



International Day of Art of Giving

17th May 2023 | Helping The Help - Serve Those who Serve You

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WORLD LEADERSHIP ACADEMY ART OF GIVING

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Helping The Help

Serve Those who Serve You



Art of Giving

— A philosophy of life

Art of Giving is all about creating an unconditional and sustainable abundance of love, peace and happiness and contentment for others through gestures of kindness and generosity. It was founded by **Shri Achyuta Samanta** on **17 May 2013**. The key to peace and happiness lies in unlocking the Art of Giving in each individual. It is a not-for-profit initiative for spreading, supporting and promoting the practice of the art of giving around the world.

Our aim is to promote the values of giving, compassion, and empathy among people around the world, and to create a culture of philanthropy that transcends boundaries.

Every single day, each one of us are working together to unleash the power of giving to ensure a better tomorrow. If you resonate with the cause and our cause is your passion, join us and let us together, attempt to make a better world.

artofgiving.in.net/register



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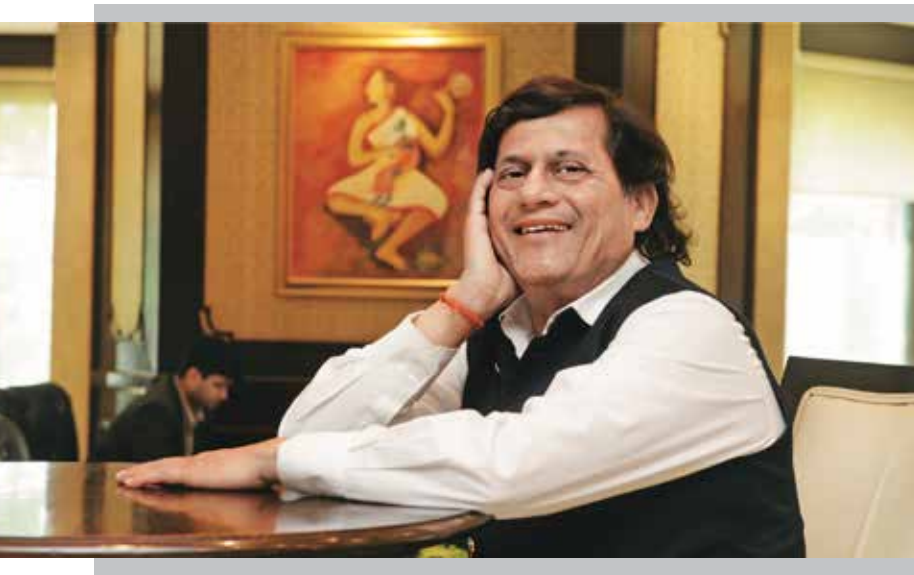
Principles of Art of Giving

Art of Giving is not limited to a single day or a particular way. The profundity of one's kindness and generosity can reverberate through eternity. The act of giving is not solely a function of material wealth, for the greatest gift one can offer is the tenderness of words, the warmth of companionship, or the selfless gift of one's time. One need not be affluent to partake in the Art of Giving. Indeed, the spirit of giving emanates from the depths of one's heart, with no ulterior motive or calculation. A life lived in the spirit of the Art of Giving is a life of fulfillment, purpose, and sacrifice. It is a life well lived, which generations will cherish.

I have learned that giving is not about how much we have, but rather about the intention behind our actions. When we give with a pure heart, even the smallest act of kindness can have a profound impact on those around us.

Prof. Achyuta Samanta
Founder- KIIT, KISS and Art of Giving

Prof. Achyuta Samanta is a visionary educationist and global humanitarian dedicated to transforming the lives of underprivileged people and communities through his social work in the field of education, tribal uplift, healthcare, rural development, women empowerment and sustainable development.



From the Editor's Desk



I launched the innovative concept of "Art of Giving " on 17.05.2013 to spread the message of cooperation, happiness, peace & camaraderie the world over. Since that day on May 17th this day is celebrated around the world as, "International Day of Art of Giving" in various places. This year the 10th anniversary of "International Day of Art of Giving" is being organized in -120- countries as well as in India. It is also being celebrated in -30- district head quarters, -35- towns as well as in nook & corner of Odisha. The theme for this year is "Helping the Help". The fans, followers & well wishers of the concept of "Art of Giving" are also celebrating it in each block & Gram Panchayat of Odisha.

This year we are also felicitating & honoring various categories of service providers like the Asha Workers, Angan wadi workers, Auto/Ambulance drivers, Traffic Police & Municipality workers who provide support to the common people across the length & breadth of rural & urban centres. In simple words "Art of Giving", is an effort to provide love, affection, peace, happiness & satisfaction to others with the divine qualities of benevolence & piety. I developed these qualities from my very childhood though I faced the drudgery of poverty & deprivation having lost my father at the age of five. I struggled in those dark days & did petty odd jobs to support myself & the family. Yet I loved to share my little things with the needy & helpless people of my village from my meagre earnings.

World over more than two crore fans & followers spread the message of "Art of Giving" round the year. We have coordinators & conveners in five hundred places across -120- countries. In all the states of India as well as in Odisha we also

have block & Panchayat level coordinators.

It is needless to mention that, "Art of Giving" is not a new thought process. It is being followed & practiced for hundreds of years in human societies. All world religions have given due importance to "Giving" & are replete with vivid descriptions. A benevolent bent of mind is the cradle of spiritual life. "Giving" without any expectation of return finds a paramount place in the Indian culture, heritage & is well documented in spiritual texts.

The "Art of Giving" community is working to spread the humane quality of "Giving" in the society. The concept is based on the philosophy of supporting others without any expectation of return. It is a matter of happiness that crores of people across the society are motivated by this concept & have joined this mass movement. "International Day of Art of Giving" reminds us that we can bring positive changes in other people's lives by simple deeds of piety, love, gratitude. "Art of Giving" is a shining example of how the simple noble deeds of one person can contribute towards creating a beautiful, compassionate & humane world, which is the need of the hour.

I hope that this current quarterly issue of the "Art of Giving" magazine which depicts our journey over the decade & also other features will motivate all to do more for propagating the concept. I welcome you to join the movement for strengthening this great & noble cause.

(Achyuta Samanta)
Founder, Art of Giving



International Day of Art of Giving

The International Day of Art of Giving, observed on the 17th of May, marks a significant moment in the history of giving. It commemorates the day when Prof. Achyuta Samanta, the distinguished educationist and philanthropist, had a moment of profound insight that led him to initiate a movement that promotes Art of Giving.

On the 17th of May 2013, **Prof. Achyuta Samanta**, who had undergone hardship and deprivation in early childhood, experienced an epiphany that changed his life and inspired him to spread the message of generosity and compassion. Taking a cue from his own experiences, he comprehended the transformative power of giving and how it could alleviate the suffering of those in need. Through his own experiences, he comprehended that the act of giving not only enriches the recipient but also acts as a blessing for the donor, making them fulfilled. Since then, the 17th of May is being celebrated as the International Day of Art of Giving, the world over.

AOG Day 2023 Theme

For AOG Day 2023, the global campaign theme is **#Helping the Help**

Let us imagine a world where



Art of Giving is as natural as the flow of a river and the unsung heroes are celebrated as the stars in the sky.

Imagine a garden of kindness where the helpers are the flowers that bloom, and the **Art of Giving** is the sunshine that nourishes them.

Let's build a castle of compassion where the helpers constitute the foundation, and the **Art of Giving** is the cornerstone that holds all together.

Let's make helpers (who bring light to the world) really happy and spread their message of love this International Day of **Art of Giving 2023**.




The Art of Giving's theme for 2023 is "**Helping the Help**," which aims to recognize and support those who have dedicated their lives by helping and serving others. It calls upon us to acknowledge and appreciate the contributions of these unsung heroes from the small towns & villages whose selfless efforts often go unnoticed. These individuals can be anyone from our immediate surroundings or from organizations working towards making the world a better place. The theme urges people to express gratitude and bring a little joy into their lives, emphasizing the importance of recognizing their work and the impact they do make. Let us celebrate this year's **Art of Giving** by showing appreciation to those who tirelessly help and serve us.

Key Figures


AOG community worldwide celebrates International Day of Art of Giving on 17 May and are actively involved in activities related to giving throughout the year. This year on **17 May 2023**, the celebrations will take place in more than **15000** locations across the globe, India and Odisha.



World
6 CONTINENTS
120 COUNTRIES
350 LOCATIONS



India
29 STATES
4 UTIS
3500 LOCATIONS
200 CITIES & TOWNS



Odisha
30 DISTRICTS
25 MAJOR CITIES & TOWNS
300+ BLOCKS
5000+ GRAM PANCHAYATS
10,000 LOCATIONS

AOG COMMUNITY

- Well-Wishers
- Staff
- Students
- Alumni
- Sports Associations abroad, in India and
- Odisha
- Civil Society Organisations
- Youth Clubs
- National Youth Volunteers
- 500 + Corporate Organisations
- 500 + Schools
- 50 Universities in India
- 15 Universities

The sun asks for nothing
In return of its rays
flowers demands for nothing
In return for its aroma
No selfishness is ever near
the heart of giver
the beat of his heart
Is sweet and loving
His actions are called
Art of Giving

Achyuta Samanta has tied
threads of promise
in his hands
Marching forward
As a messenger of god
doing social good
Away from the top and bottom
Away from discrimination

the beat of his heart
Is sweet and loving
His actions are called
Art of Giving...

AOG Theme Song

Spiritual Scape



The Art of Giving is a noble cause that transcends all barriers and touches every soul in the society irrespective of caste, creed or religion. There is no difference between the commoner and the cosmos and the quality of AOG. The AOG is like pulling down heaven on earth.

Prof. Ganeshi Lal

Hon'ble Governor of Odisha (17th May 2022)



Compassion is intrinsic in human nature. All seven billion people of the world have come from mothers. Our lives start with mothers' love. So we all must share love. Let the 21st century be the century of compassion and peace

His Holiness The 14th Dalai Lama

(21st November 2017)



I believe success is one magic word. If you can get one magic word right, achievement is just a consequence. One word that transforms our life is Attitude. If you get this right, everything will be right. If you get it wrong, everything will be wrong.

Prabhu Gaur Gopal Das

Life Coach, Monk, Spiritual Leader, & Motivational Speaker
(10th November 2018)



The purpose of education is to build a strong personality that is equipped to convert new challenges into opportunities and broadmindedness and humility to continue learning forever

His Holiness Gurudev Sri Sri Ravi Shankar

(21st November 2020)



The most important thing to be developed through education is compassion towards our fellow beings. Amma heartily applauds Prof. Achyuta Samanta, Founder, KIIT & KISS as he has chosen to offer his humanitarian service in 'Kalinga'.

Sri Mata Amritanandamayi Devi (Amma)

Spiritual Leader, Guru & Humanitarian (14th August 2021)



Swami Vivekananda would have been very happy to see all these – thousands of students from tribal communities studying together in KISS and such a huge transformation happening in their lives, and in the community, state and the nation. Dr. Achyuta Samanta, Founder, KIIT & KISS exemplifies what one can achieve with self confidence, focus and selflessness. The more you think for others and the more you do for others, the happier you will be immediately and lastingly, just like Dr. Samanta".

His Holiness Swami Sarvapriyananda

Minister & Spiritual Leader, Vedanta Society of New York
(29th March 2022)



Warm-heartedness is the key to solving most of the problems the world is facing today. One can find solace and strength in the cultural tradition of development of wisdom and compassion that is simply called warm-heartedness. It can be a perfect solution for a world that has fallen apart today so much unfortunately. Visiting KISS is just like undertaking a pilgrimage to the temple of Humanity, where “Compassion is in action” ushering in happiness & peace for a better tomorrow

His Holiness Gyetrul Jigme Rinpoche

Master of Tibetan Buddhism and Spiritual Director of the Ripa International Center (4th July 2022)



I really appreciate what Dr. Achyuta Samanta has done. It is not a small thing. It is an outcome of real hard work with a clear heart and purpose. Such things have the potential to transform the country

Swami Mohan ji

(28th February 2023)



Don't wait for others to bring about positive change. The future is in your hands. Like Dr. Samanta 25 years back he thought about doing something. And now in 25 years the whole world has changed in Odisha. Now he is going to the global reach and giving us a new vision - not only to the political leaders, but also to spiritual leaders

Her Holiness Swami Suryaprabha

Minister of Religion at the Brahmrishi Mission, UK(14th April 2023)

AOG Over the Years

Themes

2014 - Society, Spirituality, Humanity

2015 - Kompassion: The Garment Bank

2016 - Connecting with the World and Self through practice of gratitude

2017 - Cyclothon to spread a message of healthy living and green future

2018 - Pyaar Bhara Pack - Feeding with love

2019 - Bag of Happiness

2020 - AOG Fights Corona

2021 - My Mother My Hero

2022 - Hope, Happiness and Harmony

Art of Giving

A philosophy of life

Over The Years

2014



2015



2016



2017



2018



2019



2020



2021



2022



The way ahead

- Establishing **1000 AOG Centres** Across India and World
- Introducing **AOG Curriculum** in Schools and Colleges
- Affiliation with Universities for creation of **AOG societies** and integration of AOG curriculum
- Conducting Events **Throughout the Year**
- Dedicated **Secretariat** for Social Work

AOG Chronicles

English
Odia
Hindi

Prof. Achyuta Samanta
not only a great personality
but also a true ideal



Dr. Nandita Pathak

Dr. Nandita Pathak is a renowned social entrepreneur and the Founder Director of Udyamita Vidyapeeth & JP Foundation in Madhya Pradesh. She has been instrumental in transforming the economic conditions of the most underdeveloped regions of Chitrakoot - Gonda in Uttar Pradesh/Madhya Pradesh. On 25th February 2023, Dr. Pathak visited KIIT & KISS to receive the Social Change Maker Award at the Second World Leadership Convention organized by World Leadership Academy and KIIT University. Below is a translated version of her acceptance speech where she shares her thoughts on Prof. Achyuta Samanta, the Founder of KIIT & KISS.

In my opinion, Kalinga Institute of Industrial Technology (KIIT) and Kalinga Institute of Social Sciences (KISS) are an ocean of education. People go on a pilgrimage to four dhams, seeking energy from Badrinath, Kedarnath, Kashi Viswanathji, and Puri Jagannath Swamiji, and strive to unite the world with that energy. Ever since I visited here, I have felt that the two universities - KIIT University and KISS University - are no less than a dham. I have seen very little of these two great institutions. However, I believe that just as people go on a pilgrimage to four dhams, everyone should visit KIIT and KISS to immerse themselves in the ocean of education. Only then can we unite the world.

I express my heartfelt gratitude to the Founder, Prof. Achyuta Samanta for creating such a remarkable place. I can say that he is not only a great personality but also a true ideal. I pay my deepest respect to him for his noble vision that has made this huge creation possible. What's truly remarkable is that he works under a tree amidst beautiful natural ambiance. Such noble imagination can only come from a broad-minded person who believes that the whole world is a family, as it is said "अयं निजः परो वेति गणना लघुचेतसाम् | उदारचरितानां तु वसुधैव कुटुम्बकम् ||"

“अयं निजः परो वेति गणना लघुचेतसाम् |
उदारचरितानां तु वसुधैव कुटुम्बकम् ||”

उपनिषद्

Prof. Achyuta Samanta believes in the message, "कर्मण्येवाधिकारस्ते मा फलेषु कदाचन।" (You have the right to work only but never to its fruits). It is a profound one. But I am grateful to KIIT for honoring me with recognition, which is something that everyone works for. It will remain a cherished memory for me. May God give power. I believe that whether it is an imagination of सर्वभूत हिते रता or सर्वे भवन्तु सुखिनः । सर्वे सन्तु निरामयाः । सर्वे भद्राणि पश्यन्तु । मा कश्चित् दुःख भाग्भवेत् ॥, everything is being realized at KIIT and KISS. It is an absolute pleasure to experience it here. I express my gratitude to all.

Without a mother's blessings, a child cannot achieve anything. Prof. Samanta experienced poverty during his childhood. Now, despite earning enough to live in luxury, he chose to dedicate his life to the service of the underprivileged. This desire to make a difference comes from his own experiences of extreme poverty during his childhood. Today, he is being recognized as a world leader and serves as an inspiration to many.

When I was coming here, people told me that KIIT University is a very big university with a huge campus. When I saw it, I felt that it is much more than an education hub; it is an ocean of education. It is the result of the passion & dedication of Prof. Samanta who has created the unthinkable. However, Prof. Samanta is humble enough to acknowledge all the achievements as Blessings of the Almighty.

The Art of Giving:
Empathy, Compassion,
and Kindness in
a Changing World

Shri. Satya S. Tripathi



The “Art of Giving” is a beautiful practice that helps us connect with our fellow human beings, other plant and animal species, and the planet we live on. It is a practice that is rooted in empathy, compassion, and kindness, and can teach us to give back to Mother Earth and humanity.

The theme of this year's Art of Giving Day, "Helping the Help," underscores the importance of recognizing and supporting the everyday heroes who make our lives easier. These heroes may include healthcare workers, teachers, and others who have worked tirelessly during the recent pandemic to keep our society functioning. By taking the time to identify and appreciate these individuals, we inculcate a sense of gratitude towards those who selflessly serve others, and inspire people to follow in their footsteps.

However, giving is not always easy. In today's fast-paced and often self-centered world, it can be difficult to prioritize the needs of others over our own desires and needs. Additionally, many people feel that they simply don't have the resources or time to give to others. But whether it's offering a kind word to a stranger, donating a few dollars to a charity, or volunteering for an

hour a week, every little bit helps. Every time we offer a helping hand, lend an ear to someone who needs it, or simply smile at a stranger, we are practicing the "Art of Giving." These small acts of kindness may seem insignificant, but they can have a ripple effect that extends far beyond their immediate impact. They can inspire others to pay it forward, creating a chain reaction of positive energy that can uplift entire communities.

The act of giving can also be incredibly rewarding for the giver. Studies have shown that people who give tend to experience increased happiness, improved physical health, and a greater sense of purpose in life. When we give to others, we cultivate a sense of empathy and compassion that allows us to connect more deeply with the world around us. My personal experiences have taught me the importance of the “Art of Giving” in creating a better world for all.

In a world that often values individual achievement over collective well-being, the Kalinga Institute of Social Sciences (KISS) serves as a powerful example of the transformative impact of the "Art of Giving"

philosophy. KISS provides free education - from primary education to doctoral research - and holistic support to over 30,000 indigenous and underprivileged children in India. Through its focus on empathy, compassion, and kindness, KISS empowers young people to become change-makers in their communities and beyond.

At the heart of KISS's approach is the belief that education is a fundamental human right, and that every child deserves access to quality education regardless of their socio-economic background. By providing free education, food, healthcare, and accommodation to its students, KISS not only breaks down barriers to education but also fosters a sense of community and belonging among its students. This approach has been incredibly successful, with KISS alumni now occupying positions of influence in a wide range of sectors, from politics to policy to sports to entrepreneurship. By encouraging students to be empathetic and compassionate towards their peers and the wider community, KISS instills a sense of responsibility towards giving back to society. This not only leads to greater social cohesion but also to a sense of purpose and fulfillment for the individual. KISS's success is a testament to the power of education in creating a more just and equitable world, one that values collective well-being over individual achievement.

As we confront the pressing challenge of climate change, the "Art of Giving" philosophy has never been more relevant. With its emphasis on collective responsibility and individual action, this approach can play a critical role in the global effort to combat climate change. By encouraging people to reduce their carbon footprint and support

local initiatives and organizations focused on reducing carbon emissions, we can work together to create a more sustainable future. To be an effective giver, one must be able to put oneself in the shoes of others and understand their needs and aspirations. This requires an open heart and an open mind. In a time where many individuals are feeling disconnected and overwhelmed, practicing the "Art of Giving" can provide a sense of purpose and direction.

It is important to reiterate that the "Art of Giving" is not just about donating money or material possessions but also about giving time, skills, and knowledge to uplift others. We must adopt a holistic approach to giving, where we consider the long-term impact of our actions on the environment and society. By empowering others through education, training, and mentorship, we can trigger a positive chain reaction that benefits both individuals and communities.

For me, the "Art of Giving" is not just a philosophy but a way of life. I believe that through empathy and compassion, we can create a more harmonious world that is in sync with nature. Mahatma Gandhi famously said: “Earth provides enough to satisfy every man's needs, but not every man's greed.” This serves as a reminder that we must curb our greed and shift our mindset from individualism and materialism to community and environmental consciousness. The “Art of Giving” is an important cornerstone in acting responsibly and compassionately towards each other, and the planet. By prioritizing the needs of others and cultivating a sense of compassion and empathy, we can all become more effective and fulfilled givers.



Art of Giving

— A way of life

Prof. Achyuta Samanta

Founder- KIIT, KISS and Art of Giving

Art of Giving (AOG) is a philosophy of life that aspires to promote happiness and peace in the world. It starts on the premise that it is a basic human desire and nature to seek happiness and peace. But in the course of material pursuits, sometimes human beings as the most evolved characters lose this intrinsic habit and get jaundiced by self-interests.

It is solely for this reason that AOG should be consciously practised so that there is proliferation of peace and happiness in the world. It is an attempt to heal the world and create a sea-change by spreading the message of Hope and Harmony transcending borders, castes, creed, nationality strengthened by the bonds of humanity.

Giving is a selfless and helpful action motivated by the desire to help another person without the expectation of any reward or even an avoidance of punishment in return. It is a natural instinct in humans, which if practiced can help create a society where peace and compassion takes centre stage. It is through practicing these principles of AOG, that society can create a space of sustainable co-existence. This forms the origin, evolution and growth of AOG.

we have empowered about two million lives through quality education and empowerment. In fact, I started giving and sacrificing at the age of five, when I was penniless. This selfless giving throughout my life culminated in “Art of Giving” to give to the world a philosophical and action-oriented framework to experience the joy of giving on 17 May 2013, and since then AOG has become a civic movement- a volunteer-based campaign we have empowered about two million lives through quality education and empowerment. In fact, I started giving and sacrificing at the age of five, when I was penniless. This selfless giving throughout my life culminated in “Art of Giving” to give to the world a philosophical and action-oriented framework to experience the joy of giving on 17 May 2013, and since then AOG has become a civic movement- a volunteer-based

campaign to make people aware of the art of giving. My experiences of deprivation taught me the true transformative power of giving, and it was from these experiences that the Art of Giving was born with a deep desire to help those who are less fortunate and spread peace, joy, and harmony in the world. The real objective of AOG is not just to give money or materialistic support to the ones who need but to help someone with dignity, not charity and bringing joy to their lives. One cannot deny the power of patient hearing and sweet words that can give solace in a crisis.

Art of Giving took the form of a trust that works on the cause of promoting positivity, kindness and compassion and expressing gratitude to the ones who give. In a world, where there is immense pain, misery and deprivation, yet plethora of wealth and riches, Art of Giving provides a platform to connect the ones who need it and one who have enough to give but do not find a right way to contribute. Art of Giving provides a trustworthy platform for people to give with discernment and encourage the habit of giving. It has been proven scientifically too, that when we give, we are in the state of happiness. More and more people worldwide are joining the movement to spread the message of peace & happiness in the world.

For the last nine years, Art of Giving community, consisting of well-wishers and those inspired by it, celebrate 17 May as International Day of Art of Giving on themes like Society, Spirituality, Humanity and to unite the three through art of giving in 2014, Kompassion: The Garment Bank to donate old recyclable clothes and other material to the needy in 2015, Connecting with the World and Self through practice of gratitude in 2016, Cyclothon to spread a message of healthy living and green future in 2017.

Post the year 2017, the family of Art of Giving rose from thousands to millions with the introduction of community contribution for community building. The numbers grew exponentially and so did the volunteers. Since then AOG has been what it was always meant to be: by the public, of the public and for the public. In 2018, Pyaar Bhara Pack was a huge success. Over 20 million meals were distributed. In 2019, Bag of Happiness united people together by gifting happiness kits to the students. Struggling during the pandemic, in 2020 the theme was AOG Fights Corona to acknowledge the COVID warriors and help victims. In 2021, the theme was “My Mother My Hero” wherein the AOG community wrote gratitude letters to mothers, the givers. In 2022, “Hope, Happiness and Harmony” was

the theme to connect and support each other through simple acts of love, compassion, empathy, kindness and gratitude. This year, with the completion of a decade of Art of Giving the theme is “Helping the Help”.

With over 20 million followers and 1.5 million members, the AOG family has grown exponentially. The conveners from over 300 locations in 120 countries across the globe, all states in India and all panchayats and blocks of Odisha work throughout the year for spreading the message of Art of Giving and Volunteerism. Through social media, AOG has touched around 10 million lives and with a huge follower base that interacts virtually, and aims to unite the world by the spirit of giving.

Every day, AOG strives to make this world a better place. AOG works on numerous humanitarian projects and service initiatives including: disaster relief, sustainable rural development, empowerment of women, environmental sustainability, healthcare camps and promotion of democracy. The young, dynamic, and committed volunteers are charged with the mission of harnessing the power of love and compassion to make a large-scale social impact.

Art of Giving is not a new concept; it has been practiced for centuries. Needless to say, charity is an important tenet of every religion, because compassion is essential for spiritual life. In Indian scriptures, 'daan' or charity occupies a very prominent place. Every religion preaches the same ideology of philanthropy, be it the Quran's “sadaqa” or “zakat”, Buddhism's charity to the needy; Jainism's charity of offering food, saving lives of others in danger, distributing medicine and spreading knowledge; Judaism's Tzedakah meaning justice or righteousness to denote charity; Christianity's expression of charity as an essential component of faith and Zoroastrianism that considers poverty and suffering as an affliction of evil; hence it is the duty of every individual to fight this evil.

The Art of Giving community has brought a fresh perspective to the concept of giving back to society. The organization's philosophy of giving without expecting anything in return has touched numerous lives and has inspired millions to join the cause. The International Day of Art of Giving serves as a reminder to all of us that we can make a positive difference in someone's life through simple acts of kindness, love, and gratitude. The Art of Giving community is a shining example of how one person's actions can have a ripple effect and change the world for the better.

People Strategy in Vuca World & Art of Giving

Dr. Chinmaya Ku. Das



ABSTRACT:-

VUCA as an acronym was introduced by the US Army War College to explain the uncertain & radically different world order that was ushered in after the end of the Cold War & more specifically following the 09/11 terrorist attack on World Trade Centre in 2001. This was basically used to describe the new, unfamiliar, complex & unpredictable security environment that emerged in the global stage concurrently. Consequently the term was used increasingly as a business lexicon in the corporate world to formulate strategies amidst unpredictable uncertainties. Traditionally, the environment including work life and personal life has always been beset with uncertainties, much before the world has been termed as VUCA. (Volatile- any change is swift, expeditious & unforeseeable in its essence & scope, Uncertain-the present is ambiguous & the future is unknown, Complex-Many varied, relevant factors come into play, with potential to cause uncertainty and indecision, Ambiguous-there is lack of lucidity, coherence & consciousness about evolving circumstances). VUCA is the sine qua non of a constantly & abruptly changing business & private world. It may not be out of place to mention here that, Bob Johansen the author of the award winning book; “Leaders make the Future: Ten New Leadership skills for an Uncertain Future” had first introduced and mooted VUCA for the business world. In this book the author presents that living in a VUCA world presents both threat & opportunity. Visionary leaders will seamlessly transform a volatile scenario into vision, uncertainty into comprehension, complexity into precision and ambiguity into agility.

Now let us discuss the concept of “Art of Giving “.

It is noteworthy that the noble idea of “Art of Giving” that was floated way back in 2013 by eminent educationist & philanthropist Prof. Achyuta Samanta to spread peace & happiness in the society has taken deep roots & has already entered the 10th year of its celebration worldwide. Prof. Samanta developed the idea from his childhood experiences. Lately it has taken the shape of a mass movement & the changes that the concept has ushered in across the globe are really phenomenal. It is needless to reiterate that we are living in one of the most turbulent & testing times of human history be it manmade disasters, climate change or conflicts across nations & overall crisis in leadership be it government, corporations etc. tearing apart the very fabric of human civilization. We firmly believe that the concept of “ Art of Giving” will certainly help us tide over this critical times as the idea forms the very basis of ushering in a more compassionate & humane world.

MANAGING IN A VUCA WORLD:-

These uncertain times have established that there is no space left for traditional operational style of functioning. When uncertainty is as fast paced as the recent COVID pandemic, there is no time for planned intervention. The role of leaders has assumed increased importance to navigate through disruption. Here again we can take some ideas from Bob Johansen. He had proposed responses to VUCA threats as follows.

i) Accepting & embracing change without resistance ii) developing clear, shared vision of the future iii) reviewing & evaluating iv) simulating & experimenting with situations by crisis/scenario planning v) communicating clearly vi) developing teams to promote collaboration vii) promoting flexibility, adaptability & agility viii) encouraging people to think out of box ix) Introducing job rotation & cross training x) developing collaborative work culture/environment with consensus xi) Rewarding innovations & calculated risk taking moves. While functioning in a VUCA environment, we are often confronted with twin options. Either we can surrender to the new environment or we may decide to manage it to mitigate the after-effects. The pandemic has taught us in a hard way that we cannot remain complacent. We have got to increase our ability to constantly learn, evolve & navigate forward progressively with relevant people strategies.

PROGRESSIVE PEOPLE STRATEGIES

- 1. Supporting people’s resistance towards change:** It is a natural tendency of performers, to not show any discomfort towards uncertainty & change. It is perceived as a barrier for learning, performance & growth. Leaders should show their concern & sensitivity to appreciate this to help people to accept change faster.
- 2. Understanding the difference between inevitable and avoidable:** A step towards seamless acceptance of change establishes a clear demarcation between inevitable changes & changes that can be avoided. This strategy in turn limits the discomfort to challenges, which can be adopted for sustenance.
- 3. Aiming for progress in place of perfection:** leaders who try for implementing a perfection oriented work culture seldom succeed, as people cannot keep pace with the leaders & adapt to the challenges. Failures are to be accepted as part of the efforts while navigating through unpredictable times.
- 4. Resisting quick fix solutions:** High performing leaders often prefer action & speed while countering uncertainties & complex challenges. Leaders have to work at a pace which will balance their need for action with ability to understand and appreciate the core problem & their own pre-conceived bias.
- 5. Increasing transparency and collaboration:** Leaders should strategically counter all challenges with the involvement of people from all levels of hierarchy, to minimize the element of doubt while negotiating challenges. This in turn will create numerous perspectives towards finding plausible solutions & expedite change.
- 6. Practising “ Art of Giving”:** The concept of “ Art of Giving ” motivates people to help each other , make the management of corporate houses more humanistic & above all create an unique bonding amongst the workforce to create

more value & contribute towards the community. The major changes that are visible across organizations are as follows:

- Customized wellness programs to handle stress levels more effectively.
- Re-skilling and up-skilling on a continuous basis as a pre-requisite for efficient functioning of business operations.
- Digitalization of work processes amidst technological interventions.
- Open communication channels between employers & employees with regular feedback.
- Positive work environment through flexible work culture.
- Leaders leading by example- they exemplify inclusive behaviour for employee experience, equal opportunity work culture & zero tolerance for any discrimination.
- Efficient hybrid working models - Revised work flow set ups in sync with situations will not deprive employees of career advancement opportunities.
- Targeted Learning & Development initiatives to include learning as part of work, to create a sustainable work force.
- Use of appropriate technology & Artificial Intelligence based learning system tools, conducive to work from home & adaptable to hybrid working models.

CONCLUSION:-

It is felt that an inclusive people strategy is the need of the hour to deal with any disruptive environment. It is sincerely hoped that by adopting well aligned relevant strategies, & practising the concept of “Art of Giving “the challenges of the VUCA world can be met effectively. By implementing a “People First” Strategy with employee centricity, organizations can encourage their people to aspire for personal individual success & achievements alongside professional outputs. People basically want to be peaceful & happy to become more productive & effective. We believe that the volatility, Uncertainty, Complexity & Ambiguity in organizational set ups can see a radical change if people centric vision like “ Art of Giving” is practised at all the rungs & hierarchy

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Art of Giving as a philosophy and practice

Prof. Promode Kumar Misra



Story one

I have used, the well-known story reported by an anthropologist when he proposed a game to the kids of a tribe in Africa, in my classes to illustrate the value of sharing among the foragers who are considered to be 'uncivilized'. He had put a basket containing fruits near a tree and told them that whoever got there first would win all fruits in the basket. When he gave them the signal to run they all took each other's hands and ran together, then sat in a circle enjoying their treat. When he asked why they chose to run as a group when they could have had more fruits individually, one child spoke up and said: UBUNTU, how can one of us be happy if all the other ones are sad?

Story Two

My friend Anand Bhanu was doing anthropological fieldwork among the Cholanaikan, a group of foragers of Kerala. I went there to spend some time with him and supervise his work. We had to walk several miles in dense forest to reach a camp of the Cholanaikan. At that time they were classical foragers. They mostly camped in cave shelters. For this trip, Bhanu had selected a tall rock that gave a clear view of the cave in which a band of the Cholanaikan lived for us to camp. Below this rock flowed a beautiful rivulet, the sparkling water of which was not only a lifeline for us but also provided protection against mighty elephants who were regular visitors to the region, though other minor jungle creatures like mosquitos, snakes, and ubiquitous leaches made our life more than interesting. It was my first day, we had raised our tents on the rock and we prepared some tea. I had carried some bread to last us for at least a few days. As we were preparing tea some Cholanaikan children got assembled, say about ten. I wanted to share tea and bread with them. Tea was not a problem though the container was, bread was the main issue. Reflecting back I was certainly stingy and I was not sure how to share my short supply of

bread with all the children. In my cleverness, I tore the bread in half and gave it to the eldest child allowing him to solve the issue. He to my utter surprise passed it to the next child and that child passed on to the next till it reached the youngest. He in turn took a small bite and passed it on to the next who did the same. Eventually, the remaining small piece reached the child from where it all started. That day the Cholanaikan taught me the value of sharing as a principle and a cultural practice, the most important lesson of my life.

Story Three

The Jenu Kuruba are a forest-dwelling tribe of the Mysore district of Karnataka. They are considered expert forest men. They are experts in honey collection. Their skills in cutting timber and clearing forests are widely recognized. They are clever at tree climbing. This ability helps them to collect honey and also saves them from wild animals. They are good at trapping and training wild elephants. The Jenu Kuruba know the forest well. They are fearless and go about in the forest without any arms. They are excellent guides and have considerable knowledge about animals. Briefly, they like the forest and like to do work such as honey collection, timber cutting, tracking in the forest, trapping wild elephants, and training them. Honey collection in the dense forest is hazardous. It requires strong guts, expertise in climbing trees, quick and intelligent reflexes, a supple body, and the ability to devise new techniques for honey collection. Above all, even in the collection of honey, their approach is poetic, humane, and romantic. They consider themselves the son-in-laws of the queen bee. Before touching the beehive they seek her permission by singing songs in her praise and it goes on and on till they feel satisfied that mother-in-law has accepted their appeal. In the song at one stage, they even question how mother-in-law would put their son-in-laws in trouble

and she would not allow her daughters to bite them. They claim that they collect honey without a single sting. Over the years in spite of all their expertise and love for the forest, their freedom to move in the forest has been increasingly curtailed by the authorities which was being further aggravated owing to the construction of a dam across river Kabini on account of which vast areas the forest was going to be submerged. They were in a real crisis. The government was trying to relocate them to colonies constructed for them. That is the time I conducted a quick survey of the Jenu Kuruba in the affected region. At that time their economic situation was grim. I told an elderly Jenu Kuruba that he had to leave his hut and shift to a house built by the government in a colony. Tears in his eyes, he replied that he had grown with the trees around his hut which he would not abandon. After his death, we could do whatever we wanted to do.

Story Four

Dr. R. Balasubramaniam who for years together has done extensive work among the Particularly Vulnerable Tribal Groups (PVTG) in the forest regions of Mysore district writes, 'they are one of the finest peoples that I have met and lived with. Their wants are small, they have never looked at materialistic acquisitions and they always lived in near-perfect harmony with nature. That ended with the Government deciding to intervene many decades ago- and all in the name of protecting the forests and building reservoirs then developing these primitive tribals. Today they live a life that is difficult to describe- living a subsistence life with little or no support from the forest that they have depended on for centuries. The Forest Department thinks of them only when there is a forest fire to douse. At other times, they are seen as encroachers in the forests that they have cherished from time immemorial. They believe in an afterlife and that the spirits of their forefathers are guiding and overseeing their welfare' (Star of Mysore, Saturday 25th July 2015). Balasubramaniam has a large storehouse of stories about the people in the forest and his experience with them. In one of the stories, he writes that he helped a Jenu Kuruba man to grow some fruit trees. After a couple of years, the trees began to yield. One day Balasubramaniam called Mada, one of the Jenu Kurubas who had sown the seeds that there were fruits in his trees which he should pluck now. Mada's reply stunned Balasubramaniam, 'I have plucked the fruits I needed, the rest is for others'.

Story Five

The students of anthropology at North Eastern Hill University Shillong had come to visit the famous village where Professor M.N.Srinivas had conducted his fieldwork near Mysore. I was to take them around the village and introduce them the village life in south India. The previous day, I attended a lecture by an eminent

food scientist at Central Food Technological and Research Institute, Mysore where he illustrated that a huge amount of food is wasted in India on account of out-dated technologies. I was very impressed by his exposition. Next day when I was taking the students around the village that lecture was still very fresh in my mind. We came across the grain-thrashing ground. In that village, at that time the grains were traditionally thrashed by making the bullocks go around a circular shallow pit on which the grain stalks are spread. On this ground, thrashing had been completed a few days ago. I got a good opportunity to illustrate the consequences of wasteful technology as there were still some grains scattered here and there in the crevices of the ground. A middle-aged village woman was listening to me. Though normally the village women are reticent in speaking in public this lady took courage and intervened by asking me a counter question, 'don't you consider that ants, birds, squirrels etcetera also require some food'. That simple question shook me and taught me that what we consider to be wasteful was indeed a deliberate concern for the total environment. These stories from simple people shake the conscience of the so-called civilized people who have categorized the other populations into savages, backward, illiterate, needing development, etc. Those of us who have worked among foragers and simple societies have found them to be the quietest people. No one among them has authority over the other. They are averse to any kind of conflict and if occurs they resolve it by withdrawing from the conflict scene. They normally do not have specialists. Children are taught to learn from direct experience though elders keep a watch on them from the corner of their eyes. This way they do not create dependency. Self-reliance is the objective. Exercising self-control is emphasized from childhood. They live simply and strongly believe in the conservation of natural resources both on principle and in practice. They believe that everyone which includes the entire nature deserves respect, love and concern. Environment is the ever giver of its vast and varied resources. These are the everlasting values of the simple people. They do not store unnecessarily instead underline the importance of Social Storage which means if one has food or raw materials for it would be shared with the members of the group. Elephant whisperers, the Oscar award-winning film demonstrates this in full measure and shows how much that has touched the conscience of people around the world.

The importance of these values are universal the gravity of which gets fully illuminated in the light of what Professor Stephen Hawking has stated 'we are in danger of destroying ourselves by our greed and stupidity. We cannot remain to look inwards at ourselves on a small and increasingly polluted and overcrowded planet. I don't think the human race will survive the next thousands of years unless we spread into space' (The Hindu 1-7-2016).

Art of Giving: A Magnificent approach to life

Prof. Indu Talwar



Life is a very beautiful journey. It is the best gift of God to all of us. How we make use of this gift makes all the difference. This auspicious life needs to be nurtured carefully with discipline, kindness, hard work, honesty, patience, integrity, spirituality, positivity and with an optimistic approach to achieve our aim of becoming not only a good professional who is knowledgeable and self sufficient but also a happy fine human being bestowed with an inclination to help others. Art of giving is a concept which we witness right from our birth. Our parents give us unconditional love, sacrifice every comfort and spend every penny to the best of their capacity to see us healthy, happy and successful without any expectations from us. They are our first teachers who inculcate values in us to make us good human beings and feel extremely happy, satisfied and proud seeing us successful in life. Their love and self sacrificing nature fills us with gratitude and respect towards them. We also see them helping the poor and needy with donations in cash or kind and learn the art of giving from them. They teach us to serve the humanity which is the real service to God.

We all come from diverse backgrounds with respect to education, economic status and inherent family values based on our upbringing which makes us different towards our approach in life. Everyone is not lucky enough to have access and opportunities to achieve their goal in life due to different constraints like illiteracy and poverty. At the same time, we all have the same basic needs and have to procure means to fulfil these

needs. When we achieve everything in life with our hard work, continuous efforts and blessings of God and parents we need to look around us and pull up others to achieve their goal, because by then we understand the real purpose of life which is not to have only materialistic gains but to make a difference in somebody's life with our extended help in cash or kind.

Equity is achieved when we consider the needs taking case by case approach considering different sections of societies from different circumstances adapting services and policies according to these differences. Our small gestures of timely help and guidance to the needy to achieve their specific goal not only take care of their requirements but also instil their faith in God and humanity. Such an act gives immense satisfaction and happiness to us which we do not get even with the costliest gift and it is long lasting. We feel really happy when someone is happy because of us. Thus art of giving is extremely fulfilling. This feel good feeling releases happy hormones like serotonin, dopamine and endorphins which are extremely good for our well being. Thus joy of giving makes us richer physically, mentally and monetarily because by doing good to others we fetch good only. I have witnessed it in my life. My husband and myself always took out some amount of our earnings regularly for donations to help poor, disabled and needy to pay for their fees or buy them books and arranged free food from time to time, distributed free medicines with free health check up and this practice is being continued by us and by our children.

Art of giving gives us immense humility and strength and helps us to sail through difficult times with patience and gratitude. It empowers our body and mind and fills us with positive energy for a blissful living. It should be a part of our lifestyle. It is a very noble cause and can be practiced at any level. When we achieve a position and power it should be accepted with humility and gratitude towards God for his immense blessings. At the same time we should understand the responsibility and purpose of that position and use it for the betterment of the institution and that of the staff and students who are the pillars of that institution and work hard to make a name for that institution. When we think about each and every person and work for their welfare and upliftment looking into their problems, needs and promotions, they give us their maximum and the institute achieves the highest. Helpful nature, humility, generosity, positive approach and genuine concern are the chief ingredients of art of giving which charge the atmosphere and increase efficiency in workers. Encouraging, appreciating and rewarding people for their efforts, kindness and efficiency makes them happy and full of zeal to become better and better.

I have witnessed it during my tenure as Chairperson in the department when everyone felt happy and performance got enhanced at every level. By way of art of giving we earn goodwill for lifetime which we cannot buy with money.

Some people need our time, some need our expertise, some need love and admiration, a pat at the back and for some our smile and touch does magic. Appreciating people and complimenting them for their wonderful qualities and caring attitude enhance their confidence and will power. These are very small gestures for us but very big acts of kindness and care for the needy who look forward to us for their happiness and assurance of hope which restores their faith in the grace of God and humanity. When we practice spirituality we understand the concept of soul. We do not differentiate between poor or rich, privileged or under privileged; we look at individuals as souls who are children of God irrespective of caste, creed and colour. We guide as well as energise them with our positive energy and kindness and work for their welfare in different ways. Art of giving generates peace, harmony and feeling of brotherhood and transformation among us. It improves us as an individual who is focussed on his larger goal of life and looks for opportunities to serve others. Celebrating our birthdays or our children's birthdays with the disabled or orphan children and having food with them or distributing clothes and sweets to them not only gives them happiness but

makes our children aware of the different facets of life and the need for art of giving. Similarly visiting old age homes and spending time with elderly persons gives them momentary happiness and emotional let out and gives us satisfaction for bringing a smile to them. Socialization and spending time with our own parents, grandparents and looking after them with kindness and whole heartedness enhances their happiness and survival. It is the only way to pay them the gratitude for all that they do for us. I have myself practiced these gestures and feel so much satisfied and happy to see my near and dear ones happy.

We witnessed miserable time during Covid 19 and realized the importance of gift of life. We all contributed to help those who had no food, shelter and clothes. Food packets were regularly distributed to save lives. We witnessed front line workers like police, doctors, health workers, cleaners serving selflessly to save people from this dreadful virus. Many of them sacrificed their lives. Art of giving teaches us to repay them with our kind gestures by serving their families, helping their children to seek facilities for education, healthcare, getting them employment and greeting them with respect and admiration to offer our gratitude.

Vision is the most important quality for growth. We have to rise above the normal to think about the human welfare and for a better world keeping in mind not only the present generation but also the future generations. Many visionaries and eminent personalities have contributed generously for the welfare of people from time to time which gives inspiration to all of us to follow their footsteps. The inspirational journey of Prof. Achyuta Samanta, an educationist, philanthropist and founder of magazine Art of giving is a live example of his vision who has been a life changer for indigenous tribal children of Odisha by founding world class institutions like KISS and KITT which cater to free education and enhance their skills and overall development. Each of us must play our role in making it a better world. Our participation in every social cause will make a difference in the lives of our fellow beings. Art of giving should be inculcated in children right from the beginning to make them practice charity not only in terms of donations but in terms of being compassionate, kind, considerate, lovable, helpful and respectful towards the less fortunate and needy people. They should be encouraged to work for communities during their vacations and free time. This is the only way to pay back to society. Let us own the collective responsibility of spreading the message of Peace and happiness in the world through our deeds.

A Tale of Triumph and Reflection at 30,000 Feet

Dr. Nikita Ahya



On March 12, 2021, while on a flight from Goa to New Delhi, I found myself mentally writing my will. It was the end of a much-needed vacation, and my friends and I had decided to take a trip to Goa to escape the monotony of the pandemic. But as we flew back home, I felt a sudden sense of finality, as if this could be the end.

The flight was turbulent, and the captain had warned us about it beforehand. I usually sleep through flights, but this time, just before landing, I woke up feeling uncomfortable in my personal protection gown. My friend showed me the Roseate House, a hotel where I had always wanted to stay, and I could see the Delhi airport from the window. Suddenly, the flight shook violently, and the right wing was dangerously close to hitting the ground. We were about to land when the captain made a sudden decision to pull back up into the air. Most crashes happen while landing, I remembered.

The captain informed us that he had to take a call of not landing it and pulling it mid-air. He had sent a message to the Air Traffic Control Centre and was whirling around Delhi. They had enough fuel, and it wouldn't end. He told us, "I will give it a shot once again. If it doesn't happen even then, we might have to land at a nearby airport." The silence on the plane was deafening, broken only by the sound and smell of someone throwing up behind me.

My heart was pounding, and I whispered to my friend that my family didn't even know we

were in Goa or coming back to Delhi. It would take them 3-4 days to figure out where their daughter had disappeared. But my friend reassured me to stay calm, and we continued to circle in the air. Finally, after what seemed like an eternity, the captain announced that we were landing again. With my eyes tightly shut, I recited every prayer I knew as the plane shook and bumped. And then, with a thud, we landed, and there was a round of applause and thanks to the captain for bringing us safely to the ground.

The experience had reminded me of how fleeting life is, and how we should cherish every moment we have. It had given me a newfound appreciation for the fragility of life and how we should live every day to the fullest. I was reminded of my boss, Prof Achyuta Samanta, who has taught me to be grateful for every moment, to be kind to others, and to live my life with purpose and meaning. I mentally made a note of how I could be kinder, thoughtful and more empathetic.

As we collected our bags, bought savories to celebrate our victory, and stepped out into the raging wind, I was reminded of John Donne's "Death be not proud" and kept telling myself to give openheartedly, to be kind, for who knows if this would be my last day. I am more compassionate ever since.

Acts of kindness and love go beyond all forms of power

Mr. Manas Kumar Sahu



As I reach ten years of being a part of KIIT DU, I feel it is important to emphasize my profound admiration for our Founder, Dr. Achyuta Samanta. My admiration for him is not solely due to his establishment of KIIT, but also for his compassionate character and dedication to serving the less fortunate. These qualities have always motivated me to give my utmost effort to my work within the organization. **Dr. Achyuta Samanta** has instilled in us the values of compassion and altruism, which are fundamental to a fulfilling life centred on loving and caring for others.

Have you ever experienced a sense of inner joy from helping someone in need or caring for an injured animal? I was filled with such emotion on a day in early May when I tended to a neighbourhood street dog that had been injured. While caring for the dog, I was reminded of our Founder's philosophy of life, which encouraged me to extend a helping hand to this helpless creature.

On the evening of May 2, I was exhausted from a long day at work and riding my bike back home. As I neared my place, I saw a group of people gathered around a dog in distress. The poor animal had been hit by a motorbike and had lost a portion of its leg. Without hesitation, I parked my bike and rushed to help. Some others joined me, and we decided to take the dog to the nearest veterinary hospital, which was about 10 km away. I could sense the pain in the dog's eyes, and every moment was critical for its survival.

As we reached the vet clinic, we were met with a note of caution. The doctors said the severely injured leg has to be removed as it was barely hanging from the bone. The life of the dog was also at risk. But we did not lose hope. Before removing the injured portion, the vet doctors decided to bandage the wounds and closely monitor the healing process for some days before deciding on the next course of action.

For me and my neighbour **Pinaki P. Das**, who accompanied me to the hospital, the dog was not merely an animal, but it had become one amongst us within this period, as we cared for his recovery.

Back home, we took utmost care of the animal and did whatever we can to bring him and his injured leg back to life. He was looked after as per the instructions of the doctors. A few days later, and after several rounds of treatment, we managed to save his leg. Today, he is on the path to recovery and able to walk on his four feet.

Looking behind, I wonder the fate of the dog had it been left out in the open without care and attention. But the urge to help life in need prodded us to rush to his aid. The vagaries of life have made us hard to circumstances. We tend to miss out or ignore those who need our attention and love. But the Founder's philosophy has had an impact, in the real sense, on our lives. I hope to keep his beliefs alive through such acts of kindness.

Art of Giving – The Universe of Human Bliss.

Ms. Swati Sllpika Das



Happiness is the greatest wealth-said Lord Buddha. It is the law of nature that man craves for peace, happiness and freedom through various acts of selfless giving or serving to Divine. Amidst abundance of wealth and richness there is deep pockets of deprivation, poverty, pain and miseries in the world which is heart wrenching. The social inequality causing poverty due to lack of access to resources and social discrimination based on caste, creed, religion, gender etc has become accentuated with inequalities in income/wealth, education, health and nutrition. Inequality in living conditions and opportunities which are the greatest barriers to human well being.

Giving to Society selflessly without any expectation in return to seek peace and happiness is intrinsic to our ancient Indian culture and heritage which vividly glorifies humanity or spirituality. Art of Giving is a way of life which is built over the edifice of pure love, kindness, compassion for humanity. True giving emanates from core of the heart without any desire of reciprocation from the recipient. The power of giving is manifested in enhancing one's self esteem when one steps out of one's own world and shares the worries and challenges of the uncared and deprived ones. In this materialistic world human beings are obsessed with selfish desires and often forget their duties and responsibilities to society.

AOG is a path breaking initiative to promote true

giving to the needy for creating an equitable world. AOG movement which originated in May 2013 by Dr Achyuta Samanta, Founder of KIIT and KISS which has impacted millions of lives and inspired multitudes of population to join the noble cause. It is a journey to create peace, happiness and harmony through selfless giving to create opportunities for a better living. The philosophy promotes the concept of Vasudeva Kutumbakam, i.e. one world, one family, one future. Through the pleasure of sharing to others, one can kindle kindness, compassion, love when one sees the tears of joy, smile and gratitude on the face of the receiver/beneficiary which can transform the world to be more peaceful and healthier place to live. The transformative power of giving back to society can be demonstrated through making a positive difference to lives of people through simple acts of kindness and compassion.

AOG is a journey, not a destination. Over the years of its journey, through various contemporary themes, AOG community has demonstrated its commitment and dedication to spread the message of peace, and happiness across the globe through simple acts of kindness, love and affection for a better world. The current year's theme promoted by AOG community #HelpingtheHelp is very much contextual in rendering help/support to the people who serve the society selflessly which often goes unnoticed.

The effort of AOG community to bring smile on the face of these unsung heroes, by recognizing their immense contribution to society, their virtuous deeds, showing gratitude, appreciating and encouraging their work, spending quality time, extending emotional support etc is really laudable which has the potential to unlock positivity and make a difference to the life of these heroes.

I am a strong believer of Art of Pure Giving specially the people around us, our friends, close relatives, neighbours who are deprived of basic necessities of life. Abundance of wealth and resources may not be the precondition to support the needy, less fortunate and the deprived. It is all about emotional feeling, inclination to share time, wisdom, wealth, compassion and love which can bring smile, tears of joy and gratitude for life and make this world a peaceful and healthier place. I recall the nostalgic moments of one of my maid servant who was suffering from eye disorders leading to near blindness and unable to get proper medical treatment. Her plight deeply moved me as I supported her and extended all financial support for her treatment. Now she has partly recovered and able to carry out her personal care and daily chores without much support. I was really emotionally fulfilled when I found the maid aspiring to read some Odia religious scriptures in naked eye. One more incidence of part time lady worker who resides as my neighbour in our residential area struggling for her basic wherewithal is periodically supported with clothes, rice and grocery items which brings smile and happiness on her face every time she

receives is a great source of joy and bliss. The rewards of giving are invaluable and can not be measured. If we want love and wish to live in happiness, we need to share love and happiness with others. Giving to others, doing good in all circumstances including difficult situations without expecting any acknowledgement is the basic essence of pure giving.

One can look at myriad forms of giving like affection, good advice, encouragement, emotional and physical support, giving blood, a simple act of kindness, love, forgiveness sparing quality time, material/-monetary support etc from the core of the heart which comes from the generosity of spirit. Giving is empowering the recipient. The enormous beauty that emanates in the process of act of selfless service, humanity and consideration to the poor, needy and disadvantaged is an expression of gratitude or reciprocation of what one received. One can be generous in multifarious ways for ameliorating the distress and spreading peace and harmony in the universe. The true measurement of selfless giving can be the sum total of all blessings, love, joy and bliss that one earns through gratitude from the Universe. Towards promoting the human values, peace, happiness and harmony with a more equitable and sustainable world, Art of Giving is a great humanitarian movement which can contribute to build a society and culture that cares about human well being. Human welfare being the ultimate goal, time is ripe for a mindful living with a positive human experience through the noble philosophy of Art of Giving.

ଦେବୀରେ ଥାଏ ଶାଶ୍ୱତ ଆନନ୍ଦ....

ଡଃ. ନିବେଦିତା ମହାନ୍ତି



ଶାନ୍ତି ସୁଖ ଆଉ ଏକତାର ବାଉଁଶ ପ୍ରଚାର କରିଥିବା ମହାମନିଷୀ ଗଣ ଆଜି ଧରାଧାମରେ ବିଦ୍ୟମାନ ନଥିଲେ ମଧ୍ୟ ସେମାନଙ୍କ ମୁଖ୍ୟନିଷ୍ଠାତ ‘ବସୁଧେବ କୁଟୁମ୍ବକମ୍’ର ଅର୍ଥ ଆମମାନଙ୍କ ଆଗରେ ପ୍ରତିଭାତ । ବୁଦ୍ଧ, ଯୀଶୁ, ଗାନ୍ଧୀ ପ୍ରଭୃତିଙ୍କ

ତ୍ୟାଗ, ତିତିକ୍ଷାର ଅମୀୟ ଧାରା ଏ ବିଶ୍ୱର କୋଣ ଅନୁକୋଣରେ ପ୍ରବାହିତ । ଭାରତୀୟ ସଂସ୍କୃତି ଭୋଗ ଠାରୁ ତ୍ୟାଗକୁ ଚିରକାଳ ମର୍ଯ୍ୟାଦା ଦେଇଆସିଛି । ଯୁଗେ ଯୁଗେ ସମଗ୍ରମାନବ ସମାଜକୁ ପ୍ରେମ ଆଉ ଭଲପାଇବାର ସୂତ୍ରରେ ଏକାଠି ବାନ୍ଧି ରଖିବାର ପ୍ରଚେଷ୍ଟାରେ ନିଆରା କେତେ ଜଣ ହାତଗଣତି ମଣିଷ, ପୃଥିବୀ ପୃଷ୍ଠରେ ପଦାର୍ପଣ କରନ୍ତି । ମାନବର ସେବାରେ ବ୍ୟୟ କରିଦିଅନ୍ତି ସମଗ୍ର ଜୀବନ । ବାଲ୍ୟ, କୈଶୋର, ଯୌବନ ଓ ବାର୍ଦ୍ଧକ୍ୟ ତାଙ୍କ ଜୀବନରେ କୌଣସି ପ୍ରଭାବ ପକାଇ ପାରେନି ।

ଜୀବନର ଆରମ୍ଭରୁ ମଣିଷକୁ ଅତ୍ୟନ୍ତ ଭଲପାଇ ତାର ଉନ୍ନତି, ପ୍ରଗତି କଳ୍ପେ ଅହରହ ଚିନ୍ତା କରୁଥାନ୍ତି । ଆଜି ସମାଜ ବାସ୍ତବିକ କଲୁଷିତ ହେବାରେ ଲାଗିଛି । ଜୀବନର ମୂଲ୍ୟାବୋଧ ମଣିଷପାଖରୁ ଦୂରେଇ ଗଲାଣି । ଟେକ୍ନୋଲୋଜି ଓ ଡିଜିଟାଲ ଦୁନିଆରେ ଆଜିର ଯୁବ ପୀତି କେବଳ ନିଜସ୍ୱ ଚିନ୍ତାରେ ବ୍ୟସ୍ତ । ନିଜ ଚାକିରୀ, ପଇସା, ଅୟସ ଆରାମ ଭିତରେ ଚତୁଃପାର୍ଶ୍ୱରେ ଥିବା ଦୈନିକ, ଅଭାବ, ଯନ୍ତ୍ରଣାର ସ୍ୱର ତାଙ୍କ କାନରେ ବାଜୁନି । କିନ୍ତୁ ଯୁଗେ ଯୁଗେ ସଂସାରର ସ୍ଥିରତା ଆଉ ମାନବର ଦ୍ରାଘ କର୍ତ୍ତା ଭାବରେ କେହି ନା କେହି ଯୋଗଜନ୍ମା, ଦେବତ୍ୱର ଗୁଣ ନେଇ ଜନ୍ମିଥାନ୍ତି ଏ ଧରାଧାମରେ ।

ଗନ୍ଧ ଲାଗୁଥିଲେ ମଧ୍ୟ ନିରାଟ ସତ୍ୟ । ମଣିଷର ଆଶା ବିଶ୍ୱାସ ଓ ଶାନ୍ତିକୁ, ବିଶ୍ୱର ଆଦିବାସୀ ଦରିଦ୍ର ନିଷ୍ପେକ୍ଷିତ ଆଉ ଶିକ୍ଷାର ଆଲୋକରୁ ବଞ୍ଚିତ ଏକ ବିରାଟ ସମାଜକୁ ଉଦ୍ଧାର କରିବାକୁ ସତେ ଯେମିତି ସେ ଦିନ କଲରାବାଙ୍କ ଗ୍ରାମରେ ମା ନାଳିମାରାଣୀ ସାମନ୍ତଙ୍କ କୋଳରେ ଜନ୍ମ ନେଇଥିଲା ଏକ ଦେବ ଶିଶୁ । ଆଉ ସେଇ ଶିଶୁ ଅନେକ ସ୍ୱର୍ଗୀୟ ଗୁଣରେ ଭରପୁର ହେଇ ୨୦/ ୨୨ ବର୍ଷ ବେଳୁ ସମାଜର ସେବାରେ ବ୍ରତୀ ରହିଲେ । କିଟ୍, କିମ୍ବ ପରି ଉତୁଙ୍ଗ ଅନୁଷ୍ଠାନ, ଚିକିତ୍ସାଳୟର ପ୍ରତିଷ୍ଠାତା ଭାବରେ ଯେତିକି ଗୌରବର ସେ ଅଧିକାରୀ, ତା ଠୁ କୋଟି ଗୁଣରେ ବନ୍ଦନୀୟ ଓ ନମସ୍ୟ ସେ, କିମ୍ବ ପରି ଏକ ନଭିଶ୍ଟା ଅନୁଷ୍ଠାନ ଗଢି ଥିବାରୁ । କଳିଙ୍ଗ ଇନ୍‌ଷ୍ଟିଚ୍ୟୁଟ୍ ଅଫ୍ ସୋସିଆଲ୍ ସାଇନ୍‌ସେସ୍ (କିସ୍) । ସରଳ ଛଳ ଛଳ ୩୦ ହଜାର ଆଦିବାସୀ ଶିଶୁ, କିଶୋର, ତରୁଣ ଏଠି ନିଶ୍ଚିନ୍ତ ଶିକ୍ଷାପ୍ରାପ୍ତ ହୋଇ ଖଣ୍ଡିତ ଖଣ୍ଡିତ ଚାକିରୀ ନେଇ କର୍ମ ଅଭିମୁଖେ ବାହାରି ଯାଆନ୍ତି ।

ଇଞ୍ଜିନିୟରିଂ, ମେଡିକାଲ୍ ଠାରୁ ଆରମ୍ଭ କରି ବାୟୋଟେକ୍, ଲ, ଫେସନ୍ ଟେକ୍ନୋଲୋଜି, ଏମ୍.ବି.ଏ. ଫିଲ୍ମ ଟେକ୍ନୋଲୋଜି, ଡିପ୍ଲୋମା, ନର୍ସିଂ, ରୁରାଲ୍ ମ୍ୟାନେଜମେଣ୍ଟ ଏମିତି ଯେତେ ପ୍ରକାର ଶିକ୍ଷା ବ୍ୟବସ୍ଥା ଅଛି ତାକୁ ସବୁ ନିଃଶୁଳ୍କରେ ପଢିବାର ଅପୂର୍ବ ସୁଯୋଗ ସୃଷ୍ଟି କରିଛନ୍ତି, ଅତ୍ୟନ୍ତ ସାମନ୍ତ ମହୋଦୟ । ସମାଜର ଅବହେଳିତ ବର୍ଗର ପିଲାଙ୍କୁ ଶିକ୍ଷା ପାଇବାର ସୁଯୋଗ ଦେଇ ସେମାନଙ୍କର ରହିବା, ଖାଇବା, ପାଠପଢିବା, ପୋଷାକପତ୍ର, ଦୈନିକ ଚଳଣି ଯାନରେ ଯିବା ଆସିବା ସବୁ, ପିଲାଙ୍କୁ ଯୋଗାଇ ଦିଆଯାଇଥାଏ ।

ନିଃସ୍ୱାର୍ଥ ଭାବରେ ଦେଇଚାଲିବା, ସାହାଯ୍ୟ କରିଚାଲିବା ଯେଉଁ ବ୍ୟକ୍ତିଗତ ଏକମାତ୍ର ଆକାଂକ୍ଷା ସେ ଦେବାରେ ଆନନ୍ଦ ପାଏ । ‘ଆର୍ଟ୍ ଅଫ୍ ଗିଭିଙ୍ଗ୍’ ହେଉଛି ତାଙ୍କ ଦ୍ୱାରା ପ୍ରତିଷ୍ଠିତ ଏକ ବ୍ୟବସ୍ଥା, ଯେଉଁଠି

ମାସ ୧୭ତାରିଖ ଦିନ ସାରା ବିଶ୍ୱରେ ଆର୍ଟ୍ ଅଫ୍ ଗିଭିଙ୍ଗ୍ ଦିବସକୁ ପାଳନ କାରାଯାଏ । ଦୁଃଖୀ ଦରିଦ୍ର ଅସହାୟ ବ୍ୟକ୍ତିଙ୍କୁ ନିଜର ସାଧ ମୁତାବକ ଦାନ କରିବା, ସାହାଯ୍ୟ କରିବାକୁ ଏହା ଆମକୁ ସୂଚାଇ ଥାଏ । ପ୍ରଫେସର ଡଃ ଅତ୍ୟନ୍ତ ସାମନ୍ତ ସଭିଙ୍କର ପ୍ରିୟ, ସାମନ୍ତ ସାର୍ । ଆବାଲ୍ୟରୁ ପିତୃହୀନ, ଦାରିଦ୍ର୍ୟର କଳାବାଦଲ ଭିତରେ ଛନ୍ଦିହୋଇ, ପଥହରା ନ ହୋଇ ସ୍ୱର୍ଗୀୟ ପଥକୁ ବାଛି ନେଇଥିବା ଡଃ ଅତ୍ୟନ୍ତ ସାମନ୍ତ ‘ଦେବୀର କଳା’ରେ ସେ ଭରପୁର । ସନ୍ତୁକବି ଭୀମ ଭୋଇଙ୍କ କଣ୍ଠରୁ ଯେପରି ନିର୍ଗତ ହୋଇଥିଲା –

“ପ୍ରାଣୀଙ୍କ ଆରତ ଦୁଃଖ ଅପ୍ରମିତ ଦେଖୁ ଦେଖୁ କିବା ସହ,
ମୋ ଜୀବନ ପଛେ ନକେଁ ପଡ଼ିଥାଉ ଜଗତ ଉଦ୍ଧାର ହେଉ”

ସେହିରି ଅତ୍ୟନ୍ତ ସାମନ୍ତ ସାରା ଜଗତରୁ ଦାରିଦ୍ର୍ୟ, ଦୁଃଖ ଦୂର କରିବାର ଯେମିତି ସଂକଳ୍ପ ନେଇଛନ୍ତି, ସତରେ ସେ ଅନନ୍ୟ ଏକ ଅନୁଭବର ମଣିଷ । ଏଇ ସ୍ୱପ୍ନ ସୌଦାଗରଙ୍କର ବିନିମ୍ନ ରଜନୀ କଟିଯାଏ, ୩୦ ହଜାର ଆଦିବାସୀ ପିଲାଙ୍କୁ ବାସ୍ନା ଫୁଲର ହସ ଚିକିଏ, ଆଉ ମୁକ୍ତାର ଦିନଟିଏ ଦେଖାଇବା ପାଇଁ । ତାଙ୍କ ଭାଷାରେ

“ସମାଜ ମତେ କରିଛି ବଡ଼
ଶୁଝିବି ରଣ ନ ହୋଇ ଜଙ୍ଗ”

ବାସ୍ତବିକ ଏଭଳି ମହାନ ଆଦର୍ଶର କଥା କିଏ ବା କହିପାରେ, ଡଃ ସାମନ୍ତଙ୍କ ବ୍ୟତିରେକ ? ପ୍ରକୃତି ମଣିଷକୁ ଅନେକ କିଛି ଦେଇଥାଏ । ବଞ୍ଚିବାକୁ ଫଳମୂଳ, ଆହାର, ପାଣିବନ ସବୁରେ ସମୃଦ୍ଧ କରି ମଣିଷକୁ ଆନନ୍ଦରେ ଜାଇବାକୁ ଦିଏ । ତାର ପ୍ରତିବଦଳରେ ସେ କିଛି ମାଗେନି । ଏ ରହସ୍ୟକୁ ଡଃ ସାମନ୍ତ ମର୍ମେ ମର୍ମେ ଅନୁଭବ କରିଥିଲେ । ନିଜ ସ୍ୱାର୍ଥକୁ ଛାଡିଦେଇ ସମଗ୍ର ଜଗତ ପାଇଁ ସେ କର୍ମ କରିଚାଲିଛନ୍ତି । ଯାହା ଲୋକଙ୍କ ମନରେ ଆଶା ବିଶ୍ୱାସ, ଶାନ୍ତି, ସଂହତି ସୃଷ୍ଟି କରି ପାରୁଛି । ତାଙ୍କର ବାଉଁଶ ସମାଜ ପାଇଁ ସମସ୍ତେ ‘କୃତଜ୍ଞ ହୁଅ, କୃତଜ୍ଞ ନୁହେଁ’, ଶିକ୍ଷା ମାଧ୍ୟମରେ ନିଜେ ମଣିଷ ହୋଇ ଅନ୍ୟ କେହି ଅବହେଳିତକୁ ମଣିଷ କରାଇବାକୁ ଚେଷ୍ଟା କରିବାରେ ହିଁ ମାନବ ଜନ୍ମର ସାର୍ଥକତା ରହିଛି ବୋଲି ତାଙ୍କର ଦୃଢ଼ ବିଶ୍ୱାସ, ଯାହାକୁ ସେ କାର୍ଯ୍ୟରେ ଦେଖାଇ ପ୍ରମାଣ କରିସାରିଛନ୍ତି । ପରିଶେଷରେ ଏଇ ଶୁଭ ଅବସରରେ ଏତିକି କହିବାକୁ ଛାଡ଼େ, ଡଃ ଅତ୍ୟନ୍ତ ସାମନ୍ତ ଯେଉଁ ‘ଆର୍ଟ୍ ଅଫ୍ ଗିଭିଙ୍ଗ୍’ ପ୍ରତିଷ୍ଠା କରିଛନ୍ତି ଏବଂ ତା

ପାଇଁ ଯେଉଁ ବିସ୍ମୃତ ପ୍ଲାଟଫର୍ମ ସୃଷ୍ଟି କରିଛନ୍ତି, ସେଥିରେ ଆମେ ସାମିଲ ହେବା । ଏବେ ବି ସମୟ ଅଛି, ଆମ ଦେଶର ପ୍ରତ୍ୟେକ ଜନସାଧାରଣ, ଦେବୀର କଳାକୁ ଆପଣେଇବା । ଦେବୀ ପରେ କୌଣସି ପ୍ରତ୍ୟାଶା ରଖିବା ନାହିଁ । ଦେବୀଠାରୁ ମହତ୍ କାମ ନାହିଁ ଆଉ କିଛି । ଦେବୀରେ ଯେଉଁ ଆତ୍ମସନ୍ତୋଷ ଥାଏ ତା କୌଣସି ସୁସ୍ୱାଦୁ ଖାଦ୍ୟ, ଲୋଭନୀୟ ପୋଷାକ ବା ବିଳାସବ୍ୟସନ ଯୁକ୍ତ ପରିବେଶ ସହ ତୁଳନୀୟ ହୋଇ ପାରେନା । ଆତ୍ମସନ୍ତୋଷର ଅଧିକାରୀ ହୁଅନ୍ତୁ, ଦେବୀର କଳାକୁ ନିଜର କରନ୍ତୁ, ଏଇ ବାଉଁଶ ଆଜିର ଏଇ ଶୁଭ ଅବସରରେ ।

ସାରା ବିଶ୍ୱରେ ଏକ ବିସ୍ମୟ ହେଉଛି କିଏ ଅନୁଷ୍ଠାନ । ଭଲପାଇବାର ମଧୁର ସ୍ୱର୍ଗ ଯାର ବେହରଣ, ଶାଶ୍ୱତ ପ୍ରେମର ଅମଳିନ ବାସ୍ନା ଯାର ପଟୁଆର, ଅମୃତ ସେବାର ସୁଦୀର୍ଘ ପରମ୍ପରା ଯାର ପଥଧାର, କର୍ତ୍ତବ୍ୟର କିମିଆଁରେ ଯିଏ ସଦା ଚଳଚଂଚଳ, ଆଉ ତ୍ୟାଗର ପାରାବାରରେ ଯିଏ ସଦା ଧୈର୍ଯ୍ୟ, ସେଇ କିଏ ହେଉଛି ଏକ ଅମୀୟ ନନ୍ଦନ ବନ । ସୃଷ୍ଟି କର୍ତ୍ତା ଡଃ ଅତ୍ୟନ୍ତ ସାମନ୍ତ । ଡଃ ସାମନ୍ତଙ୍କର ସାମନ୍ତ ସମାଜକୁ କିଛି ଦେଇଚାଲିବା ଏବଂ ଦେବୀର ମନୋବୃତ୍ତି ଜନମାନସରେ ସୃଷ୍ଟି କରିବାକୁ ସେ ସଦା ପ୍ରୟାସ ରତ । ଯେଉଁ ପରିବେଶରେ ପରସ୍ପର ପ୍ରତି ସ୍ନେହ ଶ୍ରଦ୍ଧା ଓ ଦେବୀର ମନୋବୃତ୍ତି ରହିଥାଏ । ସେଠି ଶାନ୍ତି ହିଁ ବିରାଜମାନ କରେ । ଶାନ୍ତି ଯୋଉଁଠି ବିରାଜମାନକରେ ସେଠି ଆଶା, ବିଶ୍ୱାସ ଓ ଖୁସିର ଲହରୀ ପୁରିଉଠେ ।

ବାସ୍ତବିକ ଦେବୀରେ ଯେଉଁ ଆନନ୍ଦ ଥାଏ ତା ଅନୁଭବୀ ହିଁ ଜାଣେ । ତେବେ ଆଜି ଏଇ ଆନ୍ତର୍ଜାତିକ “ଆର୍ଟ୍ ଅଫ୍ ଗିଭିଙ୍ଗ୍”ର ପୂଣ୍ୟ ଅବସରରେ ଆମେ କଣ ଏତିକି ପ୍ରତିଜ୍ଞାବଦ୍ଧ ହେଇପାରିବାନି ଯେ “ଆମେ ନିଃସ୍ୱାର୍ଥ ଭାବରେ ଅପରର ମୁଖରେ ହସ ଦେଖି ଖୁସିହେବା, ଅସୁବିଧାରେ ପଡିଥିବା ବ୍ୟକ୍ତି ପାଖରେ ପହଞ୍ଚିପାରିବା ଏବଂ ଦେବୀର କଳାର ବାଉଁଶକୁ ଆମ ଚତୁଃପାର୍ଶ୍ୱରେ ବିଛାଇ ଦେବାକୁ ବଦ୍ଧ ପରିକର ହେବା” । ତେବେ ଅମରାବତୀର ବାସ୍ତବତା ନିଶ୍ଚିତ ଆମ ହାତ ପାଆନ୍ତାରେ ରହିବ । ଖୁସିରେ ହସିବ ସାରା ବିଶ୍ୱ ।

ଜୟ ଜଗନ୍ନାଥ

ହୃଦୟ ଜିତିବାର ଏକ ଅନ୍ୟତମ ପ୍ରୟାସ “ସାହାଯ୍ୟକାରୀକୁ ସାହାଯ୍ୟ”

ଡଃ. ଅଜୟ କୁମାର ନନ୍ଦ



(ଅତ୍ୟାଧୁନିକ ଜୀବନଚର୍ଯ୍ୟାରେ ବଶବର୍ତ୍ତୀ ହୋଇ ମଣିଷ ସ୍ୱାର୍ଥଯନ୍ତ୍ର ପରୋକ୍ଷ ସମ୍ପର୍କ ବଢାଇବାରେ ଯେତିକି ବ୍ୟଗ୍ର ପ୍ରତ୍ୟେକ ସମ୍ପର୍କ ବଢାଇବାରେ ସେତିକି ଅନାଗ୍ରହ ଦେଖାଉଛି, ଯାହା ଅସମୟରେ ପ୍ରକୃତ ଆବଶ୍ୟକତା ପୂରଣ ଲାଗି ଡେଇଁ ଉଠି ହେଉପଡୁଛି, ଅର୍ଥାତ୍

ପ୍ରତ୍ୟେକ ସମ୍ପର୍କ ଓ ସୁବାକ୍ୟ ଆଦାନପ୍ରଦାନ ସବୁବେଳେ ପରସ୍ପର ଭିତରେ ଆତ୍ମ ବିଶ୍ୱାସ ବଢାଇଥାଏ। ‘ଆର୍ଟ ଅଫ ଗିଭିଙ୍ଗ୍’ ଏପରି ଏକ ଗୁଣ ପ୍ରତ୍ୟେକ ପ୍ରତ୍ୟେକଙ୍କୁ କିଛି ସାହାଯ୍ୟ ସହଯୋଗ ସମସ୍ତଙ୍କ ମଧ୍ୟରେ ସୌହାର୍ଦ୍ଦପୂର୍ଣ୍ଣ ବାତାବରଣ ସୃଷ୍ଟି କରିବା ସହିତ ଭାରତୀୟ ସଂସ୍କୃତିର ମହାନ ଆଦିମୁଖ୍ୟ “ବସୁଧୈବ କୁଟୁମ୍ବକମ୍” ବାର୍ତ୍ତା ବାଣ୍ଟି ଜଣେ ଶୃଙ୍ଖଳିତ ମଣିଷର ପରିଚୟ ଦେବା।)

ପରମେଶ୍ୱରଙ୍କ ସୃଷ୍ଟି ସୁନ୍ଦର ଦୁନିଆ ଓ ତାଙ୍କ ହାତ ଗଢା ପୃଥିବୀରେ ପ୍ରବାହିତ ସାଗର, ନଦୀ, ପର୍ବତ, ଚନ୍ଦ୍ର, ସୂର୍ଯ୍ୟ, ପାଣି, ପବନ ଯାହା ସମଗ୍ର ଜୀବ ଜଗତ, ପ୍ରାଣୀ ଜଗତ ଓ ଉଦ୍ଭିଦ ଜଗତ ବଞ୍ଚିରହିବାର ସମସ୍ତ ଉପାଦାନକୁ ନିଃସ୍ୱାର୍ଥପର ଭାବରେ ଆମ ହାତରେ ଟେକିଦେବା ସହିତ ତା’ର ପ୍ରତି ବଦଳରେ ଆମକୁ କିଛି ଦେବାକୁ ମଧ୍ୟ ପ୍ରବର୍ତ୍ତାଇ ନାହାନ୍ତି, ସେଥିପାଇଁ ଆମେ ସେଇ ସୁଖାଳ ନିକଟରେ ଚିର କୃତଜ୍ଞ। ପୁନଶ୍ଚ ଏହି ସରଞ୍ଜାମକୁ ବ୍ୟବସ୍ଥିତ ଭଙ୍ଗରେ ଚଳାଇବାର ସମସ୍ତ ଗୁରୁ ଦାୟିତ୍ୱ। ଦୁନିଆରେ ଶ୍ରେଷ୍ଠ ଜୀବ ମଣିଷ ହାତରେ ଅର୍ପଣ କରିଛନ୍ତି। ମଣିଷର ଦାଶକ୍ତି, ବୁଦ୍ଧି, ବିଚାର, ସଂଯମତା ଆଦି ଐଶ୍ୱରୀକ ଗୁଣ ଅନେକ ସମସ୍ୟା ଓ ତା’ର ସମାଧାନ ଖୋଜିବାରେ ଏକ ଅମୋଗ୍ୟ ଅସ୍ତ୍ର। ଭଗବାନଙ୍କ ଅସଲ

ଉଦ୍ଦେଶ୍ୟ ଲୋକଙ୍କ ହୃଦୟରେ ଜାଗ୍ରତ କରାଇବା ପାଇଁ, ଧରାପୃଷ୍ଠରେ ଜନ୍ମ ନେଇଥିବା ଅନେକ ସାଧୁ, ସନ୍ଥ ଓ ପରୋପକାରୀ ବ୍ୟକ୍ତିବିଶେଷଙ୍କ ଉପଦେଶ ସର୍ବଦା ଜୀବନକୁ ପ୍ରକୃତ ମାର୍ଗରେ ଚଳାଇବାରେ ବାଟ ଦେଖାଇଥାଏ। ଏମାନଙ୍କ ମୁଖ ନିସ୍ତୁତ ବାଣୀରେ ଥିବା ନିଃସ୍ୱାର୍ଥପର ଭାବ ସର୍ବଦା ପରୋପକାରୀ ଓ ସମାଜ ମଙ୍ଗଳ ପାଇଁ ଉଦ୍ଦିଷ୍ଟ। ସେହିପରି ହିନ୍ଦୁମାନଙ୍କ ମହାନ ଧର୍ମ ଗ୍ରନ୍ଥ ‘ଗୀତା’, ‘ଭାଗବତ’ରେ ଥିବା ପ୍ରତ୍ୟେକ ଶବ୍ଦ କେବଳ ଜନକଲ୍ୟାଣ ପାଇଁ ଉଦ୍ଦିଷ୍ଟ ଯାହା କେବଳ ମନରେ ସକାରାତ୍ମକ ଶକ୍ତିକୁ ହିଁ ଜନ୍ମ ଦେଇଥାଏ। ସକାରାତ୍ମକ ଭାବନା ସବୁବେଳେ ନୂଆ କରିବାର ପ୍ରେରଣା ଦେଇଥାଏ ତତ୍ ସହିତ ବିଗତିଥିବା ଅନେକ ସମସ୍ୟାର ଉତ୍ତର ସମାଧାନ କରିବା ସହିତ ସୁସମ୍ପର୍କ ବଢାଇବାରେ ମଧ୍ୟ ସାହାଯ୍ୟ କରିଥାଏ। ଏକଥାର ପ୍ରାସଙ୍ଗିକତା ଆଜିକାଲିର ବ୍ୟସ୍ତବହୁଳ ଜୀବନ ସହିତ ସମୟ ଅଭାବ ଜନିତ ମାନସିକତାକୁ ସଠିକ୍ ମାର୍ଗରେ ପରିଚାଳନା କରିବାରେ ଅନେକ ସହାୟକ ହେବ ଏଥିରେ ଦ୍ୱିମତ ନାହିଁ।

ଅତ୍ୟାଧୁନିକ ଜୀବନଚର୍ଯ୍ୟାର ବଶବର୍ତ୍ତୀ ହୋଇ ମଣିଷ ସ୍ୱାର୍ଥଯନ୍ତ୍ର ପରୋକ୍ଷ ସମ୍ପର୍କ ବଢାଇବାରେ ଯେତିକି ବ୍ୟଗ୍ର ପ୍ରତ୍ୟେକ ସମ୍ପର୍କ ବଢାଇବାରେ ସେତିକି ଅନାଗ୍ରହ ଦେଖାଉଛି, ଯାହା ଅସମୟରେ ପ୍ରକୃତ ଆବଶ୍ୟକତା ପୂରଣ ଲାଗି ଡେଇଁ ଉଠି ହେଉପଡୁଛି, ଅର୍ଥାତ୍ ପ୍ରତ୍ୟେକ ସମ୍ପର୍କ ଓ ସୁବାକ୍ୟ ଆଦାନପ୍ରଦାନ ସବୁବେଳେ ପରସ୍ପର ମଧ୍ୟରେ ଆତ୍ମବିଶ୍ୱାସ ବଢାଇଥାଏ। ବର୍ତ୍ତମାନ ମଣିଷ ପାଖରେ ସବୁ ଥିଲେ ମଧ୍ୟ ମାନସିକ ଅଧୋଗତି, ସାମାଜିକ ଚଳଣି ସୁଧାରିବାରେ ଅନେକ ସମସ୍ୟା ସୃଷ୍ଟି କରୁଛି ଯାହା ଉଦ୍ଦିଷ୍ଟପିତ୍ୱ ପିଢି ପାଇଁ ଏକ ଚ୍ୟାଲେଞ୍ଜ। ଏବେ ଆସିବା ମୂଳ କଥାକୁ, ସର୍ବପ୍ରଥମେ ସାମାଜିକ ଜୀବନଶୈଳୀକୁ ସୁବ୍ୟବସ୍ଥିତ କରିବା ପାଇଁ ମଣିଷର ବୃତ୍ତି ଓ ବେଉସାକୁ ବିଭିନ୍ନ ସୋପାନରେ ବିଭକ୍ତ କରାଯାଇଥିଲା, ତାହା କ୍ରମେ କୌଳିକ ବୃତ୍ତିରେ ପରିଣତ ହେଲା। ଅର୍ଥାତ୍

ପ୍ରତ୍ୟେକ ମଣିଷ ପରସ୍ପରର ସାହାଯ୍ୟ, ସହଯୋଗରେ ସମସ୍ତ କାର୍ଯ୍ୟକୁ ସହଜରେ ସଂପାଦନ କରିବା ସହିତ ଭାଇଭଉଣୀର ମହାସେତୁକୁ ମଜବୁତ କରିଥିଲେ। ମଣିଷ ତା ଜୀବନକାଳରେ ଅନେକ ଲୋକଙ୍କ ସଂସ୍ପର୍ଶରେ ଆସିଥାଏ ଓ ସେମାନଙ୍କଠାରୁ ଅନେକ ସାହାଯ୍ୟ ମଧ୍ୟ ପାଇଥାଏ ଅବଶ୍ୟ ଏଥିପାଇଁ ଆମକୁ କିଛି ପାରିଶ୍ରମିକ ଦେବାକୁ ପଡିଥାଏ। ସକାଳୁ ନିଦରୁ ଉଠି ରାତିରେ ଶୋଇବା ପର୍ଯ୍ୟନ୍ତ ଆମେ ଅନ୍ୟର ବିନା ସାହାଯ୍ୟ ସହଯୋଗରେ ଦିନଟିଏ କାଟିବା ଆଦୌ ସହଜ ହୋଇନଥାଏ। ତେଣୁ ସାହାଯ୍ୟକାରୀ ଲୋକପ୍ରତି ସବୁବେଳେ କୃତଜ୍ଞ ରହିବ। ଏ କଥାର ପ୍ରକୃତ ଉଦ୍ଦେଶ୍ୟକୁ ଉପଲବ୍ଧି କରିଛନ୍ତି ବିଶିଷ୍ଟ ସମାଜସେବୀ, ଶିକ୍ଷାବିତ୍ ତଥା କିଟ୍ ଓ କିସ୍ ବିଶ୍ୱବିଦ୍ୟାଳୟର ପ୍ରତିଷ୍ଠାତା ପ୍ରଫେସର (ଡକ୍ଟର) ଅରୁଣ ସାମନ୍ତ। ଦୁର୍ଦ୍ଦଶା ଭୋଗି ସେଥିରୁ ସାଉଁଟିଥିବା ଅଭିଜ୍ଞତାକୁ ଉପଯୋଗ କରି, ସମାଜର ଅବହେଳିତ ବର୍ଗକୁ ମୁହଁରେ ହସ ଫୁଟାଇବା ପ୍ରୟାସ ସହିତ ଏ ଦିଗରେ ନିରବଚ୍ଛିନ୍ନ ଉଦ୍ୟମ ଜାରି ରଖିଛନ୍ତି।

ଜଣେ ଶିକ୍ଷାବିତ୍ ହିସାବରେ ଚିନ୍ତାକଲେ ‘ଶିକ୍ଷା ହିଁ ଏକମାତ୍ର ବିକଳ ଯାହା ଦାରିଦ୍ର୍ୟ ଦୂର କରିବାର ଏକ ଅମୋଗ୍ୟ ଅସ୍ତ୍ର। ଏହି ଦୂରଦୃଷ୍ଟି ସମ୍ପନ୍ନ ଚିନ୍ତାଧାରା ଓ ଦୃଢ଼ ସଂକଳ୍ପ ଆଜି ଡିଜିଟାଲ ହଜାର ଜନଜାତିଙ୍କ ସ୍ୱପ୍ନକୁ ପୂରା କରିବାରେ ସାହାଯ୍ୟ କରୁଛି। ଜୀବନର ପ୍ରକୃତ ମୂଲ୍ୟ ବୁଝିନଥିବା ଓ ବଣ, ପାହାଡ଼ ଘେରା ଜଙ୍ଗଲରୁ ଅବହେଳିତ ପିଲାଙ୍କୁ କିସ୍ ମାଧ୍ୟମରେ ସମ୍ପୂର୍ଣ୍ଣ ନିଃଶୁଳ୍କ ଆବାସିକ ଶିକ୍ଷା ପ୍ରଦାନ କରି, ସେମାନଙ୍କୁ ସମାଜର ମୁଖ୍ୟସ୍ରୋତରେ ସାମିଲ କରାଇବାର ଉଦ୍ୟମ ପାଇଁ ବିଗତ ବର୍ଷ, ଯୁନେସ୍କୋ ଲିଟେରାଚରୀ ଆଡ୍ୱାର୍ଡ ଭଳି ସର୍ବୋଚ୍ଚ ସମ୍ମାନର ଅଧିକାରୀ ହୋଇପାରିଛନ୍ତି। ତାଙ୍କ ମତରେ, ସମସ୍ତଙ୍କୁ ନିଃସର୍ତ୍ତ ଭଲପାଇବା ଓ ନିଜ ଶକ୍ତି ମୁତାବକ ଯତ୍ନ କିଂଚିତ୍ ସାହାଯ୍ୟ ସହଯୋଗ ନିଶ୍ଚିତ ଭାବେ ଅନ୍ୟର ଆତ୍ମବିଶ୍ୱାସ ବଢାଇବାରେ ବିଶେଷ ସହାୟକ ହୋଇଥାଏ। ତତ୍ ସହିତ ଛୋଟ ସାହାଯ୍ୟ ଓ ସହାନୁଭୂତି, ଆଗକୁ ବଢିବାରେ ଅଶେଷ ପ୍ରେରଣା ଦେଇଥାଏ। ସମସ୍ତଙ୍କ ମନରେ ଏଭଳି ଭାବନା ଜାଗ୍ରତ କରିବା ପାଇଁ, ଏକ ଅନ୍ୟତମ ପ୍ରୟାସ ସ୍ୱରୂପ ୨୦୦୩ ମସିହା ମଇ ୧୭ ତାରିଖରେ ‘ଆର୍ଟ ଅଫ ଗିଭିଙ୍ଗ୍’ ନାମକ ଏକ ଅନୁଷ୍ଠାନ ଗଢି ସମସ୍ତଙ୍କ ସୁଖ ଦୁଃଖରେ ନିଜକୁ ସାମିଲ କରି ଅନ୍ୟମାନଙ୍କ ପାଇଁ ଏକ ପ୍ରେରଣାର ଉତ୍ସ ପାଲଟିବା ସହିତ ଲୋକଙ୍କ ଆତ୍ମା ଭାଜନ ହୋଇପାରିଛନ୍ତି। ଏହି ପ୍ରୟାସ ବର୍ତ୍ତମାନ ଏକ ସାମାଜିକ ଆନ୍ଦୋଳନରେ ପରିଣତ ହେବାକୁ ଯାଉଛି।

‘ଆର୍ଟ ଅଫ ଗିଭିଙ୍ଗ୍’ ଏକ ନିଦ୍ଦିଷ୍ଟ ଦିନର ଉତ୍ସବ ନୁହେଁ ପରନ୍ତୁ ଏହା ପ୍ରତିଦିନ କିଛି ଭଲ କରିବାର ଏକ ବାର୍ତ୍ତା। କୌଣସି ଭଲ କାର୍ଯ୍ୟ ପାଇଁ ଜଣଙ୍କୁ ଉତ୍ସାହିତ କରିବା ଲାଗି ଛୋଟ ଉପହାର ସ୍ୱରୂପ ଏକ ଚକଲେଟ ଦେବା କିମ୍ବା ହସିକି ପଦେ କଥା ହେବା ମଧ୍ୟ ‘ଦେବାର ଏକ କଳା’ ବା ‘ଆର୍ଟ ଅଫ ଗିଭିଙ୍ଗ୍’। କୋଭିଡ ମହାମାରୀ ସମୟରେ ଅନେକ ବାପା, ମା ଉଦ୍ଧୃଷ୍ଟ ପିଲାମାନଙ୍କୁ ସାହାରା ଦେବା ସହ ପରିବାରକୁ ଅଲଥାନ କରିବା, ହସିଚାଲ ବେତ୍ତରେ ଅନେକଙ୍କୁ ସାହାଯ୍ୟ କରିବା, ମଠ, ମନ୍ଦିରରେ ଥିବା ପୂଜକ ସାଧୁ, ସନ୍ଥ, ବୁଲା ଗୋରୁଗାଈ ସମେତ କୁକୁର, ମାଙ୍କଡମାନଙ୍କୁ ଖାଦ୍ୟ ବାଣ୍ଟି ଜଣେ ଦରଦୀ ତଥା ହୃଦୟବାନ ମଣିଷର ପରିଚୟ ପ୍ରଦାନ କରିଛନ୍ତି। ଅନେକ ସମୟରେ ସ୍କୁଲ, କଲେଜରେ ପଢୁଥିବା ମେଧାବୀ ଛାତ୍ରଛାତ୍ରୀଙ୍କ ସମେତ ବିଭିନ୍ନ କ୍ଷେତ୍ରରେ ପାରଦର୍ଶିତା ଅର୍ଜନ କରୁଥିବା ବିଭିନ୍ନବର୍ଗର ଯୁବଗୋଷ୍ଠୀମାନଙ୍କୁ କିଛି ସାହାଯ୍ୟ ଓ ଉପହାର ଦେଇ ସେମାନଙ୍କୁ ଉତ୍ସାହିତ କରିଥାନ୍ତି। ମଣିଷର ଦୁଃଖ ଓ ଦୁର୍ଦ୍ଦଶା ସମୟରେ ଦେବଦୂତ ସାଜି ଅନେକଙ୍କ ହୃଦୟରେ ଆତ୍ମ ବିଶ୍ୱାସ ସୃଷ୍ଟି କରିବା ହେଉଛି ତାଙ୍କର ଆତ୍ମ ଦୃଷ୍ଟି। ଚଳିତ ବର୍ଷ ‘ଆର୍ଟ ଅଫ ଗିଭିଙ୍ଗ୍’ ଅନୁଷ୍ଠାନର ୧୦ ବର୍ଷ ପୂର୍ତ୍ତି ଅବସରରେ, ବିଶ୍ୱବ୍ୟାପି ପାଳନ କରାଯାଉଛି।

ଏ ବର୍ଷର ମୁଖ୍ୟ ବିଷୟବସ୍ତୁ ‘ସାହାଯ୍ୟକାରୀକୁ ସାହାଯ୍ୟ’ ଏକ ଦୂରଦୃଷ୍ଟି ସମ୍ପର୍କ ଭାବନା, ଯାହା ପ୍ରତ୍ୟେକଙ୍କ ମନରେ ଅପୂରୁତ ଆନନ୍ଦ ଓ ଉତ୍ସାହ। ଅର୍ଥାତ୍ ଯେଉଁମାନଙ୍କ ସହଯୋଗରେ ସାଧୁତ ହେଉଥିବା ଅନେକ କାର୍ଯ୍ୟ, ଏପରିକି ଅଲିଆ ଆବର୍ଜନା ସଫା କରିବାରେ, ‘ସଫେଇ କର୍ମଚାରୀ, ସଡ଼କ ନିୟନ୍ତ୍ରଣରେ ଟ୍ରାଫିକ କର୍ମଚାରୀ, ସ୍ୱାସ୍ଥ୍ୟ ବ୍ୟବସ୍ଥାରେ ନର୍ସିଂ କର୍ମଚାରୀ, ପ୍ରାକୃତିକ ବିପର୍ଯ୍ୟୟ ତଥା ନିଆଁ, ପାଣି ଆଦି ବିପତ୍ତିରେ ସାହାଯ୍ୟ କରୁଥିବା ଏନଡିଆରଏଫ ଓ ଅଗ୍ନିଶମ କର୍ମଚାରୀ ଇତ୍ୟାଦି। ତତ୍ ସହିତ ଦୈନନ୍ଦିନ କାର୍ଯ୍ୟରେ ସହଯୋଗ କରୁଥିବା ଭଣ୍ଡାରୀ, ହକର, ଅଟୋ ଡ୍ରାଇଭର, ଆଶାକର୍ମୀ, ଅଙ୍ଗନବାଡି କର୍ମୀ, ତାକ ଓ କୋରିଅର ସେବାରେ ନିଯୋଜିତ ବିତରଣ କର୍ମଚାରୀ ଇତ୍ୟାଦିଙ୍କୁ ନିଜ ସଖ୍ୟ ମୁତାବକ କିଛି ଉପହାର ଦେଇ ସେମାନଙ୍କୁ ଉତ୍ସାହିତ କରିବା ହେଉଛି ଆଜି ଦିନର ମୁଖ୍ୟ ଉଦ୍ଦେଶ୍ୟ। ‘ଆର୍ଟ ଅଫ ଗିଭିଙ୍ଗ୍’ ଏପରି ଏକ ଗୁଣ ପ୍ରତ୍ୟେକଙ୍କୁ କିଛି ସାହାଯ୍ୟ ସହଯୋଗର ହାତ ବଢାଇ ସମସ୍ତଙ୍କ ମଧ୍ୟରେ ସୌହାର୍ଦ୍ଦପୂର୍ଣ୍ଣ ବାତାବରଣ ସୃଷ୍ଟି କରିବା ସହିତ ଭାରତୀୟ ସଂସ୍କୃତିର ମହାନ ଆଦିମୁଖ୍ୟ “ବସୁଧୈବ କୁଟୁମ୍ବକମ୍” ବାର୍ତ୍ତା ବାଣ୍ଟି ଜଣେ ଶୃଙ୍ଖଳିତ ମଣିଷର ପରିଚୟ ଦେବା।

प्रोफेसर अच्युत सामंत के वास्तविक जीव-दर्शन :
अन्तर्राष्ट्रीय आर्ट ऑफ गिविंग (१७ मई, २०२३) के वर्ष :
२०२३ का थीम है - मददगार की मदद



श्री अशोक पाण्डेय

ओड़िशा की धरती के सच्चे देवदूत, आचार-व्यवहार और कर्तव्यबोध में निःस्वार्थ मानवतावादी, आजीवन गांधीवादी और उदारवादी प्रोफेसर अच्युत सामंत भुवनेश्वर (ओड़िशा की राजधानी) स्थित कीट-कीस दो विश्वविख्यात शैक्षिक संस्थानों के प्राणप्रतिष्ठाता तथा कंधमाल लोकसभा के सांसद हैं। १९९२-९३ की प्रो. सामंत जी की कीट-कीस शैक्षिक पहल आज दो कीट-कीस डीम्ड विश्वविद्यालय बन चुकी है। प्रोफेसर अच्युत सामंत के इस वास्तविक जीवन-दर्शन अन्तर्राष्ट्रीय आर्ट ऑफ गिविंग (१७ मई, २०२३) के वर्ष २०२३ का थीम है - मददगार की मदद। २०२३ से यह प्रतिवर्ष १७ मई को हर्षोल्लास के साथ पूरे विश्व में मनाया जाता है जिसकी शुरुआत प्रो. सामंत ने १७ मई, २०१३ को अपनी बेंगलुरु यात्रा के दौरान आरंभ किया था। इस जीवन-दर्शन के मूल में कीट देता है और कीस लेता है। प्रो. सामंत को अपना आदर्श मानकर ओड़िशा, भारत समेत विश्व के कुल लगभग १२० देशों के लाखों उनके चाहनेवाले इसे अपनी और से स्वेच्छापूर्वक प्रतिवर्ष मनाते हैं। सच माना जाय तो इस जीवन दर्शन को अपनानेवाला देने में स्वयं में खुशी और आनंद का अहसास करता है। यह जीवन दर्शन एक सामाजिक आंदोलन बन चुका है। यह अन्तर्राष्ट्रीय आर्ट ऑफ गिविंग : जन-जन के लिए प्रेम-आत्मीयता का यथार्थ पैगाम बन चुका है। जिसप्रकार भगवान श्रीकृष्ण ने अपने वास्तविक जीवन दर्शन में जगत को प्रेम का पावन संदेश दिया। राष्ट्रपिता बापू ने भारत को आजाद कराने के लिए सत्य, अहिंसा और त्याग दिया ठीक उसी प्रकार प्रोफेसर अच्युत सामंत ने ओड़िशा, भारत तथा पूरे विश्व में शांति, करुणा, दया, प्रेम, सहानुभूति, परोपकार, शांति-अमन-चैन, भाईचारा, सहयोग और विश्वकल्याण के लिए अपना अन्तर्राष्ट्रीय आर्ट ऑफ गिविंग जैसा जीवन-दर्शन दिया। गौरतलब है कि प्रोफेसर अच्युत सामंत ओड़िशा के अविभाजित कटक जिले के कलराबांक गांव में जनवरी, १९६५ में जन्मे घोर आर्थिक संकट रूपी कीचड़ से उत्पन्न ऐसे कमल हैं जिनके यशस्वी तथा तेजस्वी व्यक्तित्व की खुशबू से आज कीट-कीस-किम्स आदि पूरी तरह से महमह है। उनका वास्तविक जीवन-दर्शन:

आर्ट ऑफ गिविंग को सारा विश्व स्वेच्छापूर्वक प्रतिवर्ष १७ मई को मनाता है। सच तो यह भी है कि उनके सरल, सहज, आत्मीय, मृदुल, मिलनसार और मददगार स्वभाव के चलते सारे जरूरतमंद उनको दिल से चाहते हैं। इसीलिए उनके २०२३ के वास्तविक जीवन-दर्शन : आर्ट ऑफ गिविंग को - मददगार की मदद के रूप में १७ मई को मनाया जा रहा है। प्रो. सामंत के विदेह जीवन का मूलमंत्र है - 'मानव-सेवा ही माधव सेवा है'। प्रो अच्युत सामंत की वास्तविक अमानत है : उनका संत-स्वभाव, संत-संगति और आध्यात्मिक ज्ञान की सतत चाहत। आत्मविश्वासी, सत्यनिष्ठ और सदाचारी प्रो सामंत यह मानते हैं कि जीवन का सबसे बड़ा सत्य है।

गरीबी जो हमेशा पाप को जन्म देती है। पापी पेट कुछ भी गलत कर सकता है। लेकिन प्रो सामंत के बाल्यकाल की घोर गरीबी ने उन्हें देवदूत बना दिया है। उन्हें जीवित मसीहा बना दिया है। वे मानवता के सच्चे रक्षक तथा मानवता के यथार्थ पालनहार बन चुके हैं। उनका पैतृक गांव उनके भगीरथ प्रयत्नों से एशिया का स्मार्ट गांव बन चुका है, जबकि उनकी पंचायत माणपुर आदर्श पंचायत है। सच कहा जाय तो महान शिक्षाविद प्रोफेसर अच्युत सामंत का बाल्यकाल आर्थिक संकटों का दुर्भाग्यपूर्ण काल था। जिसमें उनको नफरतों, तिरस्कारों, उपेक्षाओं तथा परेशानियों का सामना करना पड़ा था। इसीलिए वे अपने बाल्यकाल से ही यह संकल्प ले लिया था कि वे आजीवन दीन-दुखियों की सेवा करेंगे। यह उनका यह जीवन दर्शन-अन्तर्राष्ट्रीय आर्ट ऑफ गिविंग आज पल्लवित, पुष्पित और फलित होकर यू.एन. के भी आकर्षण का केंद्र बन चुका है। प्रोफेसर अच्युत सामंत के वास्तविक जीवन-दर्शन : अन्तर्राष्ट्रीय आर्ट ऑफ गिविंग, वर्ष : २०२३ के अपने निधारित थीम - मददगार की मदद के साथ जी-२० के सपनों को सार्थक बनाने में मील के पत्थर का काम कर रहा है।



The act of giving is not solely a function of material wealth, for the greatest gift one can offer is the tenderness of words, the warmth of companionship, or the selfless gift of one's time. One need not be affluent to partake in the Art of Giving. Indeed, the spirit of giving emanates from the depths of one's heart, with no ulterior motive or calculation. A life lived in the spirit of the Art of Giving is a life of fulfillment, purpose, and sacrifice.

- Achyuta Samanta