the sincerity and dedication of the article contributors for enriching the contents of this magazine, which are thought-provoking yet practical with deep insights and will undoubtedly be a guiding beacon for the readers and motivate aspirants to be a part of this noble movement. We can make our little individual contributions to make this world more humane, compassionate, and liveable.

Let us be part of this unique and fulfilling journey to build a more inclusive society. Best wishes.

(Achyuta Samanta)
Founder, Art of Giving, KIIT & KISS

SNIPPETS

Pg.
04

The giver should consider how deserving the taker is. The target should be set and the impact should be visible immediately or in the long run. Giving to the undeserving candidate or cause may create more harm.

Pg.
03

The development of the brain is equally important as the development of the heart, because a good heart is what makes a good person and we love good people. A good person is always considered as having a good heart and not just a smart brain.

Pg.
17

Love for humanity enables one to connect with fellow human beings to rediscover creative instincts and human potential & not to gain social status or popularity. This is an effort for humanizing the world which is suffering from inequalities and discrimination.

Pg.
20

India's heritage is rich with so many anecdotes of giving away with a pure heart. In the medieval India, we hear of the Emperor Harshavardhana who used to give away his all once in a year.

Pg.
26

Even if you are a common man you hold the power to bring about whatever change you wish to see in world through the art of giving.

Pg.
25

Every act of giving emphasizes our essential humanity and provides the sacred glue that binds mankind together.

Pg.
23

'Art of Giving' lit a candle inside me that I now wish to pass on to others.

Pg.
24

There is also a 'giving' that seeks satisfaction of being superior to others - such act of giving, in essence, is an egoistic self-expression. The real Art of Giving is that when the giver opens up to the receiver, and remains respectful of his dignity.

Pg.
28

The joy of teaching and seeing the smiling faces of the children cannot be put into words. It can only be experienced.

Pg.
05

No one is valueless in this globe that lightens the burdens of another. Life is a blessing and offers us the freedom, opportunity, and responsibility to give something back by evolving continuously.

Pg.
21

With His Holiness Dalai Lama, there was this riveting force that drew me towards him. That touch of his hands, touch of his head on my forehead, is truly unforgettable.

Pg.
10

Art of Giving is like pulling down the heaven on earth.

Pg.
27

It is important to know that giving is easy. When resources are scarce, we can give positive thoughts, prayers, time, and other things that may seem intangible but deliver many real results.

Pg.
02

Think of Ravan, Ravan had a lot of confidence and he had tremendous focus. But he was still Ravan. What is the difference? One thing he did not have was selflessness. What is the difference between a villain and a hero? Selfishness and Selflessness.

CONTENT

- 01 **Pillars of happiness and spirituality**
by Swami Sarvapriyananda
- 03 **Compassion in action**
by His Holiness Gyetrul Jigme Rinpoche
- 04 **Is giving an art?**
by Achyuta Samanta, Founder, Art of Giving, KIIT & KISS
- 05 **Art of giving- an unfinished journey**
by Raja Ramesh
- 09 **Aog celebrates 9th anniversary**
- 12 **Recipients of art of giving awards - 2022**
- 17 **Art of giving: making a difference by humanising the world.**
by Dr. Pradeep Kumar Das
- 19 **Concept of art of giving & india's heritage**
by Dr. Chinmaya Kumar Das
- 21 **What dalai lama means to me?**
by Dr Nikita Ahya
- 22 **Hope, happiness, harmony**
by Debendra Kumar Swain
- 24 **Caring & sharing: a way of life**
by Dr. Disha Bhatt
- 25 **The joy of giving**
by Jugal Kishore Mishra
- 26 **Art of giving: experiencing well being of humanity**
by Kashish Kaur
- 27 **Art of giving: a driving force for human development**
by Ankita Kiran
- 28 **Giving back to society: a student perspective**
by Nikhil Sinha
- 29 **Compassion can heal the wound and make a difference**
by Utkarsha Nayak

- 41 **ଆର୍ଟ ଅଫ୍ ଗିଭିଙ୍ଗ**
ଶ୍ରୀ ପ୍ରଶାନ୍ତ କୁମାର ରାଉତରାୟ
- 43 **ଦେବା ଏକ ଐଶ୍ଵର୍ଯ୍ୟ**
ଦେବହୂତୀ ପଟ୍ଟନାୟକ
- 44 **ତ୍ୟାଗରେ ଆନନ୍ଦ**
ରବିନ୍ ଖଣ୍ଡାୟତରାୟ
- 47 **ଦେବାରେ ଥାଏ ଶାଶ୍ଵତ ଆନନ୍ଦ**
ଡଃ. ନିବେଦିତା ମହାନ୍ତି



Founded in 2013
by Prof. Achyuta Samanta,
Art of Giving is a humanitarian
movement engaged in
spreading peace and
happiness.

PILLARS OF HAPPINESS AND SPIRITUALITY

Swami Sarvapriyananda



What is spirituality? Shri Ramakrishna Paramahansa used to say that no matter how many zeroes you accumulate, the total will still be zero. But if you have one and then you put a zero after it, it gets some value. You put another zero after it,

you get more value, even if you don't have the zeros, the one itself has some value. What does he mean by one and zero? Whatever we accumulate in this material world turns into zeros eventually.

I lived in three interesting places. I spent some time in Hollywood. I was there for one year. Then, I lived in a place very close to Wall Street. And then, for one year I was at Harvard University. In Hollywood, **success is fame**. It is defined by one's connection to the movie industry and glamour. In Wall Street, in New York and Manhattan, **success is money**. The issues which are of prime importance there are like are you a multi-millionaire? Are you a billionaire? At Harvard, **success is learning**. Success is measured in terms of intellectual achievement and intellectual attainment. Are you a Nobel Prize winner and so on? But in all these places, I noticed deep unhappiness and discontent. I do not mean that everybody was unhappy. There were some people who could enjoy peace and happiness. I noticed this one thing which distinguished happiness from unhappiness and fulfillment from lack of fulfillment - some kind of spiritual grounding. Another way to be happy is to tread a path of self inquiry. Always ask yourself who am I? The other ways towards

happiness are meditation and service. People who have some kind of spirituality in their lives are happy. They live in peace. No matter how glamorous you are, no matter how successful you are, how rich you are, how learned you are, there is no happiness and fulfillment in the long run. At the beginning, money, knowledge, fame seems very nice. **But in the long run, it's not sustainable. It does not last.**

Spirituality is essential in life. There are four pillars to achieve spirituality and treading that path.

Belief in yourself - Just think about it. In the bygone days, one who did not believe in God was called an atheist. The religion today says that one who does not believe in himself or herself is an atheist. Believe in yourself. Self esteem and self confidence are keys to sustenance. Imagine a powerful Mercedes or some BMW car and the driver has his foot on the accelerator and another foot on the brake. Will the car go ahead? No. You know, the engine will raise, the car will get overheated but will not move. If we don't have self confidence, then the resources we have are not meaningful. Self confidence can be developed if we live consciously and accept who we are with all our strengths and weaknesses. The practice of self responsibility and assertiveness also boosts confidence. More importantly, one should have a purpose in life. Without a goal in life, you are not going to get anywhere. All these attributes are possible and come to fruition with the practice of integrity. We must have our own value system.

Power of Focus - Swami Vivekananda said the difference between an ordinary person and an extraordinary person lies in the degree of concentration. I have seen the truth of this across the

world. I loved going to libraries and campuses. I would read and watch scholars, students, and professors at work. And I found in every case those who were extraordinary had tremendous powers of concentration and focus. Mr. Warren Buffet, one of the richest men in the world, when asked about his secret says, & I quote "My secret is simple. Every day I read 500 pages without fail. I keep learning and enriching my mind consciously." Unquote. That is the power of focus.

Give your best - The fact is, whatever we do in life, you all know we don't do it to the maximum possible capacity. Whatever our capacity is, we don't do it up to that. Now, raising the hand has a limit, physical limit is there. But our capacity to think, our capacity to feel, our capacity to work, has no limit. Think to yourself the three Hs- head, heart, and hand. Every day, try to make a little improvement. Make a habit of making little improvements. There will be tremendous improvement over time. It relates to the Japanese technique of Kaizen for incremental changes.

Selflessness - Think of Ravan, Ravan had a lot of confidence and he had tremendous focus. But he was still Ravan. What is the difference? One thing he did not have was selflessness. What is the difference between a villain and a hero? Selfishness and Selflessness. This is the ability to be bigger than oneself. If we really want to rise in life, if we pursue our selfish agenda, you can rise up to this. But if we expand outwards, include others and benefit more and more people, we will be happy and rise beyond limit. You don't have to give money. You just have a little smile, a little bit of cooperation, a little better behavior with others. You can start with that. Swami Vivekananda said, unselfishness is more paying than selfishness. The more we think for others, the more we work for others, the more we serve others, the more fulfilled and happy we become.

It is fervently hoped that all these may lead to a more humane, compassionate, happy, peaceful & inclusive world.



“ **Your joy will be the greatest when you live solely for others' happiness.** ”

COMPASSION IN ACTION

His Holiness Gyetrul Jigme Rinpoche



The real purpose of education is to make us humble. Education gives a sense of gratitude.

As a Buddhist, I have always believed that we are interdependent.

Everything matters to us, we matter to others as well as others matter to us in our life. The sense of gratitude is more important than a degree.

In today's world we do face so many challenges from ecology to economy. Humanity is at the crossroads of its destiny as never before. In such a backdrop, our service must be towards the betterment of humanity. The real meaning of education will be manifested only when we actually face the true situation in life.

My parents came from Tibet after escaping from a very aggressive regime. The Indian and Odisha Governments embraced my parents and their peers by giving us lands and most important for my generation who are born in India is the opportunity for education.

Today I am able to travel around the world, understand situations and connect to humanity because of the education I received. I am a product of a

diverse environment. People from every walk of life have played an important role in what I have become today as not just a spiritual leader or a meditation teacher but also as a socially concerned Buddhist. Instead of growing up as a very resentful youth being burdened with my past, I could garner courage to tread a different path. I took the responsibility to connect to a larger part of humanity & prepare them for change.

This has made me to realize that can make a big difference when we can connect & develop together. The development of the brain is equally important as the development of the heart, because a good heart is what makes a good person and we love good people. A good person is always considered as having a good heart and not just a smart brain. One can find solace and strength in the cultural tradition of development of wisdom and compassion that is simply called warm-heartedness. It can be a perfect solution for a world that has fallen apart today so much unfortunately. Accepting things as they come will not solve our problems.

Lastly, I want to make a statement from the core of my heart.

Visiting KISS is just like undertaking a pilgrimage to the temple of Humanity, where "Compassion is in action" ushering in happiness & peace for a better tomorrow.

“ Giving education to a deprived child
is like giving sight to the blind. ”

IS GIVING AN ART?

Achyuta Samanta

Founder, Art of Giving, KIIT & KISS



Nobody today denies the goodness associated with giving. It is the most virtuous and solemn act, both for the taker and the giver. It is a win-win situation. But is this noble deed an automated human response or a trained process of mental

imagery hardwiring to promote the cause of goodness for humanity? In my view, giving has to be mastered as an art and has to be learnt through the process of collective consciousness. There are many cognitive calculations in this unfathomable and abstract idea.

The giver should consider how deserving the taker is. The target should be set and the impact should be visible immediately or in the long run. Giving to an undeserving candidate or cause may create more harm. There has to be thorough homework done before the act of philanthropy. Giving a generous amount of money to young adults can be a resource that goes haywire. But it is a live and dynamic art. One cannot give up at once and bask in the glory of its benefits. A regular follow-up on the impact is a must. The giving should also ensure sustainable development of the takers and eventually bring them to the other side of the cycle. In the process of giving, both sides receive happiness in varying degrees. It is an act of generosity and kindness on one hand and receiving help

to overcome handicaps on the other hand. There are some people who love to give and contribute to society, but owing to a lack of resources or paucity of intent, resort to frugality. We generally pack and give leftovers that will not be eaten back home to the needy. There is a prioritising of whose needs are bigger while giving. We donate the used clothes and call ourselves part of the league of givers!

But should giving be made popular so that the taker feels embarrassed about their dependence? Should giving be kept secret so that the dignity of the recipient is not hampered? There is another side to this story too. The publicity of the act motivates several other foundations to enter into acts of benevolence. This is what is referred to as bandwagoning.

iving should be made popular through powerful stories and anecdotes without resorting to the publicity of entering into the club for the sake of giving. Intent is the most important element in the process. For those without resources, it is all related to compassion for the community. It can be in the form of a name, voice, smile and purpose.

The purpose of giving is related to content. It promotes an overall feel-good factor. But this should be applied subjectively according to the situation. Giving is a skill to be perfected through continuity, and it is acquired, carried forward, and sustained through practice and only practice.

“ I have been blessed with a compassionate heart by the almighty. Compassion is the core of the "Art Of Giving". ”

ART OF GIVING- AN UNFINISHED JOURNEY

Raja Ramesh



"We make a living by what we get. We make a life by what we give".

Art of Giving is a philosophy of life for spreading happiness and peace worldwide. Art of Giving Day is one of the wonderful creations by Social entrepreneur and role

model Dr Achyuta Samanta Sir. We elucidated Samanta sir's philosophy with this short inspiring story. That is, it is like this.

A professor gave a balloon to every student, who had to inflate it, write their name on it and throw it in the hallway.

The professor then mixed all the balloons. The students had 5 minutes to find their own balloons. Despite a hectic search, no one located their balloon. At that moment, the professor told the students to take the first balloon they discovered and give it to the person whose name was written on it. Surprisingly, everyone was holding their own balloon in less than two minutes. Then, the professor said to the students:

"These balloons are like happiness. We will never find it if everyone is looking for their own. But if we care about others' happiness, Joy, contentment, empathy and love... we'll find ours, too, within less time".

No one is valueless in this globe that lightens the burdens of another. Life is a blessing and offers us the freedom, opportunity, and responsibility to give something back by evolving continuously. This is what

the Art of Giving ideology is.

As Sir says, "I am sure that living with hope shall create numerous opportunities to spread the message of peace and happiness in society and make the world a better place to live". Being filled with the spirit of Sir's principles, selfless contribution to society always inspire us, which makes us infinite to try our best to sensitise the same philosophy.

Hyderabad Chapter of AOG's journey started seven years ago, way back in 2015. We, the core group of 40 individuals, are inspired and motivated by Samanta Sir's philosophy, outstanding contributions to society and his ideals for transforming deprived communities. It is always a joy to observe and inspire one and all, ultimately making the "Art of Giving Day" a special Day. Yes, the unique pleasure of giving, loving and feeling happy.

It is a remarkable experience every year, adding year after year to it. We have been celebrating International AOG Day every year. First three years were observed among like-minded and well-wishers and followers of Dr Achyuta Samanta Sir. In later years, we improved our actions to reach out to the masses and the needy and to make others knowledgeable of the AOG philosophy.

To execute this, we first contacted local community leaders and influencers at each location, explained the concept, and involved them in the activities.

The year 2018 was a significant beginning after a few years of celebrations among our active AOG members and families. We celebrated the day in Hyderabad city and a few other places in Telangana and AP State. The year's theme was #Pyaar Bhara Pack (Feeding with

love), a food pocket consisting of bread, Jam, Biscuits, packed meals, fruits etc distributed at hospitals, poor people gatherings and slum areas. We tried to involve local community people at around ten locations in each place and more than 8000 food packets were distributed. We invited at least one elected leader, a Government officer, or a police officer as chief guests at each site. In the year 2019, the unique initiative, #Bag of Happiness was celebrated keeping up the values of education, the word "bag" represented this year's education theme, the experience of "Learning - a lifelong process". It has distributed as a bag of happiness to those who can't afford it or those who can afford it but are not buying it, based on the motto- People's Contribution, People's participation. We carefully chose areas to reach needy children and contacted local governing bodies to organise an event at schools and community centres. Finally, fifteen such locations were selected to schedule the event. This time we reached more than six thousand children with an attractively designed theme-based cardboard bag consisting of six notebooks, a pouch of a pencil box set and pens pocket, and a chocolate and biscuit pocket as primary items. The people joined hands to spread happiness by distributing a "Bag of happiness" on a large scale with their capacity and mobilising like-minded contributions.

2020

Due to prevalent COVID guidelines we could not have a public activity. Yet, all the members tried to give in some form or the other in their capacity to support individuals battling the pandemic.

2021

This year, in 2021, while the pandemic had not declined, celebrations were confined to residences. Nonetheless, it didn't stop from extending love,

happiness and peace. With the year's theme of 'My mother My hero', This week-long celebrations started on 9th May, till 17th May. We observed and persuaded, penned our gratitude notes to moms and uploaded three hundred individual messages and images with our mothers on social media with the hashtag #MyMotherMyHero.

2022

This year more enthusiastic about sensitising the philosophy of AOG. The year's theme, Hope Happiness Harmony, expanded our standards and carried out various forms of acts to reach the grassroots level more extensively at 20 locations. Outdoor campaign, four vehicles toured important places in the city by displaying the hoardings of AOG philosophy.

The teams took part in fulfilling the 'HOPE HAPPINESS & HARMONY' theme by giving pens and pads as a sign to encourage and create harmony in society. As a part of this programme, the team motivated students of class X on their goal settings for exam preparation, overcoming challenges in the examinations, maintaining the right balance between study and relaxation during exam season, stress-free exam preparation and tips for scoring more in all subjects and be an All-Rounder. In Large-scale sapling plantations in dried industrial areas were conducted at 20 locations.

Additionally, AOG philosophy printed remembrances of pens and table mugs presented to the active members, volunteers and guests.

This is our brief chronological representation of our participation connected to the celebration of International Art of Giving Day.



“ Gifting holistic education is the best gift to the poor and the deprived. ”



Celebrates 9th Anniversary



(From L) Prof. Achyuta Samanta, Founder, KIIT & KISS and AOG; Shri Niranjana Rath, President of Servants of Peoples Society (Odisha Unit) and Printer & Publisher, The Samaja; Prof. Ganeshi Lal, Hon'ble Governor of Odisha; Swami Sivachidananda Saraswati, Secretary, Sivananda Centenary Boys' School, Bhubaneswar; and Baba Ram Narayan Das, Founder-President, Unit-I Ram Temple, Bhubaneswar releasing the first edition of 'Art of Giving' magazine at the 9th anniversary celebration of Art of Giving in Bhubaneswar on 17th May 2022.

“

The theme of this year's celebration was “Hope, Happiness and Harmony”, with Prof. Samanta disclosing moves to propose to the United Nations to proclaim May 17 as the Art of Giving Day.

India along with several countries across the world on 17th May 2022 celebrated the 9th anniversary of Art of Giving (AOG), a noble and pious initiative of KIIT, KISS and KIMS Founder Prof. Achyuta Samanta to promote an equitable and harmonious relationship in the society. The theme of this year's celebration was “Hope, Happiness and Harmony”, with Prof. Samanta sharing plans to propose to the United Nations to proclaim May 17 as the Art of Giving Day. Gracing the

occasion as the Chief Guest, Hon'ble Governor of Odisha, Prof. Ganeshi Lal felicitated young environmentalist Subhransu Satapathy; Lady Mortician Riturani Sasmal; ASHA Health Worker Babita Natha; Army aspirants trainer from Jagatsinghpur Silu Nayak; and Golden Grass Designer and Entrepreneur Usharani Naik from Mayurbhanj with 'Art of Giving Award-2022' for their extraordinary work toward society.

Distinguished Speakers



Prof. Ganeshi Lal hailed the path-breaking initiative of Prof. Samanta and said his noble cause transcends all barriers and touches every soul in the society irrespective of caste, creed or religion. "There is no difference between the commoner and the cosmos and the quality of AOG," the Governor said at the packed gathering that was attended by well-known faces from different spheres of the State. The Governor drew parallels between AOG and devotion shown towards Lord Jagannath and said, AOG is like "pulling down the heaven on earth".

Prof. Ganeshi Lal,
Hon'ble Governor of Odisha



The AOG has transformed into a people's movement, bringing hope and happiness to millions, especially those living on the margins of society. "Our objective is to spread the message of peace and happiness. We want to make it a universally accepted belief through the UN proclamation, said Prof. Achyuta Samanta. He remained optimistic that the 10th anniversary of AOG next year will be celebrated as a UN proclaimed day, much like how the world celebrates June 21 as UN proclaimed International Yoga Day.

Taking the audience back to 2013 when AOG was conceptualized, Prof. Samanta recalled the moment when this idea crossed his mind. He said, he was heading to the Bengaluru city from the airport when he felt that the achievements that had come his way were all because of compassion exhibited by way of giving out to the society. "I immediately called up some close friends and shared about AOG philosophy. They were ecstatic with the idea." Prof. Samanta said that from the conceptualization stage to finalizing AOG took them about six months and since then AOG has taken a universal appeal. On the eve of the 9th celebration, he said, 15 places in Bangladesh observed the day while 30 more events were organized in Delhi. Besides, every panchayat across Odisha celebrated the occasion in its unique way.

Prof. Achyuta Samanta,
Founder, Art of Giving



Swami Sivachidananda Saraswati said, "Our Gururji Swami Shivananda was always giving something or other to anyone, who approached him. In fact, we were calling our Guru a nickname "Givanand" looking at his giving spree. Today I have found the "Second Givanand" in Prof Achyuta Samanta looking at his philosophy of life". Stating that we have to expand ourselves beyond the narrow 'self', Swami Siva Chidanand added that the time has come to rediscover our inner self so that we can do something for the world surrounding us and the Art of Giving philosophy would certainly help us in this regard.

Swami Sivachidananda Saraswati,

Secretary, Sivananda Centenary

Boys' School, Bhubaneswar



Baba Ram Narayan Das observed that by arranging more than 1 lakh meals in a day for over 30,000 inmates of KISS and family members of more than 10,000 families of KIIT and KISS Universities, Prof. Achyuta Samanta is not only doing a yeoman service to the society but also spreading the message of Art of Giving by organizing the food or "Anna" or rice as it is the epitome of our lifeline.

Declaring the philosophy of Indian mythology, i.e. "Data ek Ram baki sab bhikari" Baba Ram Narayan Das added that Prof. Achyuta Samanta should not deviate from his path as the meaning of his name explains, so that Art of Giving would get longtime patronage and would help people to disseminate the theme of Hope, Happiness and Harmony around the world.

Baba Ram Narayan Das,

Founder-President, Unit-I Ram

Temple, Bhubaneswar



Shri Niranjana Rath, President of Servants of Peoples Society (Odisha Unit) and Printer and Publisher of Odisha's leading vernacular daily The Samaja hailed the philosophy of Art of Giving and commended Dr. Samanta for the initiative. "By connecting to our innate positive energy and instinct of giving, most of the problems facing humanity can be solved", he asserted. Fans, followers and supporters of the philosophy of 'Art of Giving' have found inner peace, and, at the same time, brought positive change to society, Shri Rath added.

Shri Niranjana Rath,

President of Servants of Peoples Society
(Odisha Unit) and Printer and Publisher,
The Samaja

Recipients of Art of Giving Awards - 2022

ଶ୍ରୀଯୁକ୍ତ ସିଲ୍ଲୁ ନାୟକ

ସମାଜସେବୀ



ଆର୍ଟ ଅଫ୍ ଗିଭିଂ ୯ମ ବାର୍ଷିକ ସମାରୋହ

ତାରିଖ: ୧୭।୦୫।୨୦୨୨

ଶ୍ରୀଯୁକ୍ତ ସିଲ୍ଲୁ ନାୟକ

ସମାଜସେବୀ

ମାନପତ୍ର

ମହାଶୟ,

ସେନାବାହାନୀରେ ଯୋଗଦେଇ ଦେଶମାତୃକାର ସେବା କରିବା ଆପଣଙ୍କ ସ୍ବପ୍ନ ଥିଲା । ଆପଣଙ୍କ ସେହି ସ୍ବପ୍ନ ପୂରଣ ହୋଇପାରି ନ ଥିଲେ ମଧ୍ୟ ଆଜି ଆପଣ ଶହ ଶହ ଯୁବକଙ୍କ ମାଧ୍ୟମରେ ସେହି ସ୍ବପ୍ନକୁ ସାକାର କରିପାରିଛନ୍ତି । ମୁଁ ନ ହେଲି ନାହିଁ ମୋ ଅଞ୍ଚଳର ଅଧିକରୁ ଅଧିକ ଯୁବକ ସେନାବାହାନୀରେ ଯୋଗଦେଇ ମାତୃଭୂମିର ସେବା କରନ୍ତୁ- ସେହି ଲକ୍ଷ୍ୟରେ ଆପଣ ଆପଣଙ୍କ ଗାଁ ଜଗତସିଂହପୁର ଜିଲ୍ଲା ନାଉଗାଁ ବ୍ଲକ୍ ଅନ୍ତର୍ଗତ ଅରଖକୁଦାରେ ମହାଗୁରୁ ବାଟାଲିୟନ ନାମରେ ଏକ ତାଲିମକେନ୍ଦ୍ର ଖୋଲି ଦୀର୍ଘ ୫ ବର୍ଷ ଧରି ସ୍ଥାନୀୟ ଅଞ୍ଚଳର ଶହ ଶହ ଯୁବକଙ୍କୁ ସେନାବାହାନୀରେ ପ୍ରବେଶ ନିମନ୍ତେ ଆବଶ୍ୟକ ଶାରୀରିକ ତାଲିମ ବିନା ଦେୟରେ ପ୍ରଦାନ କରିଆସୁଛନ୍ତି । ଏଥି ସହ ସେମାନଙ୍କୁ ମଧ୍ୟ ଲିଖିତ ପରୀକ୍ଷା ଓ ସାକ୍ଷାତକାର ପାଇଁ ପ୍ରସ୍ତୁତ କରାଉଛନ୍ତି । ଏବେ ସୁଦ୍ଧା ଆପଣଙ୍କ ନିକଟରୁ ତାଲିମ ପାଇ ୭୦ରୁ ଊର୍ଦ୍ଧ୍ବ ଯୁବକ ସ୍ଥଳସେନା, ବାୟୁସେନା ଓ ନୌସେନାରେ ଯୋଗଦେବା ସହ କେନ୍ଦ୍ରୀୟ ସୁରକ୍ଷା ବଳ ଓ ରାଜ୍ୟ ପୋଲିସ ତଥା ବିଭିନ୍ନ ଘରୋଇ ସୁରକ୍ଷା ସଂସ୍ଥାରେ ଯୋଗ ଦେଇ ସାରିଲେଣି । ଏହାରି ମାଧ୍ୟମରେ ଆପଣ ସ୍ଥାନୀୟ ଅଞ୍ଚଳର ଯୁବକମାନଙ୍କୁ ଏକ ନୂତନ ଦିଗଦର୍ଶନ ପ୍ରଦାନ କରିଛନ୍ତି । ଏପରିକି ଭାରତର ମାନ୍ୟବର ପ୍ରଧାନମନ୍ତ୍ରୀ ଶ୍ରୀ ନରେନ୍ଦ୍ର ମୋଦୀ ତାଙ୍କର ‘ମନ୍ କା ବାର୍’ କାର୍ଯ୍ୟକ୍ରମରେ ଆପଣଙ୍କୁ ଭୂୟସୀ ପ୍ରଶଂସା ମଧ୍ୟ କରିଛନ୍ତି ।

ମହାଶୟ, ଆପଣ କେବଳ ଜଗତସିଂହପୁର ଜିଲ୍ଲା ନୁହେଁ ସମଗ୍ର ଓଡ଼ିଶାର ଯୁବଗୋଷ୍ଠୀ ପାଇଁ ପ୍ରେରଣାର ଉତ୍ସ ପାଲଟିଛନ୍ତି । ଦେଶମାତୃକା ପ୍ରତି ଆପଣଙ୍କର ଏହି ଗଭୀର ପ୍ରେମ ଓ ଯୁବକମାନଙ୍କୁ ଶୁଖିଳିତ ଭାବେ ଗଢ଼ିତୋଳି ସେମାନଙ୍କୁ ମାତୃଭୂମିର ସେବା ପାଇଁ ପ୍ରୋତ୍ସାହିତ କରିବାର ଏହି ନିରବଚ୍ଛିନ୍ନ ପ୍ରୟାସ ପାଇଁ ଆପଣଙ୍କୁ ଆର୍ଟ ଅଫ୍ ଗିଭିଂ ପରିବାର ସଜ୍ଜାମ କରୁଛି ।

ଏହି ମହାନ କାର୍ଯ୍ୟ ହେଉଛି ‘ଆର୍ଟ ଅଫ୍ ଗିଭିଂ’ର ଏକ ଅନନ୍ୟ ଉଦାହରଣ । ୯ମ ପ୍ରତିଷ୍ଠା ଦିବସରେ ଆର୍ଟ ଅଫ୍ ଗିଭିଂ ପରିବାର ଆପଣଙ୍କୁ ସମ୍ମାନୀତ କରି ନିଜକୁ ଗୌରବାନ୍ବିତ ମନେକରୁଛି ।

ଅଭ୍ୟୁତ ସାମନ୍ତ

ପ୍ରତିଷ୍ଠାତା

ଆର୍ଟ ଅଫ୍ ଗିଭିଂ

ପ୍ରଫେସର ଗଣେଶୀ ଲାଲ

ମାନ୍ୟବର ରାଜ୍ୟପାଳ, ଓଡ଼ିଶା

(ପୁଣ୍ୟ ଅଭିଥ)



ଶ୍ରୀଯୁକ୍ତ ସୁଭାଂଶୁ ଗତପଥୀ

ପରିବେଶପ୍ରେମୀ



ଆର୍ଟି ଅଫ୍ ରିଜିଂ
୯ମ ବାର୍ଷିକ ସମାରୋହ

ତାରିଖ: ୧୭।୦୫।୨୦୨୨

ଶ୍ରୀଯୁକ୍ତ ସୁଭାଂଶୁ ଗତପଥୀ

ପରିବେଶପ୍ରେମୀ

ମାନପତ୍ର

ମହାଶୟ,

ପିଲାଟି ଦିନରୁ ପରିବେଶ ଓ ପଶୁପକ୍ଷୀଙ୍କ ଜୀବନରକ୍ଷା ନେଇ ବାପା-ମାଆଙ୍କ ଦ୍ଵାରା ପ୍ରଭାବିତ ହୋଇଥିଲେ, ଯାହାକି ଏବେ ଆପଣଙ୍କ ନିଶ୍ଚରେ ପରଣିତ ହୋଇଛି । ମୁମ୍ବାଇରୁ ଭିଡ଼ିଓଗ୍ରାଫିରେ ମାଷ୍ଟର ଡିଗ୍ରୀ ହାସଲ କରିବା ପରେ ଉଚ୍ଚ ବେତନରେ ମିଳିଥିବା ଚାକିରିକୁ ପ୍ରତ୍ୟାଖ୍ୟାନ କରି ଆପଣ ପରିବେଶ ସୁରକ୍ଷା ଓ ପଶୁପକ୍ଷୀଙ୍କ ଜୀବନ ରକ୍ଷା ପାଇଁ ଆଗେଇ ଆସିଥିଲେ । ଆପଣଙ୍କର ଏହି ନିରନ୍ତର ପ୍ରୟାସକୁ ସ୍ଵୀକୃତି ପ୍ରଦାନ କରି ୨୦୧୯ ମସିହାରେ ଜାତିସଂଘ ଆପଣଙ୍କୁ ‘ବିଶ୍ଵ ପରିବେଶ ଦିବସ ହିରୋ’ ଭାବେ ଘୋଷଣା କରିବା ସହ ପୁରସ୍କୃତ କରିଥିଲା । ଗ୍ରୀଷ୍ମ ଋତୁରେ ତୃଷାର୍ଦ୍ଧ ପକ୍ଷୀଙ୍କ ତୃଷା ନିବାରଣ ଉପରେ ଆପଣ ‘They Really Needs Us’ ଏବଂ ‘Let Them Breath’ ପ୍ରାମାଣିକ ଚଳଚ୍ଚିତ୍ର ନିର୍ମାଣ କରିଛନ୍ତି । ସେଥିପାଇଁ ବାବା ସାହେବ ଫିଲ୍ମ ଫେଷ୍ଟିଭଲ, ବସୁଧା ନ୍ୟାସନାଲ୍ ଫିଲ୍ମ ଫେଷ୍ଟିଭଲ ଏବଂ ନ୍ୟାସନାଲ୍ ଜିଓଗ୍ରାଫିକ୍ ଟ୍ୟାଲେଣ୍ଟ ଇଣିଆ ପକ୍ଷରୁ ଆପଣ ସମ୍ମାନୀତ ମଧ୍ୟ ହୋଇଛନ୍ତି । ଏହି ଭଳି ପ୍ରାମାଣିକ ଚଳଚ୍ଚିତ୍ର ନିର୍ମାଣ କରି ଯୁକେ ଝୁଲୁକି-ଲାଲ୍ ଫିଲ୍ମ ପକ୍ଷରୁ ସମ୍ମାନୀତ ହେବାରେ ଆପଣ ହେଉଛନ୍ତି ପ୍ରଥମ ଓଡ଼ିଆ ।

ଆପଣ ଏବେ ସୁଦ୍ଧା ପରିବେଶ ସୁରକ୍ଷା ସଚେତନତା ନେଇ ଆୟୋଜିତ ୮ଟି ମାରାଥନରେ ପ୍ରତିନିଧିତ୍ଵ କରିସାରିଲେଣି । ଓଡ଼ିଶା ବାହାରେ ପଶ୍ଚିମବଙ୍ଗ, ଝାଡ଼ଖଣ୍ଡ, ଛତିଶଗଡ଼, ମହାରାଷ୍ଟ୍ର, ତାମିଲନାଡୁ ଆଦି ରାଜ୍ୟରେ ମଧ୍ୟ ପକ୍ଷୀଙ୍କ ସୁରକ୍ଷା ପାଇଁ କାର୍ଯ୍ୟ ଆରମ୍ଭ କରିଛନ୍ତି । ଏଥି ପାଇଁ ଆପଣଙ୍କୁ ଅନେକେ ‘ବାର୍ଡ଼ ମ୍ୟାନ୍’ ଭାବେ ସମ୍ବୋଧନ କରିବା ଆରମ୍ଭ କଲେଣି । ଆପଣ ପକ୍ଷୀଙ୍କ ତୃଷା ନିବାରଣ ଦିଗରେ ଅଭିନବ କାର୍ଯ୍ୟ ଦ୍ଵାରା ପରିବେଶ ସୁରକ୍ଷା ଓ ପଶୁ ପକ୍ଷୀଙ୍କ ଜୀବନ ରକ୍ଷା କରି ସମାଜକୁ ଯେଉଁ ବାର୍ତ୍ତା ଦେଉଛନ୍ତି, ତାହା ସମସ୍ତଙ୍କ ପାଇଁ ପ୍ରେରଣାଦାୟୀ । ଗ୍ରୀଷ୍ମରେ ପକ୍ଷୀଙ୍କ ତୃଷା ନିବାରଣ ନିମନ୍ତେ ଆପଣ ଏବେ ସୁଦ୍ଧା ୨୫ହଜାରରୁ ଊର୍ଦ୍ଧ୍ଵ ମାଟି ପାତ୍ର ବିଭିନ୍ନ ଅନୁଷ୍ଠାନ ଓ ବ୍ୟକ୍ତିଙ୍କୁ ପ୍ରଦାନ କରି ସମସ୍ତଙ୍କର ପ୍ରଶଂସାର ପାତ୍ର ହୋଇପାରିଛନ୍ତି ।

ଏହି ମହାନ କାର୍ଯ୍ୟ ହେଉଛି ‘ଆର୍ଟି ଅଫ୍ ରିଜିଂ’ର ଏକ ଅନନ୍ୟ ଉଦାହରଣ । ୯ମ ପ୍ରତିଷ୍ଠା ଦିବସ ଅବସରରେ ଆର୍ଟି ଅଫ୍ ରିଜିଂ ପରିବାର ଆପଣଙ୍କୁ ସମ୍ମାନୀତ କରି ନିଜକୁ ଶୌରବାନ୍ବିତ ମନେକରୁଛି ।

ଅଭ୍ୟୁତ ସାମନ୍ତ

ପ୍ରତିଷ୍ଠାତା
ଆର୍ଟି ଅଫ୍ ରିଜିଂ

ପ୍ରଫେସର ଗଣେଶୀ ଲାଲ୍

ମାନ୍ୟବର ରାଜ୍ୟପାଳ, ଓଡ଼ିଶା
(ମୁଖ୍ୟ ଅତିଥି)



ଶ୍ରୀମତୀ ଉଷାରାଣୀ ନାୟକ

ସମାଜସେବୀ



ଆର୍ଟ ଅଫ୍ ଗିଭିଂ

୯ମ ବାର୍ଷିକ ସମାରୋହ

ତାରିଖ: ୧୭।୦୫।୨୦୨୨

ଶ୍ରୀମତୀ ଉଷାରାଣୀ ନାୟକ

ସମାଜସେବୀ

ମାନପତ୍ର

ମହାଶୟା,

ଜନଜାତି ମହିଳା ସଶକ୍ତିକରଣ କ୍ଷେତ୍ରରେ ଆପଣ ହେଉଛନ୍ତି ଏକ ଚର୍ଚ୍ଚିତ ବ୍ୟକ୍ତିତ୍ବ । ଆପଣଙ୍କ ଦୃଢ଼ ଇଚ୍ଛାଶକ୍ତି ଓ ଅବମ୍ୟ ନିଷ୍ଠା ଆଗରେ ହାର ମାନିଛି ଦାରିଦ୍ର୍ୟ । ପିଲାଟି ଦିନରୁ ଆପଣ ଦାରିଦ୍ର୍ୟ ମଧ୍ୟରେ ବଢ଼ି ଆସିଥିବା ବେଳେ ଆର୍ଥିକ କ୍ଷେତ୍ରରେ ନିଜ ପରିବାରକୁ ସୁଦୃଢ଼ କରିବା ସହ ନିଜେ କିପରି ସ୍ବାବଲମ୍ବୀ ହେବେ ସେଥିପାଇଁ ଆପଣଙ୍କର ଥିଲା ଏକ ନିର୍ଦ୍ଦିଷ୍ଟ ଲକ୍ଷ୍ୟ । ସେହି ଲକ୍ଷ୍ୟ ପଥରେ ପରିବାର ଓ ସମାଜରୁ ଅନେକ ବାଧାବିଘ୍ନ ଆସିଥିଲେ ମଧ୍ୟ ଆପଣ ଲକ୍ଷ୍ୟପଥରୁ ବିଚ୍ୟୁତ ହୋଇ ନାହାନ୍ତି । ଆପଣଙ୍କ ନିଷ୍ଠାପର ପ୍ରୟାସ ଯୋଗୁଁ ୨୦୦୧ ମସିହାରେ ଗଢ଼ି ଉଠିଥିବା ଏକ ଛୋଟ ମହିଳା ସ୍ବୟଂ ସହାୟିକା ଗୋଷ୍ଠୀ ଏବେ ‘ମୟୂରଭଞ୍ଜ ସବାଇ ଫାର୍ମର୍ସ ପ୍ରଭୁ୍ୟସର୍ବ କମ୍ପାନୀ ଲିମିଟେଡ୍’ରେ ପରିଣତ ହୋଇଛି । ଏହା ସହ ଆପଣ ନିଜକୁ ଜଣେ ସଫଳ ଉଦ୍ୟୋଗୀ ଭାବେ ପ୍ରତିଷ୍ଠା କରିପାରିଛନ୍ତି । ଏହି କମ୍ପାନୀ ମାଧ୍ୟମରେ ଆପଣ ରୋଜଗାରକ୍ଷମ ହେବା ସହ ୨ ଶହରୁ ଊର୍ଦ୍ଧ୍ବ ମହିଳାଙ୍କୁ ରୋଜଗାରକ୍ଷମ କରାଇ ସେମାନଙ୍କ ପରିବାରରେ ହସ ଫୁଟାଇ ପାରିଛନ୍ତି । ଏହା ଛଡ଼ା ଜଣେ ମାଷ୍ଟର ଟ୍ରେନର ଭାବେ ଆପଣ ୨ ହଜାରରୁ ଊର୍ଦ୍ଧ୍ବ ମହିଳାଙ୍କୁ ସବାଇ ଘାଷ ହସ୍ତଶିଳ୍ପରେ ତାଲିମ ପ୍ରଦାନ କରି ସ୍ବାବଲମ୍ବୀ କରିପାରିଛନ୍ତି । ନିଜେ ବଞ୍ଚିବା ସହ ଅନ୍ୟକୁ ବଞ୍ଚିବାର ସାହାରା ପାଇଁ ଆପଣ ‘ଆର୍ଟ ଅଫ୍ ଗିଭିଂ’ର ଏକ କୁଳତ୍ବ ଉଦାହରଣ ସୃଷ୍ଟି କରିପାରିଛନ୍ତି । ମହିଳାଙ୍କୁ ଆର୍ଥିକ ସ୍ବାବଲମ୍ବୀ କରାଇ ମହିଳା ସଶକ୍ତିକରଣ କରାଇବା କ୍ଷେତ୍ରରେ ଆପଣ ପ୍ରେରଣାର ଉତ୍ସ ପାଲଟିଛନ୍ତି ।

ଏହି ମହାନ କାର୍ଯ୍ୟ ହେଉଛି ‘ଆର୍ଟ ଅଫ୍ ଗିଭିଂ’ର ଏକ ଅନନ୍ୟ ଉଦାହରଣ । ୯ମ ପ୍ରତିଷ୍ଠା ଦିବସ ଅବସରରେ ଆର୍ଟ ଅଫ୍ ଗିଭିଂ ପରିବାର ଆପଣଙ୍କୁ ସମ୍ମାନୀତ କରି ନିଜକୁ ଗୌରବାନ୍ବିତ ମନେକରୁଛି ।

ଅଭ୍ୟୁତ ସାମ୍ରତ୍

ପ୍ରତିଷ୍ଠାତା

ଆର୍ଟ ଅଫ୍ ଗିଭିଂ

ପ୍ରଫେସର ଗଣେଶୀ ଲାଲ୍

ମାନ୍ୟବର ରାଜ୍ୟପାଳ, ଓଡ଼ିଶା

(ପୁଷ୍ପ ଅତିଥି)



ଶ୍ରୀମତୀ ରତୁରାଣୀ ସାସନଲ

ସମାଜସେବୀ



ଆର୍ଟ ଅଫ୍ ଗିଫ୍ ୯ମ ବାର୍ଷିକ ସମାରୋହ

ତାରିଖ: ୧୭।୦୫।୨୦୨୨

ଶ୍ରୀମତୀ ରତୁରାଣୀ ସାସନଲ

ସମାଜସେବୀ

ମାନପତ୍ର

ମହାଶୟା,

ଆପଣ ହେଉଛନ୍ତି ଅଜଣା ମୃତଦେହର ସାଥୀ । ଯେଉଁଠି ଅଜଣା ମୃତଦେହକୁ କାନ୍ଧ ଦେବାକୁ କେହି ମିଳି ନ ଥାନ୍ତି, ସେଠାରେ ଆପଣ ଦେବଦୂତ ସାଜି ପହଞ୍ଚିଯାଆନ୍ତି । ପ୍ରାରମ୍ଭିକ ଅବସ୍ଥାରେ ଏହି କାର୍ଯ୍ୟ ପାଇଁ ଆପଣଙ୍କୁ ଅନ୍ୟମାନଙ୍କ ସମାଲୋଚନାର ଶରବ୍ୟ ହେବାକୁ ପଡ଼ିଥିଲେ ମଧ୍ୟ ଏବେ ଆପଣ ସମସ୍ତଙ୍କର ପ୍ରଶଂସାର ପାତ୍ର ହୋଇଛନ୍ତି । ଜାତି, ଧର୍ମ, ବର୍ଣ୍ଣ ଓ ଲିଙ୍ଗଭେଦକୁ ବିଚାରକୁ ନ ନେଇ ଆପଣ ଖୁସିର ସହ ଅଜଣା ଶବ୍ଦର ସକାର କରିଥାଆନ୍ତି । ଆପଣ ଜଣେ ମହିଳା ହୋଇ ମଧ୍ୟ ଏ କ୍ଷେତ୍ରରେ ଆପଣଙ୍କୁ କୌଣସି ସାମାଜିକ ପରମ୍ପରା ଓ କଟକଣା ବାଧି ରଖି ପାରିନାହିଁ । ଆଜି ପର୍ଯ୍ୟନ୍ତ ଆପଣ ୬୫ରୁ ଊର୍ଦ୍ଧ୍ୱ ମୃତଦେହ ସକାର କରି ସମାଜ ପାଇଁ ଏକ ଉଦାହରଣ ସୃଷ୍ଟି କରିଛନ୍ତି ।

ଆପଣଙ୍କର ଏହି ମହନୀୟ କାର୍ଯ୍ୟ ପାଇଁ ଆପଣ ଅନେକ ପୁରସ୍କାର ଓ ସମ୍ମାନ ପାଇ ପାରିଛନ୍ତି । ଏବେ ଆପଣ ପାଲଟିଛନ୍ତି ଶବ୍ଦର ସାଥୀ ରତୁରାଣୀ । ଏହି ମହାନ କାର୍ଯ୍ୟ ହେଉଛି ‘ଆର୍ଟ ଅଫ୍ ଗିଫ୍’ର ଏକ ଅନନ୍ୟ ଉଦାହରଣ । ୯ମ ପ୍ରତିଷ୍ଠା ଦିବସ ଅବସରରେ ଆର୍ଟ ଅଫ୍ ଗିଫ୍ ପରିବାର ଆପଣଙ୍କୁ ସମ୍ମାନୀତ କରି ନିଜକୁ ଗୌରବାନ୍ୱିତ ମନେକରୁଛି ।

ଅତ୍ୟୁତ ସାମନ୍ତ

ପ୍ରତିଷ୍ଠାତା
ଆର୍ଟ ଅଫ୍ ଗିଫ୍

ପ୍ରଫେସର ଗଣେଶୀ ଲାଲ୍

ମାନ୍ୟବର ରାଜ୍ୟପାଳ, ଓଡ଼ିଶା
(ମୁଖ୍ୟ ଅତିଥି)



ଶ୍ରୀମତୀ ବବିତା ନାଥ

ଆଶାକର୍ମୀ



ଆର୍ଟ ଅଫ୍ ଗିଭିଂ ୯ମ ବାର୍ଷିକ ସମାରୋହ

ତାରିଖ: ୧୭।୦୫।୨୦୨୨

ଶ୍ରୀମତୀ ବବିତା ନାଥ

ଆଶାକର୍ମୀ

ମାନପତ୍ର

ମହାଶୟା,

ଶିଶୁ ଓ ମାତୃ ସ୍ବାସ୍ଥ୍ୟର ଯତ୍ନ ନେଇ ଆପଣ ଅନ୍ୟମାନଙ୍କ ପାଇଁ ଉଦାହରଣ ପାଲଟିଛନ୍ତି । ଜଣେ ଆଶାକର୍ମୀ ଭାବେ ନିଜ ଅଞ୍ଚଳରେ ଶିଶୁ ଓ ମାତୃଙ୍କ ଯତ୍ନ ନେବା ସହ ଡାକ୍ତରଖାନା ସହ ସମନ୍ବିତ ରକ୍ଷାକରି ସେମାନଙ୍କୁ ଉପଯୁକ୍ତ ଚିକିତ୍ସା ପ୍ରଦାନ କରିପାରିଛନ୍ତି । ଯାହାର ଫଳ ସ୍ବରୂପ ଆପଣଙ୍କ ଅଞ୍ଚଳରେ ଶିଶୁ ଓ ମାତୃ ମୃତ୍ୟୁକୁ ସମ୍ପୂର୍ଣ୍ଣ ରୋକି ପାରିଛନ୍ତି । ଏହା ସହିତ ଶିଶୁଙ୍କ ଚିକାକରଣ ଓ ଡାକ୍ତରଖାନାରେ ସମସ୍ତ ମହିଳାଙ୍କ ପ୍ରସବ କରାଇବାରେ ମଧ୍ୟ ସହଯୋଗ କରିଆସୁଛନ୍ତି । ଏହି ଅବଦାନ ସକାଶେ ଆପଣ ୨୦୧୫, ୨୦୧୬ ଓ ୨୦୧୭ ମସିହାରେ କ୍ରମାଗତ ଭାବେ ଜିଲ୍ଲାର ଶ୍ରେଷ୍ଠ ଆଶାକର୍ମୀ ଭାବେ ରାଜ୍ୟସ୍ତରୀୟ ସମ୍ମାନ ଓ ପୁରସ୍କାର ପାଇଛନ୍ତି ।

ନିଜ ଗ୍ରାମର ଏହି ସେବାରେ ଆପଣ ଅଟନ୍ତି ନାହାନ୍ତି । କରୋନା ମହାମାରୀ ସମୟରେ ଜଣେ ସମ୍ମୁଖ ଯୋଦ୍ଧା ଭାବେ ଲୋକଙ୍କୁ ମଧ୍ୟ ସେବା ଯୋଗାଇ ଦେଇଛନ୍ତି । କୋଭିଡ୍ ସମୟରେ ଆପଣଙ୍କ ଉଲ୍ଲେଖନୀୟ କାର୍ଯ୍ୟ ପାଇଁ ୨୦୨୦ ମସିହାରେ ବ୍ଲକ୍ସ୍ତରରେ କରୋନା ଯୋଦ୍ଧା ସମ୍ମାନରେ ସମ୍ମାନୀତ ହେବା ସହ ୨୦୨୧ ମସିହାରେ ମଧ୍ୟ ଉପଖଣ୍ଡ ଓ ଜିଲ୍ଲାସ୍ତରରେ କରୋନା ଯୋଦ୍ଧା ସମ୍ମାନରେ ସମ୍ମାନୀତ ହୋଇଛନ୍ତି ।

ଏହି ମହାନ କାର୍ଯ୍ୟ ହେଉଛି ‘ଆର୍ଟ ଅଫ୍ ଗିଭିଂ’ର ଏକ ଅନନ୍ୟ ଉଦାହରଣ । ୯ମ ପ୍ରତିଷ୍ଠା ଦିବସ ଅବସରରେ ଆର୍ଟ ଅଫ୍ ଗିଭିଂ ପରିବାର ଆପଣଙ୍କୁ ସମ୍ମାନୀତ କରି ନିଜକୁ ଗୌରବାନ୍ବିତ ମନେକରୁଛି ।

ଅତ୍ୟୁତ ସ୍ବାମନ୍ତ

ପ୍ରତିଷ୍ଠାତା
ଆର୍ଟ ଅଫ୍ ଗିଭିଂ

ପ୍ରଫେସର ଗଣେଶୀ ଲାଲ୍

ମାନ୍ୟବର ରାଜ୍ୟପାଳ, ଓଡ଼ିଶା
(ମୁଖ୍ୟ ଅତିଥି)

ART OF GIVING: MAKING A DIFFERENCE BY HUMANISING THE WORLD

Dr. Pradeep Kumar Das



Humanity is suffering from many deprivations and vulnerabilities despite the abundance of resources. We find that amidst the world of abundance, there is an oasis of poverty, destitution, and despair, which hinders our socio-economic development. Although

India has registered substantial progress during 75 years of independence, there are significant concerns relating to very low income, nutrition, hygiene and healthcare facilities, education, and social security for the people at the grassroots who are awfully deprived of getting basic minimum needs as evidenced by human development surveys. The major contributing factors are deep-rooted systemic issues in providing basic services to common people and enabling them to live a life of dignity.

Hope, happiness, and harmony are the building blocks that can help the people languishing in deprivation thrive rather than survive. It can create momentum towards inclusiveness and reach those left behind at the bottom of the pyramid. Service to mankind is service to God. By carrying out Manav Seva, one does Madhav Seva, i.e., one dedicates his offering or prayers to God. The art of pure giving is a state of mind, a value system with no tangible return. As Mahatma Gandhi said, "To find yourself, lose yourself in the service of others." Giving to others selflessly without any expectation from the receiver fills the heart with joy and brings self-esteem and happiness. When one looks beyond their own world and delves into the worlds of others, one can see the bigger picture and challenges of the world.

Giving is one of the best ways to bring lasting happiness. The power of giving brings infinite joy to the giver when it is manifested with kindness and generosity of spirit. The power of true giving generates pure love and brings tears of joy, smiles, and gratitude from the bestowed. True giving can take many forms, including giving affection and encouragement to the distressed, emotional support, sharing knowledge and skills, forgiveness, acts of selfless service, kindness, love for humanity, compassion, and gratitude, all of which have a tremendous impact on people's lives, elevating them to a higher level and making the world a better and healthier place to live. With every act of kindness, the natural flow of abundance follows endlessly, and the giver receives blessings in the form of love, health, wealth, joy and bliss.

The sole purpose of the Art of Giving is to bring about positive change in society for the less fortunate people. We care, we nourish, we rehabilitate through our acts of love, compassion, and gratitude towards fulfilling their needs. When we focus on change, we may not achieve the goal, but we can create ripples that are aimed at creating social change, spreading peace and happiness, putting a smile on the faces of millions, and making it a game-changing phenomenon. All of our resources, passion, and strategy will catalyse the process of social well-being, foster an environment of equality and justice, and make the world a better and healthier place to live.

Love for humanity enables one to connect with fellow human beings to rediscover creative instincts and human potential and not to gain social status or popularity. This is an effort for humanizing the world which is plagued by inequalities and discrimination. The value and belief system of our society, whose edifice is built on love, kindness, empathy, and compassion, connects one's inner self

with the fellow human beings in the entire world. Our dream is that each and every one can make a meaningful difference to someone's life and, collectively, we can work together to help create a better world where everyone can reach their full potential, live a life of dignity and can make conscious choices.

Being empathetic, loving and compassionate are basic tenets of human life. Real transformation in society and the well-being of the distressed can be addressed by empathy and love towards the disadvantaged, which can assuage their suffering to a great extent. The great philosopher Dalai Lama has rightly said: "Our prime purpose in life is to help others." Volunteering to help others in a community, providing shelter to the homeless, assisting women and children traumatised by social upheavals, tutoring homeless children in local slums or inaccessible villages, sending something to a needy man in distress, proactive caring, listening to the stories of the deprived with empathetic concern, and extending a helping hand to make their life dignified and less difficult are some of the examples of giving.

The practice of voluntary giving wholeheartedly with the intention of creating happiness has a positive societal outcome. An act of giving or charity comes back in multiple proportions and gives infinite joy both to the giver and receiver. The Kalinga Institute of Social Sciences (KISS) is a beautiful creation founded by Dr. Achyuta Samanta, the iconic social reformer, philanthropist, eminent educationist, humanitarian, and statesman who has institutionalised "giving away" by combining holistic education, wholesome nutrition, skills, and sports in an effort to integrate young tribal boys and girls from disadvantaged sections into the mainstream. The myth of giving back to society has been transformed into reality in the world's largest residential school for indigenous children, which empowers the tribal children.

KISS as an institution stands tall for its unique approach to modern formal education while staying close to the roots of a rich tribal legacy, consistently making an effort to preserve their art, heritage, culture,

ethos, and identity. This unique experiment of holistic education, propounded by Prof. Samanta stands as the testimony and beacon of hope for the underprivileged, protecting them from endless deprivation suffered for centuries. The education-led empowerment of the needy and deprived has ushered in a revolution in the indigenous community and ecosystems which demonstrated that building wealth through giving back to society is more fulfilling and exhilarating than acquiring wealth through exploitation with a selfish motive.

With humble beginnings and struggle during early childhood days, Prof. Samanta had realised that deprivation, poverty, ignorance, and illiteracy are the major societal barriers which hinder the path to self-reliance and livelihood opportunities for the less fortunate. His strong conviction to help the needy through financial support for livelihood & continuing education, financial aid for undergoing medical treatment, support at the time of natural calamities and extraordinary healthcare initiatives by establishing COVID hospitals for distressed people in 4 districts of Odisha during the COVID pandemic, feeding the poor and starving in multiple districts with cooked foods, feeding the stray animals and cattle in multiple locations are some of the humanitarian measures to ameliorate the sufferings of fellow human beings. These have earned many accolades and distinctions on national and international platforms, which glorifies his philosophy of the art of giving selflessly to a higher orbit.

Time has come to relive the philosophy of giving back, which holds the key to happiness and building an inclusive society. In ancient China, Lao Tsu wrote, "Kindness in words creates confidence. Kindness in thinking creates profoundness. Kindness in Giving Creates Love." Time is ripe enough to join hands together for add greater momentum to this noble movement and carry the mantle forward to every nook and corner towards achieving the goal of an inclusive New India.

CONCEPT OF ART OF GIVING & INDIA'S HERITAGE

Dr. Chinmaya Kumar Das



Indian history, mythology, and heritage are replete with age-old accounts about the "Art of Giving". If we turn the pages of "Mahabharata", the great Indian epic, we come across a story which is both thought-provoking AND educational in nature. It

is apt to recount it while delving deep into the concept of "Art of Giving".

After the great war of "Mahabharata" was over, Emperor Yudhistira, the eldest of the Pandavas, decided to hold the "Rajashuya Yagna". It was a ceremony normally conducted in those days by the rulers to establish their lordship over distant lands. At the end of the event, the Emperor entertained all the priests and sages who participated with a sumptuous feast. After the feast, a big mongoose came from nowhere and started rolling over the left-over food items in the leaves served to the guests. Of course, it was a strange thing to happen. People looked on with amazement at the mongoose, whose half of the body was golden and the other half grey as usual. News travelled to the Emperor, who himself arrived on the spot. On being questioned about its strange behaviour, the mongoose replied thus.

"Oh. King, I have come from a long way with a lot of hope and aspirations to your ceremony. The reason for this was to convert the ordinary half of my body into a golden colour. But I am frustrated and mistaken. I thought that by rolling over the left-over food partaken by so many great priests and sages would turn the remaining part of my coat into a golden colour. But nothing has happened. I think your grand ceremony is of no good and has no merit."

On being challenged like this, Emperor Yudhistira was naturally annoyed. He could not accept that the grand ceremony which he arranged and completed with so much fanfare was of no value as told by a mere mongoose. The crestfallen king requested the mongoose to elaborate on its statement. The Mongoose narrated the following.

Years ago, there lived a poor Brahmin near Hastinapura who made his ends meet by begging alms. He had a wife, a son, and a daughter-in-law at home. Though extremely poor, they were very devoted to the Lord. Every day, whatever the Brahmin collected by way of alms, they cooked and partook as a meal. Many a time, the food was not sufficient to provide them enough nutrition to lead a healthy life. One such day, when the meal was ready to be served, a guest arrived at their doorstep and asked for the food. The devout Brahmin immediately gave away his share of the food without a single thought. But the guest's hunger was not satiated. He requested more food. Gradually, the brahmin's wife, son, and daughter-in-law all decided to skip their meals and give their portions. Ultimately, the guest left after blessing them all. At this time, the mongoose entered the house and accidentally rolled over the left-over food on the plate of the guest. This turned part of its coat into a shiny golden colour. That night, all four members of the family passed away. Since then, the mongoose has been trying to convert the other half of its coat into a golden hue by visiting many places of worship in search of a devout soul. But its search was to no avail.

King Yudhistira's vanity was shattered and he could realise his fruitless activities mixed with pride and ego.

Similarly, the story of King Karna, the great giver who even gave away his life-saving earrings and protective armour (Kabhachha&Kundala) to a disguised Indra without even thinking about his own safety, adorns the pages of

the Mahabharata. The lesson from these stories is that whatever is given to anybody should be shared without any hope or desire for return. Actually, the core philosophy of the "Art of Giving" is to give without any expectation of return. The aim is to spread the message of peace and happiness only.

India's heritage is rich with so many anecdotes of giving away with a pure heart. In mediaeval India, we hear of the Emperor Harshavardhana who used to give away his all once a year.

Prof. Achyuta Samanta, an eminent educationist and philanthropist, who himself underwent the travails of a difficult childhood, realised the pangs of poverty and deprivation at the grassroots level and this experience came as an epiphany to him way back in 2013. He

established "The Art of Giving" on May 17th, 2013 as a forum to help the needy and give back to society to spread the message of peace and happiness. Over the years, it has grown into a civic movement and now "The Art of Giving" is registered as a trust. Every year since 2013, this has been celebrated as "The International Day of the Art of Giving" to spread awareness about helping the have-nots to build a more inclusive society.

It is heartening to note that our rich legacy is finding expression in the multifarious activities to help the needy by the new generation in the present era.

Certainly, we can hope for a more humane and compassionate society in the future, in contrast to the vulgar display of wealth and lack of humanity.



“ The practice of the art of giving is one of the most basic human virtues, a quality that testifies to the depth of one's humanity. ”

WHAT DALAI LAMA MEANS TO ME?

Dr Nikita Ahya



Coming from an overtly religious family, I have had many interactions and meetings with various religious and spiritual 'Gurus' from various strands of thought. I had deep reverence for them but never found a strong connect with any of them.

With His Holiness Dalai Lama, there was this riveting force that drew me towards him. That touch of his hands, touch of his head on my forehead, is truly unforgettable. Ever since I have rushed at every opportunity to just be in his divine presence — that is Dalai Lama for me.

Two years later, while coming back to the hotel after a long evening in Goa, we saw a shack open at 3 am on our way back. My friends ask me to go and ask for food, half expecting to be refused.

I saw the owner was preparing to close the shack for the day,

standing next to the Dalai Lama's portrait. I requested him, he refused. I asked him again, he politely explained that he will not be able to do it.

Something stuck my mind. I showed him my photos with His Holiness, instantly creating a magical bond between us. Nevertheless, I reluctantly walked back to the car, realising we would have to make do with a packet of chips for the night. To my surprise, the shack owner called out to me and reopened his kitchen for us. We had the best Thupka of our lives.

Such is the grace of His Holiness. A year later during my visit to Goa again with colleagues, I made it a point to touch base with the shack owner again.

I have been reading his quotes, his ideas, his struggle and I found that there is something in him — a power of perception that makes people fall in love with him. It is a strong power of compassion and giving that runs from him to all lives he touches!

A real-time experience of Art of Giving for me!



“ I was born poor but no sooner I started giving all I had than I found me in abundance of everything: Love, peace, Contentment. ”

HOPE, HAPPINESS, HARMONY

Debendra Kumar Swain



Every time I hear about the International Day of Art of Giving, it gives me immense pleasure, excitement and motivation. I know now that the initiative brings excitement, joy, and satisfaction to countless lives. But it took me some time to internalize

the enormity of the project. When I write enormity, I do not mean numbers alone, which is colossal, but the depth of impact in terms of hope and positivity. I understood that dimension of the programme through an intensely personal experience. That is the experience I wish to share with you.

I clearly remember when I first heard about this initiative in 2018. I had only recently joined KISS. My colleagues would often talk about it, and out of curiosity, I decided to join in and see for myself. I distinctly remember the 17th of May 2018. The theme for 2018 was 'Pyaar Bhara Pack (Feeding with Love)' We went to a remote village away from Bhubaneswar city. We had arranged for a community feast among the villagers there, who belonged to a vulnerable community. It was an exhausting day but profoundly satisfying at the same time. I came away with a sense of having been of some use to others.

The year 2018 had been a humbling experience. But in the year 2019 I understood the deeper significance of the programme. The deadly Cyclone Fani had hit the Odisha coast that year. 'Art of Giving' immediately arranged for relief distribution for the victims. 'Art of Giving' volunteers organized psychosocial counselling sessions for those who had been traumatized by the suddenness and ferocity of the cyclone. The theme for 2019 was 'Bag of Happiness'. A bag of study material, such as storybooks, a pen, a pencil, and a notebook, was

distributed to children from marginalized communities.

It was then that I started thinking more seriously about the initiative. Initially, I thought of it as a kind venture to give something to the poor and the vulnerable. But new dimensions opened up once I started thinking about the things we gave. It seemed then that the act of giving was not a means only to provide the recipient with some valuable and enabling tools. It was also a means to purify the minds of those who gave.

Today, everyone is taught to chase material commodities as though their possession is the highest form of success and happiness. In fact, we are trained to master the art of that chase as a road to a respectable life. Such parameters of success mock those who lack material possession as weak or unworthy of making a living. As I think about these prejudices and perceptions of our society, I am reminded of an evening in 2019.

Cyclone, Fani had just shattered the east coast of Odisha with the deadliest storm in the last 20 years. It was pitch dark all over since the electricity infrastructure had completely broken down. I suddenly spotted a child making art in the middle of that all-consuming darkness. She had been drawing something. The paper bag in which we had earlier in the day distributed the study material was her canvas. Her village had disappeared. She had lost her home and probably did not know where to go for her next meal. Yet, she had already cast away all her worries and anxieties and started drawing up a new world.

I stood still, watching her. It seemed ethereal: no home, no food, no electricity, and the baking May summer. Everything which you need for life was snatched away. The shock and the pain of having lost everything must have been raw.

She was so focused on drawing that she did not hear my question. I let her carry on and started a conversation with other family members. Is there anything we could do to help? Her mother thought for a few moments. Then she spoke softly. Could we spare another bag of happiness for them?

I did understand her logic. What help would a bag of study materials be for a family who had lost everything? I anticipated that she would ask for food or other provisions for immediate survival. So I asked her another question. Why was she asking for a bag of study materials and not food or medicines? You see, she said, we have nothing, but we find a reason to survive when our child has hope. That bag gave her hope, which is enough for us build on.

That was my epiphany moment. That bag was not merely a collection of study materials. That girl's

mother that day taught me that bag was a symbol of hope for children, which sustains a family even after it has lost everything. If a family which had lost everything in a cyclone can choose it over food or other essential resources, the bag embodied hope for survival amidst the most difficult challenges.

Is it possible to plant hope in hapless minds by only giving a pen, pencil, and notebook packet? Probably not, and certainly not in a material sense. But it is possible nonetheless to convey a message of solidarity through these little gestures, a message that we are always going to be with those who may need our hand.

I am grateful to the Art of Giving movement for teaching me this essential point. It lit a candle inside me that I now wish to pass on to others. I am sure everyone will have their own unique stories about how the art of giving movement has enriched their lives.



“ Given the right opportunity the tribal youth can even excel over their counterpart of the general population. ”

Art of Giving in Numbers



Art of Giving was launched
& gained momentum

2013-16



Cyclotron

2017



Hope
Happiness
Harmony

2022

100 cities in India
80 locations globally

Volunteers from South Korea and
Nepal joined the movement



Pyaar
Bhara Pack

2018

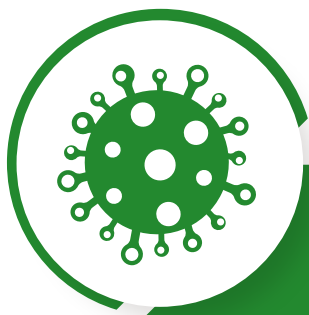
10 million people
6 continents
80 countries
20 million meals
20,000 centres



Bag
of Happiness

2019

6 continents
120 countries
20 million people joined the campaign
20 million bags of happiness distributed
200,000 centres
2 million bags globally



AOG Fights
Corona

2020

5 million Ration and essentials kit
5 million ready meals
1 million Face Masks & Sanitizers
10 million people reached



My Mother
My Hero

2021

Gratitute letters to mothers

100 million people reached
10 million letters written
2 million posts

Reach

20 million followers
1.5 million members

Convenors from

300 locations
120 countries
All states in India
All panchayats and blocks of Odisha

CARING & SHARING: A Way of Life

It's not only what you give, but how you give, that's equally important. And the essence lies not in one-off act but practising and promoting 'Giving' as an art of life -- suffusing hope, happiness and harmony in the society

Dr. Disha Bhatt



The 'culture of giving' is an antithesis of a 'culture of having'. The western culture is primarily afflicted by an obsession for maximization of possession. Somehow that obsession for maximization of possession is gradually creeping into our

collective psyche as well. So, in order to offset that, we need to understand the Art of Giving in proper perspective, and propagate it as a mass movement.

Even if we give away something, it is of no value if it is not given with sincerity and feelings. Consequently, not every type of giving signifies, or exemplifies, the Art of Giving. For example, there is a 'giving' that is contaminated by the desire of reciprocation, or expectation of complete submission by the receiver.

There is also a 'giving' that seeks satisfaction of being superior to others – such act of giving, in essence, is an egoistic self-expression, and usually accepted by the receiver without any sense of gratitude. The real Art of Giving is that when the giver opens up to the receiver, and remains respectful of his dignity.

More importantly, one must realize that Art of Giving does not entail things valued on the basis of cash or kind. Giving quality Time and Attention are as important as Money and Material, if not more. One more important aspect in the Art of Giving is that a doner must first ascertain the need of the receiver. Otherwise, the whole interaction shall be a futile exercise. To elucidate my point, I would like to cite an example here. Once, a former student of mine wanted me to share the contact details of an orphanage. Because, her boss and his wife wanted to contribute

something in charity, to mark the Silver Jubilee of their Wedding Anniversary.

After a few weeks, I happened to visit the orphanage. The head of the orphanage informed me that the couple had come, and donated 68 blankets, as per the number of inmates. They also took pictures, for sharing in the social media. But the enthusiastic couple were oblivious of the fact that each child in the orphanage had a blanket or two, donated by earlier visitors. Hence, due to space constraint, the new blankets for them were a fresh headache.

In other words, the orphanage never needed the blankets. But people prefer to give that because colourful blankets make better pictures than rice and cereals in gunny bags.

One must realize that the contributions should always be need-based, sans any ostentatious intention. Perhaps, the best way to identify the beneficiaries for blankets would be to move around during wee hours of winter, and look for poor shivering people on footpaths. Wrap them with woollens, when no one is around to clap, or click the camera.

ART OF GIVING : A 9-Year-Old Movement

Hon'ble Founder of KIIT & KISS, Dr. Achyuta Samanta is a philanthropist and social reformer, who has been espousing the Art of Giving since 2013, from a philosophy of life to a wide civic movement, spreading peace and happiness.

This year, the theme is: Hope, Happiness and Harmony – a befitting one, in the wake of Covid Pandemic, which has put the entire world out of gear. It is all about creating an unconditional and sustainable love, peace and happiness for others, through gestures of kindness and generosity, in the current gloomy scenario across the globe.

THE JOY OF GIVING

Prof. Jugal Kishore Mishra



In a society that is growing increasingly acquisitive and selfish, we often tend to forget the unalloyed joy of giving. We are constantly reminded that human beings are instinctively selfish and treat the other as a potential rival or enemy.

However, experience constantly proves that people who embrace such a bleak view of human nature are patently erroneous. Society survives on reciprocal gestures of generosity made by ordinary, unremarkable people on a daily basis.

No wonder that giving and receiving gifts has been bringing joy to human beings and enriching their lives since the beginning of history. Every act of giving emphasizes our essential humanity and provides the sacred glue that binds mankind together. This basic instinct rooted in human nature becomes dramatically evident whenever a calamity occurs or catastrophe overwhelms a community. People who are absolute strangers to each other come forward to save lives, rebuild homes, offer food to the starving and bring succor to the ailing. They remind us of the “eternal reciprocity of tears” that sustains humanity. It is these unpremeditated and spontaneous acts of kindness that strengthens our faith in the essential goodness within every human heart which finds a release in the act of giving.

A passionate commitment to the act of giving as a central principle of action is nowhere more vibrantly evident than in the noble initiatives undertaken by Professor (Dr.) Achyuta Samanta, eminent educationist & philanthropist. The institutions he has founded- KIIT & KISS – have translated his vision into a concrete reality. Students who pass through the hallowed portals of KISS absorb vital lessons in combining learning with compassion. Tribal communities cherish values such as solidarity with fellow human beings living in harmony with nature and placing common good above individual interest.

During my intimate association with KISS DU I noticed how values like these introduced by young tribal students create a unique milieu which show the way for building a better and sustainable future for humanity. Their energy expressed through their love for sports, dance and music infuses a new energy and hope into the institution which nurtures them. No doubt, these young boys & girls are the future change agents for their communities & can contribute towards building a more compassionate society for a new tomorrow beyond the rat race for mundane acquisitions. Worldwide nations face the crisis of climate change, widening gap between the haves & have nots, growing depravity in terms of standard of living, nutrition & basic amenities. In this milieu, a new approach is required amongst policy makers to build a better society.

“ **The art of giving is the ultimate education in itself for humanity.** ”

ART OF GIVING: EXPERIENCING WELL BEING OF HUMANITY

Kashish Kaur



The world we live in today is running at such a pace that it gives little opportunity to pause and look around. In these changing times, however, one must never forget to appreciate what we have and give back to the world in whatever

way possible. The goal of Art of Giving is to spread acts of generosity and kindness that will result in experiencing an endless supply of love, serenity, happiness, and fulfillment. True happiness and generosity are intimately linked, and they both originate from a place deep within our souls. A gift, no matter how big or small, is something that is appreciated twice. The gift is enjoyed first by the giver and then by the recipient.

Giving does not have to be restricted to holidays or special occasions. You can treat everyone you meet as if they are someone to whom you can give something special. Let us not also believe that a gift is always something we buy with our money. The harsh reality about the current times is that we are all so materialistically wired that we often tend to determine worth of something in terms of how expensive or exquisite it is. But at the end of the day what counts is the intention behind the generous act, whether it's something you need or someone simply being there, the art of giving covers it all. Personal acts of kindness are a very special type of giving. In reality people require things that cannot be seen, such as good advice,

a kind word, appreciation, the sharing of some special knowledge, a compliment, a helping hand, support during a difficult time, or even a smile, more than we realize.

"To ease another's heartache is to forget one's own."- quoted by the great leader Abraham Lincoln. The idea behind the art of giving is to step out of your shoes for once and develop a sense of empathy and compassion for the other person. Let's take a look at the vision of Dr. Achyuta Samantha Founder of KIIT and KISS two world class institutions who dreams of a poverty-free, hunger free and illiteracy free world through his selfless service to the society during last three decades. KISS has the distinction of being the world's largest residential institute for the tribal children and educates more than 70,000 poor tribal children stands to testify his vision of life and brightest example of the art of giving. Dr. Achyuta Samantha is one of the many humble souls who relentlessly works for giving back to the society with whatever resources at his disposal. We may take a page from his book of compassion and develop a sense of responsibility towards the society.

We are all so beautifully unique in the sense that everyone has something or the other to offer; if you are a person of power you can use it bring about major changes in the society. But even if you are a common man you hold the power to bring about whatever change you wish to see in world through the art of giving. Whether it's giving monetary help to someone in need or something as simple as lending an ear to someone who wants to be heard or a piece of advice to someone who feels lost. The art of giving has no bound.

ART OF GIVING: A DRIVING FORCE FOR HUMAN DEVELOPMENT

Ankita Kiran



It is rightly said by Winston Churchill "We make a living by what we get. We make a life by what we give."

Art of Giving - a philosophy of life of Dr. Achyuta Samanta, the founder of Kalinga

Institute of Industrial Technology and Kalinga Institute of Social Sciences aimed at spreading, supporting and advancing the selfless act of generosity, compassion and kindness all over the world for peace and happiness. AOG Community have come together to spread the message of peace, happiness and harmony through gestures of kindness and generosity.

The worldwide movement for educational equity has gained momentum leveraging the voice of the tribals and their empowerment as the key agenda for their emancipation. There have been umpteen examples where Dr. Achyuta Samanta has been seen devoting his life towards humanity and making a social impact. 'The world outside can be a dark place, and those who have little or nothing to spare depend on the generosity of people. By giving, a person can add value to both their own life and others lives. For a modern society where there is hardly any room for spirituality, mere acts of kindness and generosity can make a change which may seem negligible but can actually do wonders. Helping others are not just limited to giving financial help or any worldly things. It can be as simple as passing a

smile or helping with one's time and patience. No matter how much or how little one can give, they have the power to touch the life of another person and have the ability to affect them in ways one may never completely be aware of. People who have been receiving kindness tend to pay it forward and give to others even when they have hardly anything to give. This perpetuating cycle of giving makes the world a better, more humane place to live in. Therefore, it is important to realize the fact that giving does actually make a difference.

It is important to know that giving is easy. When resources are scarce, we can give positive thoughts, prayers, time, and other things that may seem intangible but deliver many real results. The selfish reason for giving might be to feel good about oneself and there is nothing wrong with feeling pride in your generosity and using that to spur you on to further acts of kindness in the future. The art of giving can be one's own path to enlightenment. It is one of the best investments you can make towards achieving genuine happiness. By giving one will contribute to making the world a nicer place to live, help in making lives of the less fortunate better and with no doubt, they will brighten their own soul too.

Above the clouds of ignorance, narrowness, and selfishness, we should all rise. It's easy to be cynical today and to think that the help that one offers is negligible, but the small gesture of kindness may make a real difference to someone else's life.

GIVING BACK TO SOCIETY: A STUDENT PERSPECTIVE

Nikhil Sinha



'Hope, Happiness, and Harmony' are the founding pillars towards creating an inclusive society where all can participate, prosper and reach their full potential. Students play a vital role in spreading the message

to last mile. The more students understand the concept and vision of Art Of Giving the better it is for society.

Exposure of students to the theme is crucial, as our world is embroiled more in conflict of all forms. It requires hope which is driving force for a better and harmonious future. I, as a student of the Kalinga Institute of Industrial Technology, have had the opportunity to gain a deep understanding of AOG philosophy, thanks to the many initiatives I see around me. Arriving at university after the pandemic I had the opportunity to interact with numerous other students, teachers, and people. Spending time and interacting with a cross section of students physically has been an amazing experience.

Talking with people also exposed me to many new ideas and experiences I encountered during the journey in this campus which I share with my fellow students.. Nature's beauty with all its greenery has been a refreshing experience at this unique campus. It has inspired me to be careful for preservation of the same albeit in my own way. Interacting with people

allowed me to imbibe new ideas and spread among my colleagues. The joy of working together towards a common goal, the joy of working towards spreading positivity among students through our actions, has been amazing. This interaction not only promotes harmony, the exams and tests facilitates spreading knowledge among students.

Post-pandemic, I could see students from all strata learning from each other. The gift of knowledge was being spread in all directions. Many of my batchmates and seniors have also taken up the initiative through the assistance of student societies to embark on our little journeys to nearby communities, where they have been taking up the initiative to teach local children who have not been fortunate enough to get the same level of education as us.

The joy of teaching and seeing the smiling faces of the children cannot be put into words. It can only be experienced. I believe each of us should try our best to make sure we put in our best efforts to provide a helping hand to deprived students of the community around our campus. Interaction, discussion, and deliberation are crucial parts of student and college life, they bring an opportunity to spread happiness and prosper together in all aspects of life, not just academically. I have been fortunate enough to get an opportunity to both experience and propagate the message of the Art Of Giving, I hope to continue doing the same with my friends and society.

COMPASSION CAN HEAL THE WOUND AND MAKE A DIFFERENCE

Utkarsha Nayak



Art of Giving is simply defined as giving from heart without any expectation of something in return, done to create an unconditional yet sustainable environment of love, peace, and happiness for others through kindness and generosity.

Since my childhood, my parents tried to inculcate in me the art of giving as I believe it takes immense courage to give something from our life, hence the intention behind giving is the most essential thing. Throughout my education, my teachers taught me that being generous doesn't involve only giving physical goods to people on holidays or special occasions. Honestly, I didn't believe in all of this at first, just like other millennials. But then once during my visit to my ancestral village, I was extremely hungry and hence bought a packet of samosa for myself. Suddenly a young child came toward me asking for alms.

I, young and brash at that time, out-rightly refused and even pushed that poor soul out of way. I didn't notice my grandpa standing and watching all of this. After I reached his house, I freshened up myself and started enjoying the samosas. Thereafter, my grandfather arrived, his clothes being soiled (showing his signs of exertion). We had our lunch and then during the afternoon nap, I insisted he tell me stories. Although hesitant at first, due to his love for me, he started narrating an incident:- "Once a person came from a distant city. Being tired and hungry, he went to a roadside shop and bought snacks and water for himself. Suddenly a famished beggar came to him and pestered

him for food. He pushed that beggar, who went away in a melancholic state of mind. After some time, the beggar fainted near the roadside after traveling a short distance. It was after one man asked for help that people gathered and took him to the nearby clinic where after examination, the doctor declared that he had died due to hunger. Had even a morsel of food entered his mouth, he could have been saved for further treatment". It took me no time to realize my mistake and tears started rolling out my eyes in lamentation. Then after some time, my grandpa consoled me and took me to the clinic in the nearby village. There I came to know that the beggar was out of danger since the saline treatment was started on time.

I rushed back to my grandpa and vented my anger on him for giving me the wrong information. He just calmly listened and just said one thing:- "My dear child, you also refused and pushed that poor soul out of way. As a result, he landed up in the clinic. Now think, who is more wrong?" I was speechless. That night, I couldn't close my eyes even for a second. Thenceforth, I started saving some of my pocket money each month and donated it to various NGOs and societies for noble causes. I also started participating in acts of volunteering for social work, in community service campaigns where we gave food, clothes, and other used items to underprivileged people. Not to mention, the joy I experienced was indescribable and beyond expectations.

As a student of KIIT, I aspire to be an active member of the college's social service organization because I strongly believe the more we do for others, it all comes back to us in different forms. I believe that Art of Giving, started by our founder Sir Shri Achyuta Samanta in 2013 is a great initiative to make students aware of their responsibilities towards a society that can act as a catalyst in bridging the gap between students from KISS and KIIT and the community.

International

2022

International Art of Giving Day Celebration

WORLDWIDE CELEBRATIONS

Uniting the world with the bond of **Art of Giving**

During its 9th Anniversary celebrations, 'Art of Giving' reached the impressive milestone of 20 millions followers and 1.5 million members. The occasion was celebrated at over 300 locations spread across 120 countries.



Location- Indonesia



Location- Bangladesh



Location - Tanzania



Location – France



Location- Mozambique



Location – Kenya



Bhutan



Location-Korean Buddhism in Busan, Korea



Singapore



Tanzania



Srilanka



Kenya



Korea



Syria



Sudan

National

2022

International Art of Giving Day Celebration

Celebrations Across INDIA

The 9th Anniversary of 'Art of Giving' was observed in multiple cities and towns of all States of India. People joyfully celebrated the occasion by selfless acts of giving, spreading happiness among their acquaintances and strangers.



Location - Srinagar, J & K



Location-Venus Public School, GaliKhaliWali, Katra Khazana, Amritsar



Location- Delhi



Location- Delhi





EDII at Ahmedabad



Location- Hyderabad



Location- Hyderabad



Location- Hyderabad



Location-Kolhapur, Maharashtra



Location- Bangalore



Regional

2022

International Art of Giving Day Celebration

Celebrations Across ODISHA

The spirit of giving touched countless people in celebrations held in all panchayats and blocks of Odisha.



Organized By- Ms. Puspallata Nayak and her team from Sports Department of KIIT Location- Shikharchandi village, Patia, Bhubaneswar



Organized By- Sh. Surajit Nayak
Location-Chandrasekharapur, Bhubaneswar



Organised By Sabitarani Mishra
KIIT School of Computer Applications



Location -Kamraj University, Madurai
Organised By -ItiraniSamanta



Organized-Kiit International School





Location- Khandagiri, BBSR
Organized by KIIT Admission Department



Ms. Ronali Ray, Student Counselor, KISS Deemed to be University
Location- Angul, Odisha



Location- Bhubaneswar Organised By KIIT VC Office



Location- GopabandhuSiksha Kendra Subhadra Apartment, Bhubaneswar
Organized by KIIT T&P



Location- Kanjiapal Primary School,
Dhamnagar in Bhadrak



Location- Boudh



Location- SaraswatiSisu Mandir, Bharatpur, Bhubaneswar
Organized by Kadambini and Kalinga TV





*LoactionAdruta Children Home, Mendhasala, Bhubaneswar
Organized by Sh. Sibananda Mishra, DG-HR and team HR Cell from KIIT deemed to be University*



*Organized by KIIT School of Social, Finance & Human Science
Location- Open Learning Systems-OLS, Bhubaneswar*



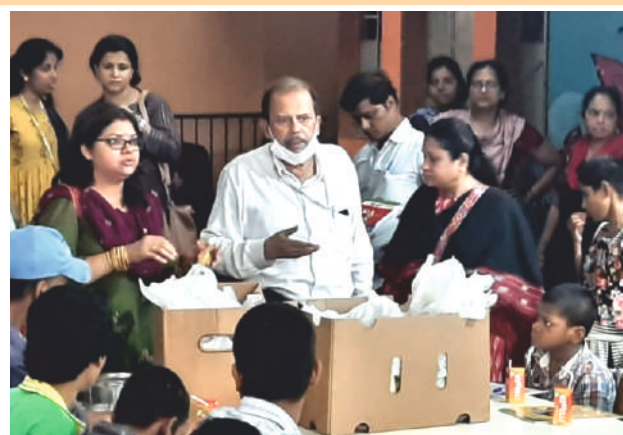
Organized- by Dept of Electrical Engineering, KIIT DU



Organized- by Sports departments of KIIT DU and KISS DU



Organized- by Examinations and Staff members of KIIT DU



Organized- by KIIT School of Humanities, KIIT DU



NDRF Mundali

ଆର୍ଟ ଅଫ୍ ଗିଭିଙ୍ଗ

ଶ୍ରୀ ପ୍ରଶାନ୍ତ କୁମାର ରାଉତରାୟ



ଦେବା ଆଉ ନେବା ଭଳି ଦୁଇଟି ଭାଗରେ ଦୁନିଆ ବିଭକ୍ତ । ଆମ ଭିତରୁ ଅଧିକାଂଶ ଲୋକ ନେବାକୁ ଭଲ ପାଉଥିବା ବେଳେ, ଦେବାକୁ ଭଲପାଉଥିବା ଲୋକଙ୍କ ସଂଖ୍ୟା ଅତି ନଗଣ୍ୟ । କିନ୍ତୁ ଇତିହାସ

ସାକ୍ଷୀ ସବୁବେଳେ ଦେବା ଲୋକ ହିଁ ଖୁସି ଆନନ୍ଦରେ ସମୟ ଅତିବାହିତ କରିଥାଆନ୍ତି । କାରଣ ତାଙ୍କ ଭିତରର ଚିନ୍ତା ଚେତନାରେ ଲୋଭ, ମୋହର ପ୍ରାବଲ୍ୟତା ନଥାଏ ବରଂ ତା' ବଦଳରେ ଥାଏ ସ୍ନେହ, ପ୍ରେମ, ଦୟା, କ୍ଷମା ଭଳି ଦୈବଗୁଣ ସମୂହ । ଯାହାପାଇଁ ସେମାନଙ୍କ ମନରେ ସବୁବେଳେ ଥାଏ ଶାନ୍ତି ଆଉ ଆନନ୍ଦ । ଆଜିକାଲି ଧିରେ ଧିରେ ଏହି ଚିନ୍ତାଧାରା ମନରୁ ଅପସରି ଯାଉଥିବା ବେଳେ, ସୁଖ, ଶାନ୍ତି ଆଉ ଆନନ୍ଦର ଅଭିଳାଷ କିନ୍ତୁ ପୂର୍ବବର୍ତ୍ତ ବଳବତ୍ତର ରହିଛି । କିନ୍ତୁ କେତେକାଂଶରେ ତାହା ନକରି ଆମେ କୁକର୍ମ କରି ସୁକର୍ମର ଫଳ ଆଶା କରୁଛେ । ଯାହା ଗଭୀର ବିତ୍ତମ୍ଭାର ବିଷୟ । ମଣିଷର ଦୁଃଖର କାରଣ ଅନେକ ହୋଇଥିବା ବେଳେ ପ୍ରମୁଖ ଗୋଟିଏ କାରଣ ହେଉଛି, ସେ ନିଜକୁ ଯେତେ ପ୍ରାଧାନ୍ୟ ଦେଇଥାଏ ଅନ୍ୟକୁ ସେତେ ଦେଇନଥାଏ, ନିଜ ଭାବନାକୁ ଯେତିକି ଗୁରୁତ୍ବ ପ୍ରଦାନ କରିଥାଏ ଅନ୍ୟର କଥାକୁ ସେତିକି ହାଲୁକା ଭାବରେ ନେଇଥାଏ କିନ୍ତୁ ଅନ୍ୟକୁ ଶୁଣୁଥିବା, ଅନ୍ୟର ଭଲମନ୍ଦ ବୁଝୁଥିବା ବ୍ୟକ୍ତିତ୍ବ ହିଁ ପ୍ରକୃତରେ ଉଚ୍ଚ ଆସନର ଅଧିକାରୀ ହୋଇଥାଆନ୍ତି । କାହାକୁ ସ୍ନେହ ଆଦର ଦେଇଥିବା ଲୋକଙ୍କ ପାଇଁ ସଦାବେଳେ ସ୍ନେହ ଆଦର ଥୁଆ ହୋଇ ରହିଥାଏ । ଏମିତି ଜଣେ ଆଦରଣୀୟ ସବୁ ସ୍ବରୂପ ବ୍ୟକ୍ତିତ୍ବ ହେଲେ ପ୍ରଫେସର ଡକ୍ଟର ଅପ୍ୟୁତାନନ୍ଦ ସାମନ୍ତ । ଯାହାଙ୍କ ଦ୍ବାରା ପ୍ରତିଷ୍ଠିତ ହୋଇଛି

ବିଶ୍ବର ଦୁଇଟି ପ୍ରମୁଖ ଶିକ୍ଷାନୁଷ୍ଠାନ । ଗୋଟିଏ ‘କଳିଙ୍ଗ ଇନ୍‌ଷ୍ଟିଚ୍ୟୁଟ ଅଫ୍ ଇଣ୍ଡଷ୍ଟ୍ରିଆଲ୍ ଟେକ୍ନୋଲୋଜି (କିଟ୍)’ ଓ ଅନ୍ୟଟି ‘କଳିଙ୍ଗ ଇନ୍‌ଷ୍ଟିଚ୍ୟୁଟ ଅଫ୍ ସୋସିଆଲ୍ ସାଇନ୍‌ସେସ୍ (କିସ୍)’ । ଗୋଟିଏ ସୁନ୍ଦରତାରେ ପରିପୂର୍ଣ୍ଣ ହୋଇଥିବା ବେଳେ ଅନ୍ୟଟି ସହୃଦୟତାର ପରିଚୟ ପ୍ରଦାନ କରିଥାଏ । ଏହି ସୁନ୍ଦରତା ଆଉ ସହୃଦୟତାର ଜନକଙ୍କ ମାନସପତ୍ରରୁ ସୃଷ୍ଟି ହୋଇଛି ଆଉ ଏକ ଆନ୍ଦୋଳନ, ଆର୍ଟ ଅଫ୍ ଗିଭିଙ୍ଗ । ଯାହାର ପ୍ରଭାବ ଓଡ଼ିଶାର କୋଣ ଅନୁକୋଣରୁ ପରିବ୍ୟାପ୍ତ ହୋଇ ଭାରତର ସୀମା ଡେଇଁ ଏବେ ବିଶ୍ବବ୍ୟାପକ ହେଲାଣି । ୨୦୧୩ ମସିହା ମେ ମାସ ୧୭ ତାରିଖରେ ସାମନ୍ତ ସାର୍ ଆରମ୍ଭ କରିଥିବା ଆର୍ଟ ଅଫ୍ ଗିଭିଙ୍ଗ ଆଜି ମାତ୍ର ନବମ ବର୍ଷରେ ପଦାର୍ପଣକରି ମଧ୍ୟ ଅନେକ ଅନୁଭୂତି ସାଉଁଟିବାକୁ ସକ୍ଷମ ହୋଇପାରିଛି ।

କଳାର ଦେଶ ଉତ୍କଳ କୋଣାର୍କର କାରୁକାର୍ଯ୍ୟ ପାଇଁ ଯେତିକି ପ୍ରସିଦ୍ଧ, ଅନ୍ୟ ପ୍ରତି ଦୟାଶୀଳ ଆଉ କ୍ଷମା ହୃଦୟରେ ପରିପୂର୍ଣ୍ଣତା ପାଇଁ ମଧ୍ୟ ସେତିକି ବିଖ୍ୟାତ । ଶ୍ରୀଜଗନ୍ନାଥଙ୍କ ମାଟି ଚଣ୍ଡାଣୋକଙ୍କୁ ଧର୍ମାଣୋକରେ ପରିଣତ କରିଦେଇଛି । ସେହି ମାଟିର ଦାୟାଦ ଭାବରେ ଆମ ମନରେ ଦୟା, କ୍ଷମା ଆଉ ତ୍ୟାଗର ଭାବ ବଳବତ୍ତର ରହିଛି । ସତରେ କୋଣାର୍କ ଯେପରି ଆଶ୍ଚର୍ଯ୍ୟ କିସ୍ ହେଉଛି ଅନ୍ୟତମ ଆଶ୍ଚର୍ଯ୍ୟ, ଯେଉଁଠାରେ ଏକାସାଙ୍ଗରେ ୩୦ ହଜାର ପିଲା ରହୁଛନ୍ତି । କେବଳ ରହିବାରେ ନୁହେଁ ତା'ସହିତ ସୁକ୍ଷମ ଖାଦ୍ୟ, ସୁନ୍ଦର ବସ୍ତ୍ର, ଉନ୍ନତ ସ୍ବାସ୍ଥ୍ୟ ସେବା ଆଉ ସ୍ବଚ୍ଛ ପରିମଳ ବ୍ୟବସ୍ଥା ଭିତରେ ବିଶୁଦ୍ଧ ପାନୀୟ ଜଳ ପରି ସବୁକିଛି ଅତ୍ୟାଧୁନିକ ବିଧି ବ୍ୟବସ୍ଥା ମାଗଣାରେ ସେମାନଙ୍କ ପାଇଁ ଯୋଗାଇ ଦେଉଛି କିସ୍ ଅନୁଷ୍ଠାନ । ଯାହାର ମୂଳରେ ରହିଛି ଆମର ପ୍ରତିଷ୍ଠାତାଙ୍କ ସ୍ନେହ, ପ୍ରେମ ଆଉ ଭଲପାଇବା । ଏହା ହିଁ ତ ‘ଆର୍ଟ ଅଫ୍ ଗିଭିଙ୍ଗ’ ।

ଆଜିର ଜଳବାୟୁ ପରିବର୍ତ୍ତନ କଥା ମନକୁ ଆସିଲେ ଛାନିଆ

ଲାଗେ । ଅବେଳରେ ହେଉଥିବା ଝଡ଼ି ବର୍ଷା, ବାତ୍ୟା, ବନ୍ୟା ସବୁରିମୂଳରେ ରହିଛି ଗଛର ଅଭାବ ଏକ ପ୍ରମୁଖ କାରଣ । ଗଛ ଆମମାନଙ୍କର ଜୀବନ ଦାତା କିନ୍ତୁ ତାହା ପ୍ରତି ଆମ ମନରେ ଆଦର ନାହିଁ କି ଗଛର ଯତ୍ନନେବାରେ ଆମକୁ ସମୟ ନାହିଁ । ହେଲେ ଗଛ ବିନା ଯେ ବିପଦ ମାଡ଼ି ଆସୁଛି, ଏହାକୁ ବହୁ ଆଗରୁ ଅନୁଭବ କରି ପ୍ରତିଷ୍ଠାତା କିମ୍ ଆଉ କିସ୍ରେ ‘ପ୍ଲାନେସନ୍ ଡ୍ରାଇଭ୍’ ଆରମ୍ଭ କରିଥିଲେ । ପରିବେଶର ସୁରକ୍ଷା ଆଉ ବୃକ୍ଷମାନଙ୍କ ପ୍ରତି ଆଦର ଆଉ ଭଲପାଇବା ତ ‘ଆର୍ଟ ଅଫ୍ ଗିଭିଙ୍ଗ’ର ଏକ ପ୍ରମୁଖ ଅଂଶ । ପ୍ରତିଷ୍ଠାତା ତେଣୁ ସମସ୍ତଙ୍କୁ ଗଛ ଲଗାଇବାକୁ କହିବା ସହିତ ତାହାର ଯତ୍ନ ନେବାକୁ ମଧ୍ୟ ପରାମର୍ଶ ଦେଇଥାଆନ୍ତି, କେବଳ ପରାମର୍ଶ ନୁହେଁ ବରଂ ତାହାର କାର୍ଯ୍ୟକାରୀତା ଉପରେ ମଧ୍ୟ ଗୁରୁତ୍ବ ପ୍ରଦାନ କରିଥାଆନ୍ତି । ତେଣୁ କିମ୍ ଆଉ କିସ୍ ପରିବେଶରେ ଅନେକ ପ୍ରକାରର ବୃକ୍ଷରାଜି ଶୋଭା ପାଇ ଅମ୍ଳୟାନ ପ୍ରଦାନ କରିବା ସହିତ ଶୀତଳ ବାୟୁ ମଧ୍ୟ ପ୍ରଦାନ କରୁଛି ।

ସେହିପରି ଶିକ୍ଷାଦାନ ଉପରେ ଆମେ ଯଦି ନଜର ପକାଇବା ତାହା କିପରି ‘ଆର୍ଟ ଅଫ୍ ଗିଭିଙ୍ଗ’କୁ ସଫଳ କରୁଛି ତାହା ଜାଣିପାରିବା । ସବୁ ଶିକ୍ଷକ ତ ପାଠ ପଢ଼ାନ୍ତି ମାତ୍ର ଯେଉଁ ଶିକ୍ଷାଦାନ ସହିତ ଶିକ୍ଷାଗୁରୁଙ୍କର ସ୍ନେହ ଆଦର ମିଶିଯାଏ, ଭଲପାଇବା ଯୋଡ଼ି ହୋଇଯାଏ, ତାହା ନିଶ୍ଚୟ ବେଶି ମିଠା ହୋଇଯାଏ ଆଉ ପିଲାମାନଙ୍କ ମନକୁ ଛୁଇଁଥାଏ । ଯାହାକୁ କିସ୍ରେ ପୂର୍ଣ୍ଣମାତ୍ରାରେ ସଫଳତାର ସହିତ ପ୍ରତିଷ୍ଠିତ କରାଇପାରିଛନ୍ତି ପ୍ରତିଷ୍ଠାତା ମହୋଦୟ । କିସ୍ ଅନୁଷ୍ଠାନକୁ ଯେଉଁ ପିଲାମାନେ ପ୍ରଥମରୁ ପଢ଼ିବାକୁ ଆସନ୍ତି, ସେମାନଙ୍କୁ ପ୍ରଥମେ ନିଜର ମାତୃଭାଷାରେ ଶିକ୍ଷା ପ୍ରଦାନ କରାଯାଇଥାଏ, ଏବଂ ଭବିଷ୍ୟତରେ ମଧ୍ୟ ସେମାନଙ୍କ

ସଂସ୍କୃତି ଆଉ ପରମ୍ପରା ଆଧାରିତ ପର୍ବପର୍ବାଣୀମାନ ପାଳନ କରି ସେମାନଙ୍କ ମନରେ ନିଜ ଭାଷା, ସଂସ୍କୃତି ଆଉ ପରମ୍ପରା ପ୍ରତି ରହିଥିବା ଆକର୍ଷଣକୁ ବହୁଗୁଣିତ କରିଥାଏ । ପ୍ରତ୍ୟକ ପିଲାଙ୍କ ସହିତ ମିଶି ପ୍ରତିଷ୍ଠାତା ତାଙ୍କର ଭଲମନ୍ଦ ବୁଝିଥାଆନ୍ତି, ଏପରିକି ସେମାନଙ୍କ ସହିତ ଏକାଠି ବସି ଭୋଜନ କରିଥାଆନ୍ତି । ଏହା ପ୍ରମାଣିତ କରୁଛି, ସେହି ନିରିହ ଆଦିବାସୀ ପିଲାମାନଙ୍କ ପାଇଁ ପ୍ରତିଷ୍ଠାତାଙ୍କ ମନରେ କେତେ ପରିମାଣରେ ଭଲପାଇବା ଭରିରହିଛି । ମ୍ୟାଟ୍ରିକ୍ ପରୀକ୍ଷା ହେଉ ଅଥବା ଯୁକ୍ତ ଦୁଇ କିମ୍ବା ତତ୍ପୂର୍ବ ପରୀକ୍ଷା ସବୁଥିରେ ସବୁ ପିଲାମାନଙ୍କୁ ସ୍ବହସ୍ତରେ କଲମ ପ୍ରଦାନ କରି ସେମାନଙ୍କୁ ଶୁଭ ଆଶୀର୍ବାଦ ପ୍ରଦାନ କରିବା ସହିତ, ସଫଳତା କାମନା କରିଥାଆନ୍ତି । ବିଭିନ୍ନ ପ୍ରାନ୍ତରୁ ଆସିଥିବା ପିଲାମାନଙ୍କୁ ଏକତ୍ରିତ କରାଇ ସେମାନଙ୍କୁ ସମାଜର ମୁଖ୍ୟ ସ୍ତୋତରେ ସାମିଲ କରାଇବାର ଯେଉଁ ମହତ୍ତ୍ବ କାର୍ଯ୍ୟ ପ୍ରତିଷ୍ଠାତା କରିଆସୁଛନ୍ତି, ତାହା ହିଁ ‘ଆର୍ଟ ଅଫ୍ ଗିଭିଙ୍ଗ’ ।

ଏହିପରି ଅନେକ ଉଦାହରଣର ଗନ୍ତାଘର ଭାବରେ କିସ୍ ସମଗ୍ର ବିଶ୍ବ ପାଇଁ ଏକ ଆଶ୍ଚର୍ଯ୍ୟମୟ ଅନୁଷ୍ଠାନ ଭାବରେ ସର୍ବ ସମ୍ମୁଖରେ ଉଭା ହୋଇଅଛି । ଯାହାକୁ ସମଗ୍ର ବିଶ୍ବ ପ୍ରଶଂସା କରୁଥିବା ବେଳେ ଏହି ମହତ୍ତ୍ବ ଅନୁଷ୍ଠାନର ପ୍ରତିଷ୍ଠାତା ମହୋଦୟଙ୍କୁ ଆମର ଆଦର୍ଶ ଭାବରେ ଗ୍ରହଣ କରି ଆଉ ତାଙ୍କ ପ୍ରଦର୍ଶିତ ମାର୍ଗରେ ନିଜକୁ ପରିଚାଳିତ କରି ନିଜ ସହିତ ଅନ୍ୟମାନଙ୍କ ସୁଖର କାରଣ ହୋଇପାରିବା । ଆଉ ‘ଆର୍ଟ ଅଫ୍ ଗିଭିଙ୍ଗ’ ଯେତେବେଳେ ନିଜପାଇଁ ‘ଆର୍ଟ ଅଫ୍ ଲିଭିଙ୍ଗ’ରେ ରୂପାନ୍ତରିତ ହୋଇପାରିବ ସେତେବେଳେ ନିଜେ ଭଲରେ ରହିବା ସହିତ ଅନ୍ୟମାନେ ମଧ୍ୟ ଭଲରେ ରହିବାର ଆପେ ବ୍ୟବସ୍ଥା ହୋଇଯିବ । ଏହି କାମନା ସହିତ ଏହି ଆଲୋଚନାକୁ ଏହିଠାରେ ସମାପ୍ତ କରୁଅଛି ।



“ Let's live a life that brings smile on every face we come across in life. ”

ଦେବା ଏକ ଐଶ୍ବର୍ଯ୍ୟ

ଦେବହୂତୀ ପଟ୍ଟନାୟକ



ଭାରତୀୟ ଆଧ୍ୟାତ୍ମିକ ସଂସ୍କୃତି
ଉଦାର କଣ୍ଠରେ ଗାଇଛି ,
“ସର୍ବେ ଭବନ୍ତୁ ସୁଖୀନୋ,
ସର୍ବେ ସନ୍ତୁ ନିରାମୟ, ସର୍ବେ
ଭଦ୍ରାଣି ପଶ୍ୟନ୍ତୁ, ମା କଷ୍ଟିତ୍
ଦୁଃଖ ଭାଗ୍ ଭବେତ”,
ଅର୍ଥାତ୍ ସମସ୍ତେ ସୁଖୀ ହୁଅନ୍ତୁ
, ସମସ୍ତେ ନିରୋଗ ରୁହନ୍ତୁ,

ଭଦ୍ର ହୁଅନ୍ତୁ କେହି କେବେ ଦୁଃଖରେ ନ ରୁହନ୍ତୁ , ଭାରତୀୟ
ସଂସ୍କୃତିର ମୂଳମନ୍ତ୍ର ହେଉଛି, ସମସ୍ତଙ୍କୁ ଭଲପାଇବା ସମସ୍ତଙ୍କ
ସହିତ ମିଳିମିଶି ଜୀବନଯାପନ କରିବା ଭାରତ ଭୂମି ତ୍ୟାଗ ଦୟା,
ଧୈର୍ଯ୍ୟ ସତ୍ୟ, ଧର୍ମ, ଶାନ୍ତି, ପ୍ରେମ ଅହିଂସା ମୂଲ୍ୟବୋଧ ଉପରେ
ପ୍ରତିଷ୍ଠିତ । ଭାରତୀୟ ମୂଲ୍ୟବୋଧ ତ୍ୟାଗ ଉପରେ
ବିଶ୍ୱାସ କରେ, ତ୍ୟାଗର ମହନୀୟତାକୁ ପ୍ରଚାର ପ୍ରସାର କରି ଚାଲିଛି
। କାହିଁ କେଉଁ ଅନାଦି କାଳରୁ । ଏଣୁ ଭାରତୀୟ ଶାସ୍ତ୍ର ଉଦ୍‌ଘୋଷଣା
କରେ ।

ପରୋପକାରୀୟ ଫଳନ୍ତି ବୃକ୍ଷାଃ

ପରୋପକାରୀୟ ବହନ୍ତି ନଦ୍ୟାଃ

ପରୋପକାରୀୟ ଦୁହ୍ୟନ୍ତି ଗାବଃ

ପରୋପକାରୀୟ ଇଦଂ ଶରୀରମ୍ ॥

ଅର୍ଥାତ୍ ଗଛରେ ଫଳ ହୁଏ ପରର ଉପକାର ପାଇଁ ଗଛ ନିଜେ ଖାଏ
ନାହିଁ । ଏଣୁ ଆମେ ବୃକ୍ଷକୁ ଦେବତା ଭାବେ ପୂଜା କରୁ । ନଦୀ
ଅନେକ ବନ୍ଧୁର ପଥ ଅତିକ୍ରମ କରି ବହି ଚାଲନ୍ତି ପର ଉପକାର
ପାଇଁ ଏଣୁ ଭାରତୀୟ ମାନେ ନଦୀକୁ ପବିତ୍ରର ସ୍ୱରୂପ ଭାବେ ମାଆ
ଭାବରେ ପୂଜା କରନ୍ତି । ଗାଈ ଦୁଗ୍ଧ ଧାରଣ କରନ୍ତି ଓ ଅନ୍ୟ ପାଇଁ
ନିଜର ସବୁ କିଛି ତ୍ୟାଗ କରି ଦିଅନ୍ତି, ମାନବର ମଙ୍ଗଳ ପାଇଁ ଏଣୁ

ଆମେ ଗାଈକୁ ଗୋ ଦେବତା ଭାବେ ପୂଜା କରୁ । ଏ ଶରୀର ପରର
ଉପକାର ପାଇଁ ସମାଜର କଲ୍ୟାଣ ପାଇଁ ଈଶ୍ବର ଆମକୁ ଦେଇଛନ୍ତି
। ଶାସ୍ତ୍ର ଆହୁରି କୁହନ୍ତି “ପରୋପକାରୀୟ ପୁଣ୍ୟାୟ ପାପାୟ ପର
ପୀତନମ୍” ଏ ସଂସାରରେ ପରର ଉପକାର କରିବାଠାରୁ ପୁଣ୍ୟ
କିଛି ନାହିଁ କି ପରକୁ କଷ୍ଟ ଦେବାଠାରୁ ପାପ କର୍ମ ଅଧିକା କିଛି ନାହିଁ
। ଅନ୍ୟକୁ ଦେବାହିଁ ହେଉଛି ଜୀବନର ସର୍ବଶ୍ରେଷ୍ଠ ମାନବୀୟ
ମୂଲ୍ୟବୋଧ ।

ଏହି ଦେବାର କଳା (Art of giving) ଦଶର୍ନକୁ କିର୍ ଓ
କିସ୍ତ୍ର ପ୍ରତିଷ୍ଠାତା ମାନ୍ୟବର ଅରୂପ ସାମନ୍ତ ୨୦୧୩ ମେ ୧୭
ତାରିଖ ଦିନ ସମଗ୍ର ମାନବ ଜାତିକୁ ଉଦ୍‌ଘାଟିତ କରିବା ପାଇଁ ଏକ
ନୂତନ ଚେତନା ଆଭିମୁଖ୍ୟ ନେଇ ଦେବାର କଳା ପ୍ରସାର ଆରମ୍ଭ
କରିଥିଲେ । ସେ କହିଥିଲେ “ଦେବାର କଳା “ ହେଉଛି
ନିସର୍ଜମୂଳକ ଏବଂ ନିରନ୍ତର ଭାବେ ଶ୍ରଦ୍ଧା, ପ୍ରେମ, ଭଲପାଇବା,
ଆନନ୍ଦ, ଦୟା ଏବଂ ଉଦାର ବ୍ୟବହାର ଦ୍ୱାରା ଅନ୍ୟମାନଙ୍କୁ ସନ୍ତୁଷ୍ଟ
କରିବା ଏବଂ ସେମାନଙ୍କ ମନରେ ଆନନ୍ଦ ସନ୍ତୋଷ ଭରିଦେବା ।
ଅରୂପ ସାମନ୍ତ କୁହନ୍ତି ଯଦି କାହାକୁ କିଛି ନଦେଇ ପାରୁଛ ମିଠା
କଥା ପଦେ କୁହ ଯାହା ଅନ୍ୟମାନରେ ଆନନ୍ଦର ଉଦ୍‌ବେଳନ ସୃଷ୍ଟି
କରିବ । ଦେବାର ଅର୍ଥ ନୁହେଁ ଟଙ୍କା, ପଇସା, ପଦାର୍ଥ ଦେବା
ହୃଦୟର ଶ୍ରଦ୍ଧା, ପ୍ରେମ, ଭଲପାଇବା, ଆଶ୍ୱସନା, ଉତ୍ସାହ ଓ
ପ୍ରେରଣା ମଧ୍ୟ ଆମେ ଦେଇ ପାରିବା । ଏହା ଦ୍ୱାରା ମାନବୀୟ
ମୂଲ୍ୟବୋଧ ପ୍ରତିଷ୍ଠା ହୋଇପାରିବ । ମୂଲ୍ୟବୋଧର ଅବକ୍ଷୟ ମୁଖ୍ୟ
ଏ ସମାଜ ଏକ ନୂତନ ଆଲୋକ ଦେଖିପାରିବ ।

ବର୍ତ୍ତମାନ ମଣିଷ ଆତ୍ମକୈନ୍ଦ୍ରିକ ହୋଇପଡିଛି । ତାକୁ ବିଶ୍ୱ କୈନ୍ଦ୍ରିକ
ହେବାକୁ ପଡିବ । “ଲୋକାଃ ସମସ୍ତା ସୁଖୀନ ଭବନ୍ତୁ” ମନ୍ତ୍ରକୁ ମନନ
କରିବାକୁ ହେବ । ତେବେ ଯାଇ ଦେବାର କଳା ଦର୍ଶନ ସମସ୍ତଙ୍କର
ହୃଦୟରେ ବିକଶିତ ହେବ ।

ତ୍ୟାଗରେ ଆନନ୍ଦ

ରବିନ୍ ଶତ୍ତାୟତରାୟ



କଥାରେ ଅଛି ଦେବାକୁ ଆଉ ମରିବାକୁ କେହି କେବେ ଭଲପାଆନ୍ତି ନାହିଁ। ମାତ୍ର ଏ କଥା ସତ୍ୟ ଯେ, ଜଣେ ଲକ୍ଷ୍ୟ ନ କଲେ ବା ନ ଚାହିଁଲେ ମଧ୍ୟ ମୃତ୍ୟୁ ତା'ପାଇଁ ଅନିବାର୍ଯ୍ୟ। କିନ୍ତୁ ଦେବା ପାଇଁ ଜଣଙ୍କ ପାଖରେ

ଦୃଢ଼ ଲକ୍ଷ୍ୟଶକ୍ତି ଥିବା ଦରକାର। ଅନ୍ୟଥା ସେ ଦେବାର ଆନନ୍ଦ ତାଙ୍କପାଇଁ ଗଭୀର ବିଷାଦରେ ପରିଣତ ହୋଇଯିବ। କାରଣ ଯେତେବେଳେ ଯାଏ ନିଜେ ଶାସ୍ତ୍ରର ବାଣୀ ‘ତ୍ୟାଗର ଆନନ୍ଦ ଭୋଗରେ ନାହିଁ’ ବୋଲି ହୃଦୟଙ୍ଗମ କରିନଥାଆନ୍ତି। ନିଜେ ଖାଇବା ଅପେକ୍ଷା ଅନ୍ୟକୁ ଖୁଆଇବାରେ ଆନନ୍ଦ ଅଛି, ଆଉ ନିଜେ ହସିବା ସହିତ ଅନ୍ୟର ଓଠପାରେ ହସ ଫୁଟେଇବାରେ ସୁଖ ଅଛି ବୋଲି ଯିଏ ନିଜ ଉପରେ ପରୀକ୍ଷା କରି ଦେଖୁନଥାଆନ୍ତି, ସେମାନଙ୍କ ଅନ୍ତରରେ ଦେବାର କଳା ପ୍ରସ୍ତୁତିତ ହୋଇନଥାଏ। ଏମିତିରେ ଆମ ଦୁନିଆ ତ ଦେବାର ଭିତ୍ତିଭୂମି ଉପରେ ପ୍ରତିଷ୍ଠିତ। ସ୍ୱୟଂ ସୃଷ୍ଟିକର୍ତ୍ତା ଜୀବ ସୃଷ୍ଟିକରିବା ଆଗରୁ ତା'ପାଇଁ ଖାଦ୍ୟ, ବସ୍ତ୍ର, ବାସଗୃହ ଆଦିର ବ୍ୟବସ୍ଥା କରିଥାଆନ୍ତି। ଆମେ ଜନ୍ମ ହେବା ପରେ ମାତୃସ୍ତନରେ କ୍ଷୀର ସଂଚାରକରି ଯିଏ ଆମ ଖାଦ୍ୟର ବ୍ୟବସ୍ଥା କରି ଥାଆନ୍ତି, ଦାତାପଣରେ ତାଙ୍କ ସହିତ କେହି ତୁଳନାୟ ନୁହଁନ୍ତି। ସେହିପରି ସୂର୍ଯ୍ୟଦେବ ଆଲୋକ, ଧରିତ୍ରୀ ମାତା ଖାଦ୍ୟ ଆଉ ବାୟୁ, ଗୋମାତା ଦୁଗ୍ଧ, ଗଙ୍ଗାମାତା ଜଳ ଆଦି ଦାନ କରିବାରେ କାର୍ଯ୍ୟଶୀଳ କରେନାହିଁ। ଆହୁରି ଆମ ଶାସ୍ତ୍ରପୁରାଣ ଇତିହାସରେ ଅନେକ ଦାନବୀରମାନଙ୍କର ଅମରଗାଥା ସ୍ୱର୍ଣ୍ଣାକ୍ଷରରେ ଲିପିବଦ୍ଧ ହୋଇରହିଛି। ସେମାନଙ୍କ ମଧ୍ୟରେ ଦାନବୀର ହରିଷ୍ଚନ୍ଦ୍ର, ମହାଦାନୀ ବଳି, କର୍ଣ୍ଣ ଏବଂ ନିଜ ଅସ୍ଥିକୁ ଜନକଲ୍ୟାଣ ଉଦ୍ଦେଶ୍ୟରେ ଦାନ କରିଥିବା ମହାନ ତପସ୍ୱୀ ହେଲେ ଦଧୀତି। ଆହୁରି କେତେଜଣଙ୍କ

ଅବଦାନ, ବଳିଦାନ, ପ୍ରତିଦାନରୁ ଆମର ଖାଇବା, ପିନ୍ଧିବା ଆଉ ଶାନ୍ତିରେ ବଞ୍ଚିବା ସମ୍ଭବ ହୋଇ ପାରିଛି। ଘରେ ବାପା ଆଉ ମାଆ, କ୍ଷେତରେ କୃଷକ, ସାମାଜ୍ୟରେ ସୈନିକ, କାର୍ଯ୍ୟକ୍ଷେତ୍ରରେ ଶ୍ରମିକ, ବାଣିଜ୍ୟ ପ୍ରତିଷ୍ଠାନରେ ବଣିକ, ଦସ୍ତୁରରେ କର୍ମଚାରୀ; ପ୍ରତ୍ୟେକ ନିଜ ନିଜ କ୍ଷେତ୍ରରେ ପ୍ରତିଷ୍ଠିତ ଜଣେ ଜଣେ ମହାନାୟକ।

ଆମ ଭାରତୀୟ ପରମ୍ପରା, ଐତିହ୍ୟ, ସଂସ୍କୃତି ଏହିପରି ମହନୀୟ ତଥା ଗୌରବ ବିମଣ୍ଡିତ ଆଉ ଆମ ପୂର୍ବପୁରୁଷମାନେ ଥିଲେ ସେହିପରି ଦୀପ୍ତମାନ ପ୍ରତିଭାବନ୍ତ। ସେ ସମୟ ଆଉ ଆଜିର ସମୟ ଭିତରେ ଆକାଶ ପାତାଳ ଫରକ ଥିବାର ଅନୁଭବ ହେଉଛି, ତଥାପି ଆଜି ମଧ୍ୟ ସେମିତି ଦେବକଳାୟୁକ୍ତ ଅନନ୍ୟ ମଣିଷ ଆମମାନଙ୍କ ଭିତରେ ଅଛନ୍ତି। ଯେଉଁମାନେ ଧନ ରୋଜଗାର କରି ବଙ୍ଗଳା ତୋଳିବା, ଦାମୀ ଗାଡ଼ି ଚଢ଼ିବା ଅପେକ୍ଷା; ସେ ଧନକୁ ଦାନ ଦୁଃଖୀଙ୍କ ସେବାରେ ଲଗେଇଦେବାକୁ ବେଶି ପସନ୍ଦ କରନ୍ତି। ଏହିପରି ଦୈବ କଳାୟୁକ୍ତ ଜଣେ ଜନନାୟକ ହେଉଛନ୍ତି, “କଳିଙ୍ଗ ଇନ୍‌ଷ୍ଟିଚ୍ୟୁଟ୍ ଅଫ୍ ଇଣ୍ଡଷ୍ଟ୍ରିଆଲ୍ ଟେକ୍ନୋଲୋଜୀ (କିଟ୍)” ଏବଂ “କଳିଙ୍ଗ ଇନ୍‌ଷ୍ଟିଚ୍ୟୁଟ୍ ଅଫ୍ ସୋସିଆଲ୍ ସାଇନ୍‌ସେସ୍ (କିସ୍)”ର ପ୍ରତିଷ୍ଠାତା, ପ୍ରଫେସର୍ ତନ୍ମୟ ଅରୁଣ ସାମନ୍ତ। ଦେବୀରେ ଯାହାଙ୍କର ଆନନ୍ଦ, ଅନ୍ୟର ଖୁସିରେ ଯାହାଙ୍କର ସୁଖ। ସେଥିପାଇଁ ତ ୩୦,୦୦୦ରୁ ଉର୍ଦ୍ଧ୍ୱ ଆଦିବାସୀ ପିଲାଙ୍କୁ ମାଗଣା ରହିବା, ଖାଇବା ଆଉ ଉତ୍ତମ ସ୍ୱାସ୍ଥ୍ୟସେବା, ଉନ୍ନତମାନର ଶିକ୍ଷା ପ୍ରଦାନ କରି ସେମାନଙ୍କୁ ସମାଜର ମୁଖ୍ୟ ସ୍ରୋତକୁ ଆଣିବାରେ ‘କିସ୍’ ଆଜି ପୃଥିବୀ ପ୍ରସିଦ୍ଧ ହୋଇପାରିଛି। ଆଉ ମିଳିତ ଜାତିସଂଘ ପ୍ରଣୀତ ନିରନ୍ତର ବିକାଶ ଲକ୍ଷ୍ୟ ସାଧନ ଦିଗରେ ନିଜକୁ ନିୟୋଜିତ କରିପାରିଛି। ଗରିବୀର ଅନ୍ତ, କ୍ଷୁଧାରୁ ମୁକ୍ତି, ଉନ୍ନତ ସ୍ୱାସ୍ଥ୍ୟସେବା, ଉତ୍କୃଷ୍ଟ ଶିକ୍ଷା, ଲିଙ୍ଗଗତ ବୈଶମ୍ୟତାର ଅନ୍ତ, ସ୍ୱଚ୍ଛ ପାନୀୟ ଜଳ ଓ ସୁସ୍ଥ ପରିମଳ ସୁବିଧା ଆଦି ‘କିସ୍’ରେ ପଡୁଥିବା ପିଲାମାନଙ୍କ ପାଇଁ ବ୍ୟବସ୍ଥା କରିବା, ସାମନ୍ତ ସାରଙ୍କର ଅର୍ଦ୍ଧନିଃସ୍ୱିତ ଦାତାପଣିଆର ଏକ ନମୁନା ମାତ୍ର। ଏହାବାଦ୍ ସେ ନିଜର ସହଯୋଗୀଙ୍କ ସମେତ

ସମାଜର ବିଭିନ୍ନ ବର୍ଗର ଦୁସ୍ତ, ଦରିଦ୍ର ଜନସାଧାରଣଙ୍କ ପାଇଁ ଉଗ୍ରବାନ ସଦୃଶ। ଅନାଥ ପିଲା ହୁଅନ୍ତୁ କି ଦୁରାରୋଗ୍ୟ ବ୍ୟାଧିଗ୍ରସ୍ତ ଜନତା, ସମସ୍ତଙ୍କ ପାଇଁ ସମସ୍ତଙ୍କ ପ୍ରତି ତାଙ୍କର ଦେବୀରେ କାର୍ପଣ୍ୟତା ନାହିଁ। ପିଲାଦିନରୁ ମାଆଙ୍କଠାରୁ ଶିକ୍ଷା ପ୍ରାପ୍ତ ହୋଇ ମନରେ ରୋପିତ ହୋଇଥିବା ଦାନ-ଧର୍ମର ସେହି କ୍ଷୁଦ୍ର ବୀଜଟି ଆଜି ଏକ ବିଶାଳ ବଟ ବୃକ୍ଷରେ ପରିଣତ ହୋଇ ଅସଂଖ୍ୟ କ୍ଳାନ୍ତ, ପରିତ୍ୟକ୍ତ ତଥା ସନ୍ତାପିତ ଜନତାଙ୍କୁ ଶୀତଳ ଛାୟା ସହିତ ସୁମଧୁର ଫଳ ପ୍ରଦାନ କରିପାରୁଛି। ଖୁସିର କଥା, ସାମନ୍ତ ସାରଙ୍କ ମାନସ ସୃଷ୍ଟି ଏହି ଦେବୀର କଳା (ART OF GIVING) ଭାବଟି ଆଜି ଓଡ଼ିଶା, ଭାରତ ସୀମା ଡେଇଁ ବିଦେଶମାନଙ୍କରେ ନିଜ ପାଇଁ ସ୍ୱତନ୍ତ୍ର ସ୍ଥାନ ସୃଷ୍ଟିକରିପାରିଛି। ଗାଁରୁ ସହର ଆଉ ଜଣରୁ ଗଣଙ୍କପାଖରେ ପହଞ୍ଚି ଏହା ପରିବର୍ତ୍ତିତ ହୋଇପାରିଛି ଏକ ଅଭିଯାନରେ। ଆଉ ଖୁସିର କଥା ଏଥିରେ ସାମିଲ ହୋଇଛନ୍ତି, ଧନୀ, ମାନୀ, ଜ୍ଞାନୀ, ଗୁଣୀ ପଣ୍ଡିତ ଆଦି ସବୁବର୍ଗର ଜନସାଧାରଣ। ଦେବୀପାଇଁ ଖାଲି ଯେ ଧନ ଆବଶ୍ୟକ ତା'ନୁହେଁ ବରଂ ତା'ସହିତ ଦେବୀର ଦୃଢ଼ ମନୋବଳ ଥିବା ମଧ୍ୟ ଆବଶ୍ୟକ। କାରଣ ଧନ ଥିଲେ ବି ସମସ୍ତେ ଦେଇପାରନ୍ତି ନାହିଁ। ଯେମିତି ପାଟିସୁଆଦିଆ ଖାଦ୍ୟର ଉତ୍ସାର ଥାଇ ମଧ୍ୟ, ଭୋକ ନଥିଲେ ଖାଇହୁଏନି କି ତନ୍ମଳପ ଗଦି ପଡ଼ିଥିଲେ ସୁଦ୍ଧା ନିଦ ନଥିଲେ ଶୋଇହୁଏନି। ସେମିତି ଦେବୀର ସ୍ୱହା ନଥିଲେ ମନ କିଛି ଦେବାକୁ ଆଗ୍ରହପ୍ରକାଶ କରେନି।

ଉଗ୍ରବାନ କିନ୍ତୁ ଆମ ସମସ୍ତଙ୍କ ପାଖରେ ଉଣା ଅଧିକେ ସେ କଳା ଦେଇଛନ୍ତି। ଯେଉଁଥିରୁ କିଛି ଅନ୍ୟ ମୁହଁରେ ହସପୁଟାଇବା କାମରେ ଲାଗିପାରିଲେ, ଜୀବନ ସାର୍ଥକ ହେବ ବୋଲି ସାମନ୍ତ ସାର୍ ବହୁବାର କହିଛନ୍ତି। ଯେମିତି କି ମିଠା କଥା ପଦେ କହିବାର ସାମର୍ଥ୍ୟ ସମସ୍ତଙ୍କର ନିଶ୍ଚୟ ଅଛି। ତେଣୁ ବଚନରେ ଦରିଦ୍ର ହେବା କାହିଁକି? କୁହାଯାଏ ବାଣ ଦ୍ୱାରା ଆଘାତପ୍ରାପ୍ତ ଶରୀର, ହୁଏତ ଔଷଧିର ଉପଚାର ପାଇଲେ କିଛି ଦିନ ପରେ ଭଲ ହୋଇଯାଏ। କିନ୍ତୁ କୁରାକ୍ୟ ବାଣଦ୍ୱାରା ଆଘାତ ପ୍ରାପ୍ତ ମନ କୌଣସି ଔଷଧରେ କେବେ ଉପଶମ ପାଇନଥାଏ। ଆହୁରି ଆମେ ଚାହିଁଲେ ଆମପାଖ ପରିବେଶରେ କେହି ସାହାଯ୍ୟ ଖୋଜୁଥିବା ଆତ୍ମୀୟଙ୍କୁ ନିଶ୍ଚୟ ଛୋଟମୋଟ ସାହାଯ୍ୟ

କରିପାରିବା। ଯେପରି ଯିବାଆସିବା ରାସ୍ତାରେ ଉଦୁଡ଼ିଆ ଖରାବେଳ ହେଉ କି ଧାରାଶ୍ରାବଣର ରାତି, ସାହାଯ୍ୟ ଚାହୁଁଥିବା ପଥିକ ଜଣଙ୍କୁ, ତାଙ୍କ ଠିକଣାଜାଗାରେ ପହଞ୍ଚାଇ ଦେଇପାରିବା। ସେହିପରି ଶକ୍ତି ମୁତାବକ କ୍ଷୁଧାର୍ତ୍ତଙ୍କୁ ଅନ୍ନ, ତୃଷାର୍ତ୍ତଙ୍କୁ ଜଳ ଆଉ କିଛି ବସ୍ତ୍ର ଦାନ କରିବାର ମାନସିକତା ଆମର ରହୁ। ଆଉ ସର୍ବୋପରି କାହାକୁ ପାଠ ପଢ଼ିବାରେ ଆମର ସାମର୍ଥ୍ୟ ଅନୁସାରେ ଯତ୍ନକ୍ଷେତ୍ର ଅବଦାନ ନିଶ୍ଚୟ ରହୁ। କାରଣ ଜ୍ଞାନ ଦାନ ହିଁ ଦୁନିଆର ସର୍ବଶ୍ରେଷ୍ଠ ଦାନ। ପ୍ରଫେସର ଅରୁଣ ସାମନ୍ତ ସାର୍ କୁହନ୍ତି- ଜଣଙ୍କୁ ପାଠପଢ଼ାଇବା ଅନ୍ଧକୁ ଚକ୍ଷୁଦାନ ସହିତ ସମାନ। ଜଣେ ଭୋକିଲାର ଭୋକ, ଶୋଷିଲାର ଶୋଷ ଆପଣଙ୍କ ଦାନରେ ସାମୟିକ ଭାବେ ମୋଟିଥିବା ବେଳେ, ଆପଣଙ୍କ ସାହାଯ୍ୟରେ ପଡ଼ିଥିବା ପାଠ ପିଲାଟି ଜୀବନରେ ବିରାଟ ପରିବର୍ତ୍ତନ ଆଣେ। କାରଣ ପାଠ ଭବିଷ୍ୟତରେ ବାଟ ଦେଖାଏ ଆଉ ପାଠ ଜଣରେ ଜଣେ ହେବାର ସୁଯୋଗ ଦିଏ।

ଦୁନିଆରେ ଦେଖୁଥିବା କିଛି ବି ପଦାର୍ଥ ସ୍ଥାୟୀ ନୁହେଁ ଆଉ ଯେଉଁ ଶରୀରକୁ ଅତି ନିଜର ଭାବି ତାକୁ ଅନ୍ୟ ଆରାମ ପ୍ରଦାନ କରିଚାଲିଲେ ତା'ର ଆୟୁଷ ମଧ୍ୟ ପାଣି ଫୋଟକାଠାରୁ ହୀନ। ଏ ପାଦୁଶାଳାରେ ଆମର ମାତ୍ର କେତେ ଦିନର ରହଣି, ନା ସେ ପାଦୁଶାଳା ଆମର କି ସେଥିରେ ଥିବା ଚଳିବାର ସାମଗ୍ରୀ, କି ତାକୁ ସାମୟିକ ଭୋଗ କରୁଥିବା ଏ ଶରୀର। କେବଳ କଳା କର୍ମୀ ହିଁ ପ୍ରକୃତରେ ଆମର, ଯାହାଦ୍ୱାରା ଆମର ଭବିଷ୍ୟତ ନିର୍ଦ୍ଧାରଣ ହୋଇଥାଏ। ସବୁ କବୀରଙ୍କ ବାଣୀ- ‘ତୁ ଯେତେବେଳେ ଜନ୍ମ ହେଲୁ, ସମସ୍ତେ ହସୁଥିବା ବେଳେ ତୁ କାନ୍ଦୁଥିଲୁ। ତେଣୁ ଏପରି କର୍ମକରି ବିଦାୟ ନେ ଯେପରି ଗଲାବେଳେ ତୁ ହସିହସି ଯିବୁ ଆଉ ଦୁନିଆ ତୋ'ପାଇଁ କାନ୍ଦୁଥିବ’। ଅତଏବ ଯାହା ସଂଚିତ କରି ରଖିବା ସେ ଆମର ନୁହେଁ କିନ୍ତୁ ଯାହା ଦେଇଯିବା ସେ ହେବ ଆମ ଭବିଷ୍ୟତର ସମ୍ପତ୍ତି। ତେଣୁ ଦେବୀର କଳାକୁ କାମରେ ଲଗେଇ ନିଜ ପାଇଁ ଯିଏ ଯେତେ ଧର୍ମ-ଧନ ଅର୍ଜନ କରିପାରିବ, ଇହ ଆଉ ପର ଉଭୟ କାଳ ସେ ସେତେ ସୁଖ ଆନନ୍ଦର ଅଧିକାରୀ ହୋଇପାରିବ। ଆଉ ଦେବୀର କଳା ଯାହାଙ୍କ ଜୀବନରେ ବଞ୍ଚିବାର କଳା ପାଲଟି ଯିବ, ତାଙ୍କ ଜୀବନ ଆକାଶକୁ କେବେ ଦୁଃଖର କଳା ବାଦଲ ଗ୍ରାସକରିବ ନାହିଁ। କିନ୍ତୁ ସବୁ ମଣିଷଙ୍କର ଦୃଷ୍ଟିଭଙ୍ଗୀ ସମାନ

ନୁହେଁ, ସେଥିରେ ଭିନ୍ନତା ରହିଛି । ପୂର୍ଣ୍ଣମୀର ତୋଫା ଜହ୍ନରେ କିଏ ହୁଏ ଆତ୍ମହରା ତ କିଏ ଖୋଜେ କଳଙ୍କ, କାଳର କାନ୍ଦୁସରେ କିଏ ଛାଟେ କଳା ଟିକା ତ କିଏ ଆଙ୍କେ ମନ ମତାଣିଆ ଛବି । ଆଖିରେ କଳା ଚଷମା ପିନ୍ଧି କିଏ ଦୁନିଆକୁ କଳା କଳା ଭାବରେ ଦେଖେ ତ କିଏ ପୁଣି ଜ୍ଞାନ ଚକ୍ଷୁରେ ଦେଖେ ଅନ୍ତକରଣକୁ । ଏମିତି ଏ ଜୀବନ ଯାହାକୁ ଆମେ ସୁନ୍ଦର କରିବାକୁ ହେଲେ ଅନ୍ତକରଣରେ ପବିତ୍ର ଆଚରଣର ବିଶୁଦ୍ଧ ଗହଣା ପିନ୍ଧିବାକୁ ହେବ ଯେମିତି ବାହ୍ୟ ଶରୀରକୁ ଆଭୂଷଣ ଅଳଙ୍କାରରେ ସଜେଇ ଆମେ ଶରୀରର ସୌନ୍ଦର୍ଯ୍ୟ ବୃଦ୍ଧି କରିଥାଉ । ସେମିତି ଉଭୟ ବାହ୍ୟ ଆଉ ଅଭ୍ୟନ୍ତରରେ ସୁନ୍ଦର ଗହଣା ପରିଧାନ କରିଥିବା ବଳିଷ୍ଠ ବ୍ୟକ୍ତିତ୍ବ ହେଲେ ଆମ ସବୁରି ପ୍ରିୟ କିର୍ ଓ କିସର ପ୍ରତିଷ୍ଠାତା ତଥା “ଆର୍ଟ ଅଫ୍ ଗିଭିଙ୍ଗ”ର ସଂସ୍ଥାପକ ପ୍ରଫେସର ଡକ୍ଟର ଅରୁନ୍ଧ ସାମନ୍ତ ସାର୍ । ଯାହାଙ୍କର ଜ୍ୟୋତି ବିଚ୍ଛୁରିତ ମୁଖମଣ୍ଡଳ ଯେତିକି ଜାଲୁଲ୍ୟମାନ ଆଉ ପ୍ରକଟିତ କରିଥାଏ, ଅନ୍ତକରଣରେ ସତ୍ୟ, ଶାନ୍ତି, ଦୟା, କ୍ଷମା ଆଉ ତ୍ୟାଗ ପରି ଦିବ୍ୟଗୁଣ ତତୋଽଧିକ ସ୍ଥାନ

ଆବୋରି ରହିଥାଏ । ତେଣୁ ସବୁବେଳେ ସେ ଆନନ୍ଦରେ ଥାଆନ୍ତି ଆଉ ହସୁଥାଆନ୍ତି । ବର୍ତ୍ତମାନର କଠିନ ସମୟରେ ହସିବା ଯେ କେତେ କଷ୍ଟ ତାହା ଅଧିକାଂଶ ଜନତାଙ୍କ ମୁହଁ ଦେଖିଦେଲେ ଜଣା ପଡ଼ିଯିବ । ତଥାପି ହସ ଦୁନିଆରୁ ଲିଭିନି । ଯାହାଙ୍କ ଲୋଭ ନାହିଁ, ଭୋଗ ଲାଳସା ନାହିଁ ତାଙ୍କ ଓଠଧାରୁ ହସ କେବେ ବିଦାୟ ନେଇ ନପାରେ । ଜୈନ ସନ୍ଥ ତରୁଣ ସାଗର କହିଲେ, କାନ୍ଦିବାରେ ସିନା ଲୁହ ଝରେ ହେଲେ ହସରେ ତ ସେତକ ବି ଲାଗେନି, ତେବେ ଆମେ ହସିବାନି କାହିଁକି ? କିନ୍ତୁ ଆମ ହସ ଶକୁନି ମାମୁ ପରି ନହୋଇ ବରଂ ଶିଶୁ ଆଉ ସନ୍ଥଙ୍କ ପରି ହେବା ଉଚିତ୍ । ଏମିତି ହସ ହସ ମୁହଁ ଆଉ ପରକୁ ଆପଣାର କରି ପାରୁଥିବା ଦିବ୍ୟ କଳାଯୁକ୍ତ ପ୍ରଣାମ ପୁରୁଷ ପ୍ରଫେସର ଅରୁନ୍ଧ ସାମନ୍ତ ସାର୍ଙ୍କୁ ଶତକୋଟି ପ୍ରଣାମ ଜଣାଉଛି । ଆଉ ଅତୀତର କଥାଛାଡ଼ି, ଅନ୍ତତଃ ପକ୍ଷେ ଆଜିଠାରୁ ଦେବାର କଳାକୁ ଆପଣେଇ ନେବାକୁ ଶତବାର ଚେଷ୍ଟା କରିବାର ଶପଥ ନେଉଛି ଆଉ ଆପଣମାନେ ମଧ୍ୟ ଏମିତି ଶପଥ ନେବାକୁ ନିବେଦନ କରୁଛି ।

“ Love only grows by sharing .
You can only have more for yourself
by giving it away to others. ”

ଦେବାରେ ଥାଏ ଶାଶ୍ୱତ ଆନନ୍ଦ

ଡ. ନିବେଦିତା ମହାନ୍ତି



ଶାନ୍ତି ସୁଖ ଆଉ ଏକତାର ବାଉଁଶ ପ୍ରଚାର କରିଥିବା ମହାମାନିଷୀ ଗଣ ଆଜି ଧରାଧାମରେ ବିଦ୍ୟମାନ ନଥିଲେ ମଧ୍ୟ ସେମାନଙ୍କ ମୁଖନିଃସୃତ ‘ବସୁଧେବ କୁଟୁମ୍ବକମ୍’ର ଅର୍ଥ ଆମମାନଙ୍କ ଆଗରେ

ପ୍ରତିଭାତ । ବୁଦ୍ଧ, ଯାଶୁ, ଗାନ୍ଧୀ ପ୍ରଭୃତିଙ୍କ ତ୍ୟାଗ, ତିତିକ୍ଷାର ଅମାୟ ଧାରା ଏ ବିଶ୍ୱର କୋଣ ଅନୁକୋଣରେ ପ୍ରବାହିତ । ଭାରତୀୟ ସଂସ୍କୃତି ଭୋଗ ଠାରୁ ତ୍ୟାଗକୁ ଚିରକାଳ ମର୍ଯ୍ୟାଦା ଦେଇଆସିଛି । ଯୁଗେ ଯୁଗେ ସମଗ୍ରମାନବ ସମାଜକୁ ପ୍ରେମ ଆଉ ଭଲପାଇବାର ସୂତ୍ରରେ ଏକାଠି ବାନ୍ଧି ରଖିବାର ପ୍ରଚେଷ୍ଟାରେ ନିଆରା କେତେ ଜଣ ହାତଗଣତି ମଣିଷ, ପୃଥିବୀ ପୃଷ୍ଠରେ ପଦାର୍ପଣ କରନ୍ତି । ମାନବର ସେବାରେ ବ୍ୟୟ କରିଦିଅନ୍ତି ସମଗ୍ର ଜୀବନ । ବାଲ୍ୟ କୈଶୋର, ଯୌବନ ଓ ବାର୍ଦ୍ଧକ୍ୟ ତାଙ୍କ ଜୀବନରେ କୌଣସି ପ୍ରଭାବ ପକାଇ ପାରେନି । ଜୀବନର ଆରମ୍ଭରୁ ମଣିଷକୁ ଅପୂରନ୍ତ ଭଲପାଇ ତାର, ଉନ୍ନତି, ପ୍ରଗତି କଷ୍ଟେ ଅହରହ ଚିନ୍ତା କରୁଥାନ୍ତି । ଆଜି ସମାଜ ବାସ୍ତବିକ କଲୁଷିତ ହେବାରେ ଲାଗିଛି । ଜୀବନର ମୂଲ୍ୟାବୋଧ ମଣିଷପାଖରୁ ଦୂରେଇ ଗଲାଣି । ଟେକ୍ନୋଲୋଜି ଓ ଡିଜିଟାଲ ଦୁନିଆରେ ଆଜିର ଯୁବ ପୀଢି କେବଳ ନିଜସ୍ୱ ଚିନ୍ତାରେ ବ୍ୟସ୍ତ । ନିଜ ଚାକିରୀ, ପଇସା, ଅୟସ ଆରାମ ଭିତରେ ଚତୁର୍ପାଶ୍ୱରେ ଥିବା ଦୈନ୍ୟ, ଅଭାବ, ଯନ୍ତ୍ରଣାର ସ୍ୱର ତାଙ୍କ କାନରେ ବାଜୁନି । କିନ୍ତୁ ଯୁଗେ ଯୁଗେ ସଂସାରର ସ୍ଥିରତା ଆଉ ମାନବର ଦ୍ରାଘ କର୍ତ୍ତା ଭାବରେ କେହି ନା କେହି ଯୋଗଜନ୍ମା, ଦେବଦୂର ଗୁଣ ନେଇ ଜନ୍ମିଥାନ୍ତି ଏ ଧରାଧାମରେ । ଗନ୍ଧ ଲାଗୁଥିଲେ ମଧ୍ୟ ନିରାଟ ସତ୍ୟ । ମଣିଷର ଆଶା ବିଶ୍ୱାସ ଓ ଶାନ୍ତିକୁ, ବିଶ୍ୱର ଆଦିବାସୀ ଦରିଦ୍ର

ନିଷ୍ପେକ୍ଷିତ ଆଉ ଶିକ୍ଷାର ଆଲୋକରୁ ବଞ୍ଚିତ ଏକ ବିରାଟ ସମାଜକୁ ଉଦ୍ଧାର କରିବାକୁ ସତେ ଯେମିତି ସେ ଦିନ କଲରାବାଙ୍କ ଗ୍ରାମରେ ମା ନୀଳିମମାରାଣୀ ସାମନ୍ତଙ୍କ କୋଳରେ ଜନ୍ମ ନେଇଥିଲା ଏକ ଦେବ ଶିଶୁ । ଆଉ ସେଇ ଶିଶୁ ଅନେକ ସ୍ୱର୍ଗୀୟ ଗୁଣରେ ଭରପୁର ହେଇ ୨୦/୨୨ ବର୍ଷ ବେଳୁ ସମାଜର ସେବାରେ ବ୍ରତୀ ରହିଲେ । କିଟ୍, କାମ୍ପସ୍ ପରି ଉତୁଙ୍ଗ ଅନୁଷ୍ଠାନ, ଚିକିତ୍ସାଳୟର ପ୍ରତିଷ୍ଠାତା ଭାବରେ ଯେତିକି ଗୌରବର ସେ ଅଧିକାରୀ, ତା ଠୁ କୋଟି ଗୁଣରେ ବନ୍ଦନୀୟ ଓ ନମସ୍ୟ ସେ, କିସ୍ ପରି ଏକ ନଭଶୁନ୍ୟ ଅନୁଷ୍ଠାନ ଗଢି ଥିବାରୁ । କଳିଙ୍ଗ ଇନ୍‌ଷ୍ଟିଚ୍ୟୁଟ୍ ଅଫ୍ ସୋସିଆଲ୍ ସାଇନ୍‌ସେସ୍(କିସ୍) । ସରଳ ଛଳ ଛଳ ୩୦ ହଜାର ଆଦିବାସୀ ଶିଶୁ, କିଶୋର, ତରୁଣ ଏଠି ନିଶ୍ଚିତ ଶିକ୍ଷାପ୍ରାପ୍ତ ହୋଇ ଖଣ୍ଡିଏ ଖଣ୍ଡିଏ ଚାକିରୀ ନେଇ କର୍ମ ଅଭିମୁଖେ ବାହାରି ଯାଆନ୍ତି । ଇଞ୍ଜିନିୟରିଂ, ମେଡିକାଲ୍ ଠାରୁ ଆରମ୍ଭ କରି ବାୟୋଟେକ୍, ଲ, ଫେସନ୍ ଟେକ୍ନୋଲୋଜି, ଏମ୍, ବି,ଏ, ଫିଲ୍ମ ଟେକ୍ନୋଲୋଜି, ଡିପ୍ଲୋମା, ନରସିଂ, ରୁରାଲ୍ ମ୍ୟାନେଜ୍ ମେଣ୍ଟ୍ ଏମିତି ଯେତେ ପ୍ରକାର ଶିକ୍ଷା ବ୍ୟବସ୍ଥା ଅଛି ତାକୁ ସବୁ ନିଶ୍ଚିତରେ ପଢିବାର ଅପୂର୍ବ ସୁଯୋଗ ସୃଷ୍ଟି କରିଛନ୍ତି, ଅତ୍ୟୁତ ସାମନ୍ତ ମହୋଦୟ । ସମାଜର ଅବହେଳିତ ବର୍ଗର ପିଲାଙ୍କୁ ଶିକ୍ଷା ପାଇବାର ସୁଯୋଗ ଦେଇ ସେମାନଙ୍କର ରହିବା, ଖାଇବା, ପାଠପଢିବା, ପୋଷାକପତ୍ର, ଦୈନନ୍ଦିନ ଚଳଣି ଯାନରେ ଯିବା ଆସିବା ସବୁ, ପିଲାଙ୍କୁ ଯୋଗାଇ ଦିଆଯାଇଥାଏ । ନିସ୍ୱାର୍ଥପର ଭାବରେ ଦେଇଚାଲିବା, ସାହାଯ୍ୟ କରିଚାଲିବା ଯେଉଁ ବ୍ୟକ୍ତିଗତ ଏକମାତ୍ର ଆକାଂକ୍ଷା ସେ ଦେବାରେ ଆନନ୍ଦ ପାଏ । ‘ଆର୍ଟ୍ ଅଫ୍ ଗିଭିଙ୍ଗ୍’ ହେଉଛି ତାଙ୍କ ଦ୍ୱାରା ପ୍ରତିଷ୍ଠିତ ଏକ ବ୍ୟବସ୍ଥା, ଯେଉଁଠି ସାରା ବିଶ୍ୱର ଲୋକଙ୍କୁ ଦେବାର କଳାରେ ସଚେତନ କରାଯାଏ । ମେ ମାସ ୧୭ ତାରିଖ ଦିନ ସାରା ବିଶ୍ୱରେ ଆର୍ଟ୍ ଅଫ୍ ଗିଭିଙ୍ଗ୍ ଦିବସକୁ ପାଳନ କରାଯାଏ । ଦୁଃଖୀ ଦରିଦ୍ର ଅସହାୟ ବ୍ୟକ୍ତିଙ୍କୁ ନିଜର ସାଧ ମୁତାବକ ଦାନ କରିବା, ସାହାଯ୍ୟ

କରିବାକୁ ଏହା ଆମକୁ ସୁଚାଇ ଥାଏ । ପ୍ରଫେସର ଡ଼ ଅରୁଣ ସାମନ୍ତ ସଭିଙ୍କର ପ୍ରିୟ, ସାମନ୍ତ ସାର । ଆବାଲ୍ୟରୁ ପିତୃହୀନ, ଦାରିଦ୍ର୍ୟର କଳାବାଦଳ ଭିତରେ ଛନ୍ଦିହୋଇ, ପଥହରା ନ ହୋଇ ସ୍ୱର୍ଗୀୟ ପଥକୁ ବାଛି ନେଇଥିବା ଡ଼ ଅରୁଣ ସାମନ୍ତ ‘ଦେବାର କଳା’ରେ ସେ ଭରପୁର । ସନ୍ତୁକବି ଭୀମ ଭୋଇଙ୍କ କଣ୍ଠରୁ ଯେପରି ନିର୍ଗତ ହୋଇଥିଲା – ପ୍ରାଣୀଙ୍କ ଆରତ ଦୁଃଖ ଅପ୍ରମିତ x x x x x x x ଜଗତ ଉଦ୍ଧାର ହେଉ, ସେହିପରି ଅରୁଣ ସାମନ୍ତ ସାରା ଜଗତରୁ ଦାରିଦ୍ର୍ୟ, ଦୁଃଖ ଦୂର କରିବାର ଯେମିତି ସଂକଳ୍ପ ନେଇଛନ୍ତି, ସତରେ ସେ ଅନନ୍ୟ ଏକ ଅନୁଭବର ମଣିଷ । ଏଇ ସ୍ୱପ୍ନ ସୌଦାଗରଙ୍କର ବିନିନ୍ଦୁ ରଜନୀ କଟିଯାଏ, ୩୦ ହଜାର ଆଦିବାସୀ ପିଲାଙ୍କୁ ବାସ୍ତା ଫୁଲର ହସ ଚିକିଏ, ଆଉ ମୁକ୍ତାର ଦିନଟିଏ ଦେଖାଇବା ପାଇଁ । ତାଙ୍କ ଭାଷାରେ --

“ସମାଜ ମତେ କରିଛି ବଡ଼
ଶୁଝିବି ରଣ ନ ହୋଇ ଜଡ଼”

ବାସ୍ତବିକ ଏଭଳି ମହାନ ଆଦର୍ଶର କଥା କିଏ ବା କହିପାରେ, ଡ଼ ସାମନ୍ତଙ୍କ ବ୍ୟତିରେକ ?

ପ୍ରକୃତି ମଣିଷକୁ ଅନେକ କିଛି ଦେଇଥାଏ । ବଂଚିବାକୁ ଫଳମୂଳ, ଆହାର, ପାଣିପବନ ସବୁରେ ସମୃଦ୍ଧ କରି ମଣିଷକୁ ଆନନ୍ଦରେ ଜାଇବାକୁ ଦିଏ । ତାର ପ୍ରତିବଦଳରେ ସେ କିଛି ମାଗେନି । ଏ ରହସ୍ୟକୁ ଡ଼ ସାମନ୍ତ ମର୍ମେ ମର୍ମେ ଅନୁଭବ କରିଥିଲେ । ନିଜ ସ୍ୱାର୍ଥକୁ ଛାଡ଼ିଦେଇ ସମଗ୍ର ଜଗତ ପାଇଁ ସେ କର୍ମ କରିଚାଲିଛନ୍ତି । ଯାହା ଲୋକଙ୍କ ମନରେ ଆଶା ବିଶ୍ୱାସ, ଶାନ୍ତି, ସଂହତି ସୃଷ୍ଟି କରି ପାରୁଛି । ତାଙ୍କର ବାଉଁଶ ସମାଜ ପାଇଁ ସମସ୍ତେ ‘କୃତଜ୍ଞ ହୁଅ, କୃତଜ୍ଞ ନୁହେଁ’, ଶିକ୍ଷା ମାଧ୍ୟମରେ ନିଜେ ମଣିଷ ହୋଇ ଅନ୍ୟ କେହି ଅବହେଳିତକୁ ମଣିଷ କରାଇବାକୁ ଚେଷ୍ଟା କରିବାରେ ହିଁ ମାନବ ଜନ୍ମର ସାର୍ଥକତା ରହିଛି ବୋଲି ତାଙ୍କର ଦୃଢ଼ ବିଶ୍ୱାସ, ଯାହାକୁ ସେ କାର୍ଯ୍ୟରେ ଦେଖାଇ ପ୍ରମାଣ କରି ସାରି ଛାଡ଼ି ।

ପରିଶେଷରେ ଏଇ ଶୁଭ ଅବସରରେ ଏତିକି କହିବାକୁ ଛାହେଁ, ଡ଼

ଅରୁଣ ସାମନ୍ତ ଯେଉଁ “ଆର୍ଟ ଅଫ୍ ଗିଭିଙ୍ଗ୍” ପ୍ରତିଷ୍ଠା କରିଛନ୍ତି ଏବଂ ତା ପାଇଁ ଯେଉଁ ବିସ୍ତୃତ ପ୍ଲାନର୍‌ସର୍ମ୍ ସୃଷ୍ଟି କରିଛନ୍ତି, ସେଥିରେ ଆମେ ସାମିଲ ହେବା । ଏବେ ବି ସମୟ ଅଛି, ଆମ ଦେଶର ପ୍ରତ୍ୟେକ ଜନସାଧାରଣ, ଦେବାର କଳାକୁ ଆପଣେଇବା । ଦେବା ପରେ କୌଣସି ପ୍ରତ୍ୟାଶା ରଖିବା ନାହିଁ । ଦେବାଠାରୁ ମହତ୍ କାମ ନାହିଁ ଆଉ କିଛି । ଦେବାରେ ଯେଉଁ ଆତ୍ମସନ୍ତୋଷ ଥାଏ ତା କୌଣସି ସୁସ୍ୱାଦୁ ଖାଦ୍ୟ, ଲୋଭନୀୟ ପୋଷାକ ବା ବିଳାସବ୍ୟସନ ଯୁକ୍ତ ପରିବେଶ ସହ ତୁଳନୀୟ ହୋଇ ପାରେନା । ଆତ୍ମସନ୍ତୋଷର ଅଧିକାରୀ ହୁଅନ୍ତୁ, ଦେବାର କଳାକୁ ନିଜର କରନ୍ତୁ, ଏଇ ବାଉଁଶ ଆଜିର ଏଇ ଶୁଭ ଅବସରରେ । ସାରା ବିଶ୍ୱରେ ଏକ ବିସ୍ମୟ ହେଉଛି କିଏ ଅନୁଷ୍ଠାନ । ଭଲପାଇବାର ମଧୁର ସ୍ୱର୍ଣ୍ଣ ଯାର ବେହରଣ, ଶାଶ୍ୱତ ପ୍ରେମର ଅମଳିନ ବାସ୍ତା ଯାର ପରୁଆର, ଅମୃତ ସେବାର ସୁଦୀର୍ଘ ପରମ୍ପରା ଯାର ପଥଧାର, କର୍ତ୍ତବ୍ୟର କିମିଆଁରେ ଯିଏ ସଦା ଚଳଚଂଚଳ, ଆଉ ତ୍ୟାଗର ପାରାବାରରେ ଯିଏ ସଦା ଧୈର୍ଯ୍ୟ, ସେଇ କିଏ ହେଉଛି ଏକ ଅମୀୟ ନନ୍ଦନ ବନ । ସୃଷ୍ଟି କର୍ତ୍ତା ଡ଼ ଅରୁଣ ସାମନ୍ତ । ଡ଼ ସାମନ୍ତଙ୍କର ସାମନ୍ତ ସମାଜକୁ କିଛି ଦେଇଚାଲିବା ଏବଂ ଦେବାର ମନୋବୃତ୍ତି ଜନମାନସରେ ସୃଷ୍ଟି କରିବାକୁ ସେ ସଦା ପ୍ରୟାସ ରତ । ଯେଉଁ ପରିବେଶରେ ପରସ୍ପର ପ୍ରତି ସ୍ନେହ ଶ୍ରଦ୍ଧା ଓ ଦେବାର ମନୋବୃତ୍ତି ରହିଥାଏ । ସେଠି ଶାନ୍ତି ହିଁ ବିରାଜମାନ କରେ । ଶାନ୍ତି ଯୋଉଁଠି ବିରାଜମାନକରେ ସେଠି ଆଶା, ବିଶ୍ୱାସ ଓ ଖୁସିର ଲହରୀ ପୁରିଉଠେ । ବାସ୍ତବିକ ଦେବାରେ ଯେଉଁ ଆନନ୍ଦ ଥାଏ ତା ଅନୁଭବୀ ହିଁ ଜାଣେ । ତେବେ ଆଜି ଏଇ ଆନ୍ତର୍ଜାତିକ “ଆର୍ଟ ଅଫ୍ ଗିଭିଙ୍ଗ୍”ର ପୂଣ୍ୟ ଅବସରରେ ଆମେ କ’ଣ ଏତିକି ପ୍ରତିଜ୍ଞାବଦ୍ଧ ହେଇପାରିବାନି ଯେ “ଆମେ ନିଃସ୍ୱାର୍ଥପର ଭାବରେ ଅପରର ମୁଖରେ ହସ ଦେଖି ଖୁସିହେବା, ଅସୁବିଧାରେ ପଡ଼ିଥିବା ବ୍ୟକ୍ତିପାଖରେ ପହଂଚିପାରିବା ଏବଂ ଦେବାର କଳାର ବାଉଁଶକୁ ଆମ ଚତୁର୍ପାଶ୍ୱରେ ବିଛାଇ ଦେବାକୁ ବଦ୍ଧ ପରିକର ହେବା ।” ତେବେ ଅମରାବତୀର ବାସ୍ତବତା ନିଶ୍ଚିତ ଆମ ହାତ ପାଆନ୍ତାରେ ରହିବ । ଖୁସିରେ ହସିବ ସାରା ବିଶ୍ୱ ।

ଜୟ ଜଗନ୍ନାଥ



A Tribute to Saint Teresa of Calcutta

On 4th September 2016, Pope Francis canonized Mother Teresa at a solemn ceremony in Vatican City. Nineteen years after her death, she was formally declared as the Saint Teresa of Calcutta. However, for her many admirers around the world, she was already a saint; even a living saint all her working life.

Born in Skopje (North Macedonia) on 26th August 1910, Mother Teresa came to India as a teacher in 1929. She began her journey of serving the poor and the needy in Kolkata in 1948. In 1950, she founded the Roman Catholic religious congregation which later went on to be known as Missionaries of Charity. During her life, Mother Teresa set up many homes for the poor, needy, those dying from AIDS, leprosy and tuberculosis all over India.

On the face of it, she appeared to be an unremarkable woman, average teacher and ordinary nun. But, for a selfless woman who neither sought nor expected recognition, her humanitarian works for the poor and destitute, particularly in India, stand larger than life. In 1979, Mother Teresa received the Nobel Peace Prize "for work undertaken in the struggle to overcome poverty and distress, which also constitutes a threat to peace". She was awarded India's highest civilian award the Bharat Ratna in 1980.

Today, when the world needs a touch of kindness and compassion more than ever, she continues to inspire enormous influence and hope around the world. She epitomized selfless giving and her words still remind us to love, smile and help the needy. She will remain in the hearts of people forever.

“ It's not how much
we give but how much love
we put into giving. ”



#HelpTheHelp

Serve Those Who Serve You

About #HelpTheHelp

Maids belong to the category of unorganized labour. Obviously, they do not have any of the benefits that normal employment offers. But they are what we like to name them "HELP".

Yes, they are the help we need everyday to function. So, the sooner we acknowledge that our maids are humans who need to be treated well, the better it is for us. This 75th year of Independence, we initiate this campaign for it is real independence when all are treated well and equal because we all are human beings.

At AOG, we have always pushed the envelope of humanity, compassion and kindness forward. We don't believe in charity. We choose dignity over charity. This month's Art of Giving theme revolves around showing some dignity to the Help who has been helping you. We are #HelpTheHelp.



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#HelpTheHelp

Serve Those Who Serve You

Why ?

Usually, we ask our maids to make our meals. If not that, we usually give our leftovers to the house help. The AOG community is here to reverse the process. We urge you to make a meal for your maid. The meal has to be something the maid likes so that they for once can enjoy the food without making it. Let us give them the dignity and show them that we acknowledge the help they are giving.



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#HelpTheHelp

Serve Those Who Serve You

How to Participate ?



Make a the favourite meal for your maid.



Feed her/him or give her/him food



Click a picture and tag AOG with the hashtag #HelpTheHelp



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AOG Activity for 15th August - 15th September




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Serve Those Who Serve You

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